

Issued by the Met Office at 0600 UTC on Monday 03 March 2008

Ser. No. 4

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

General Situation

Unsettled with strong winds or gales and wintry showers affecting much of the United Kingdom coastline through Monday. Conditions improving through Tuesday.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Northwesterly 6 to gale 8 decreasing 4 or 5.

Wintry showers.

Good, occasionally poor.

Moderate or rough, occasionally very rough in north.

Outlook for the following 24 hours:

Northwest backing west 4 or 5, increasing 6 or 7 later.

Wintry showers at first, rain later.

Moderate or good.

Moderate or rough, occasionally very rough in north.

Rattray Head to Berwick on Tweed

24 hour forecast:

Westerly veering northerly 5 to 7, occasionally gale 8 especially in south.

Wintry showers.

Good, occasionally poor.

Moderate or rough.

Outlook for the following 24 hours:

North 5 to 7 backing west 4 or 5, occasionally 6 later.

Wintry showers at first, rain later.

Moderate or good.

Moderate or rough.

Berwick on Tweed to Whitby

24 hour forecast:

West veering north 6 to gale 8, decreasing 5 later.

Wintry showers.

Good, occasionally poor.

Moderate or rough.

Outlook for the following 24 hours:

North 5 backing west 4 or 5.

Wintry showers at first.

Moderate or good.

Moderate or rough.

Whitby to Gibraltar Point

24 hour forecast:

West veering north 6 to gale 8.

Wintry showers.

Moderate or good.

Moderate or rough.

Outlook for the following 24 hours:

North 6 to gale 8 backing west 4.

Wintry showers at first.

Moderate or good.

Moderate or rough.

Gibraltar Point to North Foreland

24 hour forecast:

Westerly 6 to gale 8 veering northerly 5 or 6.

Showers, becoming wintry.

Moderate or good.

Moderate.

Outlook for the following 24 hours:

Northerly 5 or 6 increasing 7 or gale 8, decreasing 4 or 5 later.

Wintry showers at first.

Moderate or good.

Moderate or rough.

North Foreland to Selsey Bill

24 hour forecast:

Westerly 5 to 7 veering northerly 5 or 6.

Squally showers.

Moderate or good.

Moderate.

Outlook for the following 24 hours:

Northerly 5 or 6, increasing 7 or gale 8 in east, decreasing 4 later.

Mainly fair.

Good.

Moderate, occasionally slight later.

Selsey Bill to Lyme Regis

24 hour forecast:

Westerly 5 to 7, veering northerly later.

Squally showers.

Moderate or good.

Moderate or rough.

Outlook for the following 24 hours:

Northerly 5 to 7 decreasing 4.

Mainly fair.

Good.

Moderate, occasionally rough at first and slight later.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Northwesterly 6 to gale 8, perhaps severe gale 9 or storm 10 in west.

Showers, becoming wintry.

Good, occasionally poor.

Moderate or rough, becoming very rough or high in west.

Outlook for the following 24 hours:

Northwesterly 6 to gale 8 decreasing 4 or 5.

Wintry showers at first.

Moderate or good.

Rough or very rough, but very rough or high at first in west.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Northwesterly 6 to gale 8, perhaps severe gale 9 or storm 10 in west.

Showers, becoming wintry.

Good, occasionally poor.

Rough, becoming very rough or high in west.

Outlook for the following 24 hours:

Northwesterly 6 to gale 8 decreasing 4 or 5.

Wintry showers at first.

Moderate or good.

Rough, but very rough or high at first in west, becoming moderate later.

St Davids Head to Great Ormes Head, including St Georges Channel
24 hour forecast:
Westerly veering northerly 6 to gale 8.
Showers, becoming wintry.
Good, occasionally poor.
Moderate or rough.

Outlook for the following 24 hours:
Northerly 6 to gale 8 decreasing 4 or 5 then backing westerly.
Wintry showers at first.
Moderate or good.
Moderate, occasionally rough at first and slight later.

Great Ormes Head to the Mull of Galloway
24 hour forecast:
West veering north 6 to gale 8, decreasing 4 or 5 for a time and later.
Wintry showers.
Good, occasionally poor.
Moderate or rough.

Outlook for the following 24 hours:
North backing west 4 or 5.
Wintry showers at first.
Moderate or good.
Moderate, occasionally rough at first and slight later.

Isle of Man
24 hour forecast:
West or southwest veering north or northwest 5 to 7, decreasing 3 or 4 for a time.
Wintry showers.
Good, occasionally poor.
Moderate or rough.

Outlook for the following 24 hours:
North or northwest backing west 5 or 6, occasionally 7 at first and 4 later.
Mainly fair.
Mainly good.
Moderate, occasionally rough at first and slight later.

Lough Foyle to Carlingford Lough
24 hour forecast:
West veering northwest 5 to 7, occasionally gale 8 at first.
Wintry showers.
Good, occasionally poor.
Moderate or rough in south, very rough in north.

Outlook for the following 24 hours:
Northwest 5 to 7 backing west 4 or 5.
Mainly fair.
Good.
Moderate or rough becoming slight in south, very rough becoming rough in north.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel
24 hour forecast:
Westerly veering northerly 5 to 7, occasionally gale 8 at first.
Wintry showers.

Good, occasionally poor.
Moderate or rough, occasionally very rough in North Channel.

Outlook for the following 24 hours:
Northerly 5 to 7 backing westerly 4 or 5.
Mainly fair.
Good.
Moderate, occasionally rough at first.

Mull of Kintyre to Ardnamurchan Point
24 hour forecast:
West veering northwest 5 to 7, decreasing 4 later.
Wintry showers.
Good, occasionally poor.
Very rough.

Outlook for the following 24 hours:
Northwest 4 backing west 5 or 6.
Rain later.
Mainly good.
Rough or very rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides
24 hour forecast:
Northwesterly 4 or 5, but 6 at first in south, increasing 6 or 7 for
a time generally.
Wintry showers.
Good, occasionally poor.
Rough or very rough.

Outlook for the following 24 hours:
Northwesterly 4 or 5 backing southwesterly 6 to gale 8.
Wintry showers at first, rain later.
Moderate or good.
Rough or very rough.

Shetland Isles
24 hour forecast:
Northeasterly backing northwesterly 5 to 7, perhaps gale 8 later.
Wintry showers.
Good, occasionally poor.
Rough or very rough.

Outlook for the following 24 hours:
Northwesterly backing southwesterly 5 to 7, perhaps gale 8 at first
and later.
Wintry showers, rain later.
Good, occasionally poor.
Rough or very rough.

(c) Crown Copyright 2008