

Issued by the Met Office at 0500 UTC on Friday 01 August 2008

Ser. No. 2

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

Low pressure over Ireland moves slowly northwest, deepening slightly. Frontal and showery troughs over the northern United Kingdom move away slowly to the north, with a showery airstream following to most areas.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

East or northeast 5 to 7, veering southeast 3 or 4 later, then becoming variable.

Rain at times.

Moderate or good, occasionally poor.

Slight or moderate, increasing rough in north.

Outlook for the following 24 hours:

Variable becoming southerly 3 or 4, occasionally 5 in west later.

Rain or showers.

Moderate or good, occasionally poor.

Slight or moderate, occasionally rough in north.

Rattray Head to Berwick on Tweed

24 hour forecast:

East or northeast veering southwest 4 or 5, occasionally 6.

Rain at times.

Moderate or good, occasionally poor.

Slight or moderate.

Outlook for the following 24 hours:

South or southwest 5 or 6 decreasing 3 or 4.

Rain or showers.

Moderate or good, occasionally poor.

Slight or moderate.

Berwick on Tweed to Whitby

24 hour forecast:

Cyclonic becoming southeasterly veering southwesterly 4 or 5, occasionally 6 later.

Thundery rain then showers.

Moderate or good, occasionally poor at first.

Slight or moderate.

Outlook for the following 24 hours:

South or southwest 4 or 5 decreasing 3 or 4.

Showers.

Mainly good.

Slight or moderate.

Whitby to Gibraltar Point

24 hour forecast:

South or southeast veering southwest, 4 or 5, occasionally 6 at first.

Showers dying out.

Mainly good.

Slight or moderate.

Outlook for the following 24 hours:

South or southwest 4 or 5.

Showers.  
Mainly good.  
Slight or moderate.

Gibraltar Point to North Foreland  
24 hour forecast:  
Southwesterly 5 or 6, occasionally 7 in east.  
Showers.  
Moderate or good.  
Slight or moderate, occasionally rough in east.

Outlook for the following 24 hours:  
Southwesterly 5 to 7 decreasing 4 or 5.  
Showers.  
Mainly good.  
Slight or moderate, occasionally rough in east at first.

North Foreland to Selsey Bill  
24 hour forecast:  
Southwesterly 5 or 6, occasionally 7 at first, decreasing 4 or 5 later.  
Showers.  
Moderate or good.  
Slight or moderate, occasionally rough in east at first.

Outlook for the following 24 hours:  
South or southwest 4 or 5, occasionally 6.  
Rain or showers.  
Moderate or good.  
Slight or moderate.

Selsey Bill to Lyme Regis  
24 hour forecast:  
Southwest 4 or 5, occasionally 6.  
Showers.  
Moderate or good.  
Moderate, occasionally rough at first.

Outlook for the following 24 hours:  
South or southwest 4 or 5.  
Rain or showers.  
Moderate or good.  
Moderate.

Lyme Regis to Lands End including the Isles of Scilly  
24 hour forecast:  
Southwesterly 4 or 5, occasionally 6.  
Showers.  
Moderate or good.  
Moderate or rough, decreasing slight or moderate in east.

Outlook for the following 24 hours:  
South or southwest 3 or 4, occasionally 5.  
Rain or showers.  
Moderate or good.  
Slight or moderate, occasionally rough in west at first.

Lands End to St Davids Head including the Bristol Channel  
24 hour forecast:  
Southwesterly 4 or 5, occasionally 6.  
Showers.  
Moderate or good.  
Slight or moderate, occasionally rough in west at first.

Outlook for the following 24 hours:

Southwest 4 or 5.

Rain or showers.

Moderate or good.

Slight or moderate.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

South or southwest 4 or 5, occasionally 6.

Rain or showers.

Moderate or good.

Slight or moderate, occasionally rough in west.

Outlook for the following 24 hours:

South or southwest 3 or 4, occasionally 5.

Showers.

Good.

Slight or moderate.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

South or southwest 3 or 4, increasing 5 to 7 for a time.

Rain or showers.

Moderate or good.

Slight or moderate, occasionally rough in northeast later.

Outlook for the following 24 hours:

Southerly veering westerly 3 or 4, occasionally 5 later.

Showers.

Moderate or good.

Slight or moderate.

Isle of Man

24 hour forecast:

South or southwest 3 or 4, increasing 5 or 6 for a time.

Showers.

Good, occasionally moderate.

Slight or moderate.

Outlook for the following 24 hours:

South or southwest 3 or 4, veering west 4 or 5.

Showers.

Mainly good.

Slight or moderate.

Lough Foyle to Carlingford Lough

24 hour forecast:

Southerly or variable 3 or 4, becoming southwesterly 5 or 6 for a time.

Rain or showers.

Moderate or good.

Slight or moderate.

Outlook for the following 24 hours:

Southerly becoming variable 3 or 4.

Showers.

Moderate or good.

Slight or moderate.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

South or southeast 3 or 4, veering southwest 5 or 6 for a time.

Rain or showers.

Moderate or good.  
Slight or moderate.

Outlook for the following 24 hours:  
Southerly becoming variable 3 or 4.  
Showers.  
Moderate or good.  
Slight or moderate.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
South or southeast 3 or 4, veering southwest 5 or 6 for a time.  
Rain or showers.  
Moderate or good.  
Slight or moderate.

Outlook for the following 24 hours:  
Southerly or variable 3 or 4.  
Rain or showers.  
Moderate or good.  
Slight or moderate.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides  
24 hour forecast:  
Easterly or northeasterly 5 to 7 in north at first, otherwise  
variable becoming southerly 3 or 4, occasionally 5 later.  
Rain at times.  
Moderate or good, occasionally poor.  
Slight or moderate, occasionally rough in northwest.

Outlook for the following 24 hours:  
Southerly or southwesterly 4 or 5, becoming variable 3 or 4 in west.  
Rain or showers.  
Moderate or good, occasionally poor.  
Slight or moderate.

Shetland Isles  
24 hour forecast:  
Northeasterly veering southeasterly 4 or 5, increasing 6 or 7 for a  
time.  
Occasional rain.  
Moderate or good, occasionally poor.  
Moderate or rough.

Outlook for the following 24 hours:  
Southeasterly 4 or 5 decreasing 3 or 4, becoming variable for a time.  
Occasional rain.  
Moderate or good, occasionally poor.  
Moderate or rough decreasing slight or moderate.

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