

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart  
Forecast valid from 00:00 on Monday 03 Jul 2023 until 23:59 on Tuesday 04 Jul 2023

Forecast Issued on Sunday 02 Jul 2023 at 13:42 by Met Office Aberdeen

**Confidence:** High for further showers over next few days. Also for winds becoming lighter and staying cold on the tops. Lower confidence on day to day shower detail.

**Headline for Monday 03 Jul 2023:** Rather cloudy. Scattered showers. More prolonged rain over north Highlands. Cold and still quite windy on the tops.

### Mountain weather hazards on Monday 03 Jul 2023

**Blizzards**  
No Likelihood

**Heavy persistent snow**  
No Likelihood

**Storm force winds**  
No Likelihood

**Gales**  
No Likelihood

**Severe chill effect**  
Low Likelihood









**Poor visibility**  
Low Likelihood

**Thunderstorms**  
Low Likelihood

**Heavy persistent rain**  
No Likelihood

**Strong sunlight**  
Low Likelihood

### Weather and chance of precipitation at 800m

Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Light rain showers (night)	Light rain showers (night)	Cloudy	Light rain	Light rain	Light rain	Light rain	Light rain
Precipitation probability							
30%	40%	20%	30%	50%	50%	60%	60%

### Forecast for Monday 03 Jul 2023

**Weather:** Rather cloudy overnight with showers continuing, becoming prolonged over north Highlands. Mostly cloudy on Monday with scattered showers or even some longer spells of rain in the north. Some of the showers will be heavy in afternoon with low risk of thunderstorms.

**Chance of cloud-free hill tops above 800m:** 70% decreasing 30% in north.

**Low cloud and visibility:** Away from showers, generally good visibility with fairly extensive cloud cover about 700 to 800m. There will be a canopy of higher level cloud, mostly above the summits but lowering during afternoon. Interruptions to poorer visibility near heavier showers and more widely in the north.

## Forecast for Monday 03 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	26/33 W	26/33 W	25/32 W	24/32 W	22/31 W	21/29 W	20/27 W	18/24 W	11/16 W
900	25/32 W	25/32 W	24/32 W	23/32 W	22/30 W	20/28 W	19/27 W	17/23 W	10/15 W
600	17/24 W	17/24 W	17/25 W	18/26 W	16/25 W	15/24 W	14/22 W	12/18 W	8/13 W
300	6/24 W	7/24 W	8/24 W	9/26 W	8/24 W	8/22 W	7/21 W	5/16 W	4/13 W
Glen	10/20 W	9/19 W	11/21 W	13/23 W	12/22 W	12/23 W	10/19 W	7/15 W	7/13 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	3/-3	3/-3	4/-2	4/-1	5/-1	5/-0	5/-0	5/0	4/1
900	4/-2	4/-2	4/-1	5/-0	6/1	6/1	6/1	5/1	5/2
600	7/2	6/2	7/2	8/4	8/5	8/5	8/5	8/5	7/5
300	9/7	8/7	9/7	10/8	11/10	11/9	11/9	10/9	9/8
Glen	11/9	11/9	12/10	13/10	14/12	14/11	14/12	12/11	12/11
Freezing Level*	1500m	1500m	1500m	1600m	1700m	1800m	1700m	1800m	1900m

\*Level above which ground is expected to be frozen/snow is expected to settle.

## Met Office Aberdeen Meteorologist's View

Some difficult walking conditions at higher elevations due to feeling cold with gusty winds and passing showers.

## Forecast for Tuesday 04 Jul 2023

**Weather:** A cloudy start with a band of showery rain over many ranges at first, edging southwards during the morning. Drier, brighter conditions to follow from the north with sunny spells in the afternoon.

**Maximum wind:** Much lighter winds at all levels. Generally northwesterly winds with average speeds on the tops of 15mph.

**Chance of cloud-free hill tops above 800m:** 40% improving 80% by afternoon.

**Low cloud and visibility:** Rather misty conditions with patches of poor visibility at first. Also extensive cloud cover around 600 to 700m. Visibility will improve very good from north during morning with clouds lifting and breaking up.

**Temperature:** **Glens:** Plus 9 Celsius rising to 15 Celsius.

**At 800m:** Plus 8 Celsius.

**Freezing level:** Above the summits.