

Issued by the Met Office at 1800 UTC on Friday 01 February 2008

Ser. No. 76

Inshore Waters Forecast to 12 miles offshore from 1800 UTC to 1800 UTC

General Situation

An intense low over southern Norway will continue moving away slowly east. The strong winds, gales and severe gales across the United Kingdom will ease down for a time as a ridge of high pressure crosses from the west Friday night. This will be followed by another Atlantic depression and vigorous frontal system with further strong winds or gales in all areas during Saturday night and Sunday.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

North 6 to gale 8, backing west 5 or 6, then backing southwest 3 or 4 later.

Squally wintry showers then fair.

Moderate or good, occasionally very poor.

Very rough or high becoming moderate or rough.

Outlook for the following 24 hours:

Southwest 3 or 4 backing southeast 6 to gale 8.

Fair then rain.

Moderate or good, occasionally poor.

Moderate or rough becoming rough or very rough.

Rattray Head to Berwick on Tweed

24 hour forecast:

Northwest 6 to gale 8, backing west 5 or 6, then backing south 3 or 4 later.

Squally wintry showers then fair.

Moderate or good, occasionally very poor at first.

Very rough or high becoming moderate or rough.

Outlook for the following 24 hours:

South 3 or 4 backing southeast 6 to gale 8.

Fair then rain.

Moderate or good, occasionally poor later.

Moderate or rough becoming rough or very rough.

Berwick on Tweed to Whitby

24 hour forecast:

Northwest 6 to gale 8, decreasing 5 or 6, backing southwest 4 or 5 later.

Squally wintry showers then fair.

Moderate or good, occasionally very poor at first.

Rough or very rough becoming moderate or rough.

Outlook for the following 24 hours:

Southwest 4 or 5 backing southeast 6 to gale 8.

Fair then rain.

Moderate or good, occasionally poor later.

Moderate or rough becoming rough or very rough.

Whitby to Gibraltar Point

24 hour forecast:

Northwest 6 to gale 8, backing west 4 or 5, then backing southwest 5 or 6 later.

Squally wintry showers then fair.

Moderate or good, occasionally very poor at first.

Rough or very rough becoming moderate or rough.

Outlook for the following 24 hours:
Southwest 5 or 6 backing south 6 to gale 8.
Fair then rain.
Moderate or good, occasionally poor later.
Moderate or rough becoming rough or very rough.

Gibraltar Point to North Foreland
24 hour forecast:
Westerly or northwesterly 6 to gale 8, decreasing 5 or 6, backing
southwesterly 4 or 5 later.
Squally wintry showers then fair.
Moderate or good, occasionally very poor at first.
Rough or very rough becoming moderate or rough.

Outlook for the following 24 hours:
Southwesterly 4 or 5 backing south 6 to gale 8.
Fair then rain.
Moderate or good, occasionally poor later.
Moderate or rough.

North Foreland to Selsey Bill
24 hour forecast:
Northwest 5 or 6, backing southwest 4 or 5.
Squally showers then mainly fair.
Moderate or good.
Moderate or rough.

Outlook for the following 24 hours:
South or southwest 4 or 5 increasing 6 to gale 8.
Mainly fair then rain.
Moderate or good, occasionally poor later.
Moderate or rough becoming rough or very rough.

Selsey Bill to Lyme Regis
24 hour forecast:
Northwest 5 or 6 backing southwest 4 or 5.
Squally wintry showers then mainly fair.
Moderate or good.
Moderate or rough becoming slight or moderate.

Outlook for the following 24 hours:
Southwest 4 or 5 backing south 7 to severe gale 9.
Mainly fair then rain.
Moderate or good, occasionally poor later.
Slight or moderate becoming rough or very rough.

Lyme Regis to Lands End including the Isles of Scilly
24 hour forecast:
Northwest backing southwest 5 or 6, decreasing 3 or 4 for a time.
Squally wintry showers then mainly fair.
Moderate or good.
Moderate or rough becoming slight or moderate.

Outlook for the following 24 hours:
Southwest 5 or 6 backing south 7 to severe gale 9.
Mainly fair then rain or squally showers.
Moderate or good, occasionally poor.
Slight or moderate becoming rough or very rough.

Lands End to St Davids Head including the Bristol Channel
24 hour forecast:
Northwesterly backing southwesterly 5 or 6, occasionally 7 in west,
decreasing 4 for a time.

Squally wintry showers then fair, rain later.
Moderate or good, occasionally poor.
Moderate or rough.

Outlook for the following 24 hours:
Southwest 5 to 7 increasing 7 to severe gale 9.
Rain then squally showers.
Moderate or good, occasionally poor.
Moderate or rough becoming very rough.

St Davids Head to Great Ormes Head, including St Georges Channel
24 hour forecast:
Northwest backing southwest 5 to 7, decreasing 4 for a time.
Squally wintry showers then fair, rain later.
Moderate or good, occasionally poor.
Moderate or rough.

Outlook for the following 24 hours:
South or southwest 5 to 7 increasing 7 to severe gale 9.
Rain then squally showers.
Moderate or good, occasionally poor.
Moderate or rough becoming very rough.

Great Ormes Head to the Mull of Galloway
24 hour forecast:
Northwest 6 to gale 8 backing southwest 5 to 7, decreasing 4 for a time.
Squally wintry showers then fair, rain later.
Moderate or good, occasionally very poor at first.
Moderate or rough.

Outlook for the following 24 hours:
Southwest 5 to 7 backing southeast 7 to severe gale 9.
Rain then squally showers.
Moderate or good, occasionally poor.
Moderate or rough becoming rough or very rough.

Isle of Man
24 hour forecast:
Northwest 6 or 7 soon decreasing west 5, backing southwest 5 or 6 later.
Wintry showers.
Moderate or good, occasionally poor.
Moderate or rough.

Outlook for the following 24 hours:
Southwest 6 or 7 backing south 7 or gale 8.
Rain.
Moderate or poor.
Moderate or rough becoming rough or very rough.

Lough Foyle to Carlingford Lough
24 hour forecast:
Northwest backing south 6 to gale 8, decreasing 3 or 4 for a time.
Squally wintry showers then rain.
Moderate or good, occasionally very poor at first.
Moderate or rough, but very rough in north.

Outlook for the following 24 hours:
South or southeast 6 to gale 8, occasionally severe gale 9 for a time, veering southwest 4 later.
Rain then squally showers.
Moderate or good, occasionally poor.
Rough or very rough.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

Northwest 6 to gale 8 backing south, decreasing 4 or 5 for a time.

Squally wintry showers then rain.

Moderate or good occasionally very poor at first.

Rough or very rough.

Outlook for the following 24 hours:

South or southeast 6 to gale 8, increasing severe gale 9 for a time, veering southwest 4 or 5 later.

Rain then squally showers.

Moderate or good, occasionally poor.

Rough or very rough.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Northwest backing south 6 to gale 8, decreasing 3 or 4 for a time.

Squally wintry showers then rain.

Moderate or good, occasionally very poor at first.

Very rough or high becoming rough or very rough.

Outlook for the following 24 hours:

South or southeast 4 or 5 increasing 6 to gale 8 for a time.

Rain then squally showers.

Moderate or good, occasionally poor.

Rough or very rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

Northwest 5 to 7 backing south or southeast 4 or 5.

Squally wintry showers.

Moderate or good, occasionally very poor.

Very rough or high becoming rough or very rough.

Outlook for the following 24 hours:

South or southeast 4 or 5 increasing 6 to gale 8 for a time.

Squally wintry showers then rain.

Moderate or good occasionally very poor.

Rough or very rough.

Shetland Isles

24 hour forecast:

North backing west 6 to gale 8, decreasing 5 for a time.

Squally wintry showers.

Moderate or good, occasionally very poor.

Very rough or high.

Outlook for the following 24 hours:

West backing southeast 6 to gale 8, decreasing 4 or 5 for a time.

Squally wintry showers then rain.

Moderate or good, occasionally very poor.

Very rough or high.

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