

Issued by the Met Office at 0500 UTC on Tuesday 01 July 2008

Ser. No. 70

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

High pressure over southeastern England at first, declining during Tuesday. Atlantic fronts affecting northern and western coasts at first, extending eastwards across remaining areas during Wednesday, followed by showers.

From Cape Wrath to Ratray Head including Orkney

24 hour forecast:

Southeasterly 4 or 5, occasionally 6 in east.

Occasional rain.

Moderate or good, occasionally poor.

Slight or moderate, occasionally rough in north and near Ratray Head.

Outlook for the following 24 hours:

Southeasterly 4 or 5, occasionally 6 in east at first.

Showers.

Moderate or good.

Slight or moderate, occasionally rough in north and near Ratray Head.

Ratray Head to Berwick on Tweed

24 hour forecast:

South or southeast 5 or 6 decreasing 3 or 4 later.

Occasional rain.

Moderate or good.

Slight or moderate, occasionally rough near Ratray Head.

Outlook for the following 24 hours:

South or southeast 3 or 4, occasionally 5 near Ratray Head.

Occasional rain.

Moderate or good.

Slight or moderate, occasionally rough near Ratray Head.

Berwick on Tweed to Whitby

24 hour forecast:

South 3 or 4 backing southeast 5 or 6 for a time.

Rain later.

Good becoming moderate.

Slight becoming moderate.

Outlook for the following 24 hours:

South or southeast 3 or 4.

Occasional rain.

Moderate or good, occasionally poor later.

Moderate, becoming slight later.

Whitby to Gibraltar Point

24 hour forecast:

South 3 or 4 backing southeast 5 or 6 for a time.

Showers later.

Mainly good.

Slight becoming moderate.

Outlook for the following 24 hours:

South or southeast 3 or 4.

Occasional rain.

Moderate or good, occasionally poor later.  
Moderate, becoming slight later.

Gibraltar Point to North Foreland

24 hour forecast:

South 3 or 4, backing southeast 5 or 6 for a time, then veering west 3 later.

Showers later.

Mainly good.

Slight, occasionally moderate in north.

Outlook for the following 24 hours:

West becoming variable 3 or 4.

Occasional rain then thundery showers.

Moderate or good, occasionally poor.

Slight.

North Foreland to Selsey Bill

24 hour forecast:

Southeast veering west 3 or 4.

Showers later.

Mainly good.

Smooth or slight.

Outlook for the following 24 hours:

West, becoming variable for a time 3 or 4, increasing 5 or 6 later.

Rain or thundery showers.

Good becoming moderate or poor.

Slight, increasing moderate for a time.

Selsey Bill to Lyme Regis

24 hour forecast:

Southeast veering west 3 or 4, increasing 5 for a time.

Rain later.

Good, becoming moderate later.

Smooth or slight.

Outlook for the following 24 hours:

West, backing south for a time, 3 or 4, occasionally 5.

Rain then showers.

Moderate or poor, becoming good.

Slight, increasing moderate for a time.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southerly or southeasterly 4 or 5, occasionally 6 in west at first.

Occasional rain.

Moderate or good, occasionally poor.

Slight or moderate, but rough in west.

Outlook for the following 24 hours:

South veering southwest 3 or 4, occasionally 5.

Rain then showers.

Moderate or poor, becoming good.

Moderate or rough.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Southerly or southeasterly 4 or 5, occasionally 6 in west at first.

Occasional rain.

Moderate or good, occasionally poor.

Slight or moderate, but rough in west.

Outlook for the following 24 hours:

South or southeast veering southwest 3 or 4, occasionally 5.  
Occasional rain.  
Moderate or poor, becoming good.  
Moderate or rough, slight in east.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
Southerly 5 or 6, occasionally 7 in west at first.  
Rain then showers.  
Moderate or good, occasionally poor.  
Moderate or rough, but slight in east.

Outlook for the following 24 hours:  
South or southeast veering southwest 4 or 5.  
Rain then showers.  
Moderate or poor becoming good.  
Moderate or rough.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
Southerly or southeasterly 5 or 6, occasionally 7 in west at first.  
Occasional rain.  
Moderate or good, occasionally poor.  
Slight or moderate, but rough in west.

Outlook for the following 24 hours:  
Southerly 4 or 5, occasionally 6 at first in northwest.  
Showers.  
Moderate or good.  
Slight or moderate, occasionally rough in west at first.

Isle of Man  
24 hour forecast:  
Southerly 5 or 6, occasionally 7, increasing gale 8 for a time in  
northeast, decreasing 4 or 5 later.  
Occasional rain, mainly fair later.  
Moderate or good, occasionally poor.  
Moderate or rough.

Outlook for the following 24 hours:  
South 4 or 5, decreasing 3 or 4.  
Showers.  
Mainly good.  
Moderate occasionally rough at first, becoming slight or moderate.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
South or southeast 5 or 6, occasionally 7 at first.  
Rain, then showers.  
Moderate, occasionally poor, becoming good.  
Moderate or rough.

Outlook for the following 24 hours:  
South or southeast 5 or 6 decreasing 4 later.  
Showers.  
Moderate or good.  
Moderate or rough.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde  
and the North Channel  
24 hour forecast:  
South or southeast 5 or 6, occasionally 7 at first.  
Rain then showers.  
Moderate or good, occasionally poor.

Moderate or rough.

Outlook for the following 24 hours:  
South or southeast 5 or 6 decreasing 4 later.  
Showers.  
Moderate or good.  
Moderate or rough, occasionally slight later.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
Southeasterly 6 or 7, occasionally gale 8 in west at first,  
decreasing 4 or 5 for a time.  
Rain then showers.  
Moderate or poor, becoming good.  
Moderate or rough.

Outlook for the following 24 hours:  
Southeast 5 or 6 decreasing 4 later.  
Showers.  
Moderate or good.  
Moderate or rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides  
24 hour forecast:  
Southerly or southeasterly 6 or 7, occasionally gale 8 in west at  
first, decreasing 4 or 5 for a time.  
Rain then showers.  
Moderate or poor, becoming good.  
Moderate or rough, occasionally very rough in west at first.

Outlook for the following 24 hours:  
South or southeast 5 or 6 decreasing 4 later.  
Showers.  
Moderate or good.  
Moderate or rough, occasionally very rough in west, slight in east.

Shetland Isles  
24 hour forecast:  
South or southeast 5 or 6.  
Occasional rain.  
Moderate or good, occasionally poor.  
Moderate or rough.

Outlook for the following 24 hours:  
South or southeast 5 or 6.  
Rain at first.  
Moderate or poor, becoming good.  
Rough.

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