

Issued by the Met Office at 1200 UTC on Monday 04 February 2008

Ser. No. 88

Inshore Waters Forecast to 12 miles offshore from 1200 UTC to 1200 UTC

#### General Situation

The deep and complex Atlantic low to the northwest of Scotland will drift slowly northwest towards Iceland, while a deep Atlantic low will move northeast expected northwest Scotland by midday tomorrow.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Southerly 5 or 6, increasing 7 or gale 8 for a time, later backing northwesterly 3 or 4.

Squally showers, occasional rain later.

Good becoming moderate.

Moderate or rough, becoming slight in Moray Firth later.

Rattray Head to Berwick on Tweed

24 hour forecast:

Southerly 5 or 6, becoming variable 3 or 4 later.

Squally showers, rain later.

Good becoming moderate.

Moderate occasionally rough in north.

Berwick on Tweed to Whitby

24 hour forecast:

Southwesterly 5 or 6, backing southerly 7 or perhaps gale 8 for a time later.

Mainly fair, rain for a time later.

Good becoming moderate.

Moderate, occasionally rough later.

Whitby to Gibraltar Point

24 hour forecast:

Southwest 5 or 6, backing south 7 or perhaps gale 8 for a time later.

Mainly fair, rain for a time later.

Good becoming moderate.

Moderate, occasionally rough later.

Gibraltar Point to North Foreland

24 hour forecast:

Southwest 5 or 6, backing south 7 or perhaps gale 8 for a time later.

Mainly fair, rain for a time later.

Good becoming moderate.

Moderate, occasionally rough later.

North Foreland to Selsey Bill

24 hour forecast:

Southwest backing south for a time, 5 increasing 6 to gale 8.

Showers, rain later.

Good becoming moderate or poor.

Moderate becoming rough.

Selsey Bill to Lyme Regis

24 hour forecast:

West 5 backing south 6 to gale 8, later veering southwest 6 or 7.

Showers, rain for a time later.

Good, becoming moderate or poor in rain.

Moderate becoming rough or very rough.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southwest 5 or 6, backing south 7 or gale 8, later veering southwest 6 or 7.

Squally showers then rain for a time.

Good, becoming moderate or poor in rain.

Moderate or rough, becoming very rough in west and occasionally high around Isles of Scilly later.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Southwest 5 or 6, backing south 7 or gale 8, later veering southwest 6 or 7.

Squally showers, then rain for a time.

Good becoming moderate or poor in rain.

Moderate or rough becoming rough or very rough.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

Southwest 5 or 6, backing south 7 or gale 8, later veering southwest 6 or 7.

Squally showers, then rain for a time.

Good becoming moderate or poor in rain.

Moderate or rough becoming rough or very rough.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

Southwest 5 or 6, backing southeast 7 or gale 8, later veering southwest 6 or 7.

Squally showers, then rain for a time.

Good becoming moderate or poor in rain.

Moderate becoming rough.

Isle of Man

24 hour forecast:

Southwest 5 or 6, backing southeast 6 or 7 then veering southwest and increasing 6 to gale 8 later.

Scattered showers, rain later.

Moderate or good, occasionally poor later.

Moderate becoming rough.

Lough Foyle to Carlingford Lough

24 hour forecast:

Southwesterly 5 to 7 backing south 4 or 5, later becoming cyclonic 5 to 7.

Squally showers, then rain later.

Moderate or good, occasionally poor later.

Moderate or rough.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

Southwesterly 5 to 7 backing south 4 or 5, later becoming cyclonic 5 to 7.

Squally showers, then rain later.

Moderate or good, occasionally poor later.

Moderate or rough.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Southwest 6 to gale 8, backing northwest 4 or 5.

Squally showers, occasional rain later.

Good, occasionally moderate in rain.

Rough or very rough becoming moderate or rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

South or southwest 6 to gale 8 backing northwest 4 or 5 later.

Squally showers, occasional rain in south later.

Good, occasionally moderate in rain.

Rough or very rough becoming moderate or rough.

Shetland Isles

24 hour forecast:

Southeast veering southwest 6 to gale 8, decreasing 5 later.

Squally showers.

Moderate or good.

Rough or very rough.

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