

Issued by the Met Office at 0600 UTC on Wednesday 01 August 2007

Ser. No. 10

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

Low pressure moving slowly northeast just east of Iceland, associated weakening rain moving southeastwards across northern and central parts of the British Isles.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

West or southwest 5 to 7.

Rain or showers.

Moderate or good.

Slight or moderate, occasionally rough in north and west.

Outlook for the following 24 hours:

Westerly backing southerly or southeasterly 4 or 5, occasionally 6, increasing 5 to 7 later.

Showers then rain.

Moderate or good, occasionally poor in rain later.

Slight or moderate, occasionally rough.

Rattray Head to Berwick on Tweed

24 hour forecast:

Southwest veering northwest 3 or 4, occasionally 5.

Showers.

Moderate or good.

Slight or moderate.

Outlook for the following 24 hours:

Northwest backing southerly 3 or 4, occasionally 5 later.

Showers, rain later.

Good, occasionally moderate in rain later.

Slight or moderate.

Berwick on Tweed to Whitby

24 hour forecast:

Southwest veering northwest 3 or 4, occasionally 5.

Occasionally rain.

Moderate or good.

Slight or moderate.

Outlook for the following 24 hours:

Northwest backing south 3 or 4, increasing 5 or 6 later.

Showers, rain later.

Good, occasionally moderate.

Slight or moderate, increasing moderate or rough.

Whitby to Gibraltar Point

24 hour forecast:

Southwesterly veering northwesterly 3 or 4, occasionally 5.

Occasional rain.

Moderate or good.

Slight.

Outlook for the following 24 hours:

Northwesterly becoming variable then southerly 3 or 4, occasionally 5 later.

Occasional rain.

Moderate or good.

Slight increasing moderate.

Gibraltar Point to North Foreland

24 hour forecast:

Southerly becoming variable then northwesterly 3 or 4.

Occasional rain later.

Good, occasionally moderate later.

Slight.

Outlook for the following 24 hours:

Northwesterly becoming variable then southwest 3 or 4.

Occasional rain at first.

Moderate or good.

Slight.

North Foreland to Selsey Bill

24 hour forecast:

Variable becoming mainly easterly 3 or 4, backing northwesterly later.

Occasional rain later.

Good, occasionally moderate later.

Slight.

Outlook for the following 24 hours:

Northwest backing southwest 3 or 4, occasionally 5.

Occasional rain.

Moderate or good.

Slight, occasionally moderate.

Selsey Bill to Lyme Regis

24 hour forecast:

Variable becoming northwesterly 3 or 4.

Occasional rain later.

Good, occasionally moderate or poor later.

Slight.

Outlook for the following 24 hours:

Northwest 3 or 4, backing southwest 4 or 5 for a time.

Occasional rain then showers.

Moderate or good.

Slight, occasionally moderate.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Variable becoming northwesterly 3 or 4.

Occasional rain later.

Good, occasionally moderate or poor later.

Slight.

Outlook for the following 24 hours:

West or northwest 3 or 4, occasionally 5 later.

Occasional rain.

Moderate or good.

Slight, increasing moderate.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Variable becoming west or northwest 3 or 4.

Occasional rain later.

Moderate or good.

Slight.

Outlook for the following 24 hours:

West or northwest backing southwest 3 or 4, increasing 4 or 5,

occasionally 6 later.  
Occasional rain later.  
Moderate or good, occasionally poor in rain at first.  
Slight, increasing moderate.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
Southwest veering northwest 3 or 4, occasionally 5.  
Occasional rain.  
Moderate or good.  
Slight.

Outlook for the following 24 hours:  
Northwest backing southwest 3 or 4, occasionally 5.  
Rain at times.  
Moderate or good.  
Slight, occasionally moderate later.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
Southwesterly veering northwesterly 3 or 4, occasionally 5.  
Occasional rain, then showers in north.  
Moderate or good, occasionally poor in rain.  
Slight or moderate.

Outlook for the following 24 hours:  
Northwest 3 or 4, backing south 4 or 5, occasionally 6 later.  
Showers, rain later.  
Moderate or good.  
Slight or moderate.

Isle of Man  
24 hour forecast:  
Southwest veering northwest 3 or 4.  
Occasional rain or drizzle, clearing later.  
Moderate or good.  
Slight.

Outlook for the following 24 hours:  
Northwest backing west to southwest 3 or 4, occasionally 5 later.  
Fair, rain later.  
Good.  
Slight, occasionally moderate later.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
Southwest 4 or 5, veering west or northwest 3 or 4.  
Rain then showers.  
Moderate or good.  
Slight or moderate.

Outlook for the following 24 hours:  
West or northwest backing south 4 or 5, increasing 5 to 7.  
Occasional rain.  
Moderate or good, occasionally poor later.  
Slight or moderate, increasing moderate or rough.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde  
and the North Channel  
24 hour forecast:  
Southwest veering northwest 3 or 4, occasionally 5.  
Occasional rain then showers.  
Moderate, occasionally poor, becoming good.  
Slight occasionally moderate.

Outlook for the following 24 hours:

Northwest backing south 3 or 4, increasing 5 to 7.

Showers then rain.

Good, becoming moderate or poor later.

Slight becoming moderate.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Westerly 3 or 4, occasionally 5.

Showers.

Moderate or good.

Slight or moderate.

Outlook for the following 24 hours:

West backing southwest 3 or 4, increasing 5 to 7.

Showers then rain.

Good, becoming moderate or poor in rain.

Moderate becoming rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

Southwest 4 or 5, occasionally 6 in north.

Rain or showers.

Moderate or good.

Moderate or rough.

Outlook for the following 24 hours:

Southwest 5 or 6 veering west 3 or 4 occasionally 5.

Showers then rain.

Moderate or good, occasionally poor in rain.

Moderate or rough.

Shetland Isles

24 hour forecast:

South or southwest 5 to 7.

Rain or showers.

Moderate or good.

Moderate or rough.

Outlook for the following 24 hours:

Southerly 5 to 7, veering northwesterly 4 for a time.

Showers then rain.

Moderate or good, occasionally poor later.

Moderate or rough, increasing rough or very rough later.

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