

Issued by the Met Office at 1700 UTC on Sunday 01 March 2020

Ser. No. 98

Inshore Waters Forecast to 12 miles offshore  
for the period 1800 UTC Sunday 01 March to 1800 UTC Monday 02 March 2020

#### General Situation

A deep Atlantic low centred over the northern isles will move away slowly northwards during the next day or two, while a second low moves slowly southeastwards towards the west of Scotland. Another area of low pressure will run eastwards across the English Channel during Sunday night.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

West or southwest 5 to 7, backing south or southwest 4 to 6 later.

Slight in inner Moray Firth, otherwise moderate or rough, but occasionally very rough to the west and north of Orkney.

Rain or showers, becoming fair later.

Good, occasionally moderate.

Outlook for the following 24 hours:

South or southeast 4 to 6, becoming cyclonic 2 to 4 later.

Slight in inner Moray Firth, otherwise moderate or rough, but occasionally very rough until later to the west and north of Orkney.

Fair then rain or showers.

Good, occasionally moderate.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Southwesterly 5 to 7, occasionally gale 8 at first in south, decreasing 4 at times later.

Moderate or rough, becoming slight or moderate except near Rattray Head.

Showers.

Good.

Outlook for the following 24 hours:

South or southwest becoming cyclonic, 4 to 6, then becoming variable 2 to 4 later.

Slight or moderate, occasionally rough near Rattray Head.

Rain or showers.

Good, occasionally moderate.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Southwest 6 or 7 decreasing 4 or 5.

Slight or moderate.

Showers.

Good.

Outlook for the following 24 hours:

South or southwest, veering northwest later, 4 to 6.

Slight or moderate, becoming moderate.

Showers.

Good.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Southwest 4 or 5, occasionally 6 at first, then veering west 3 to 5 later.

Slight or moderate becoming smooth or slight.

Showers.

Good.

Outlook for the following 24 hours:

West 3 to 5 backing southwest 4 to 6, then veering west 5 or 6 later.  
Slight becoming moderate, then occasionally rough later in north.  
Showers.  
Good, occasionally moderate.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Southwesterly becoming cyclonic 4 to 6, then becoming westerly or northwesterly 3 to 5 later.

Slight or moderate, becoming smooth or slight later.

Rain or showers, becoming fair later.

Good, occasionally poor.

Outlook for the following 24 hours:

Westerly 3 or 4 backing southwesterly 4 to 6, then veering westerly 5 or 6 later.

Smooth or slight becoming slight or moderate.

Fair then showers.

Good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Southwesterly 5 to 7 backing southerly 4 to 6, then veering westerly or northwesterly.

Moderate or rough becoming slight or moderate.

Rain or showers, becoming fair later.

Good, occasionally poor.

Outlook for the following 24 hours:

Westerly or southwesterly 4 to 6.

Slight or moderate, becoming moderate later.

Fair then showers.

Good, occasionally moderate.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Southwest 5 to 7 becoming cyclonic 4 to 6 then north 3 or 4, then backing west 5 to 7 later.

Moderate or rough, occasionally slight later.

Rain or showers, becoming fair later.

Good, occasionally poor.

Outlook for the following 24 hours:

West 5 or 6, occasionally 7 at first, decreasing 4 at times later.

Moderate, becoming slight or moderate later.

Fair then showers.

Good, occasionally moderate.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Southwest becoming cyclonic 4 to 6, then becoming west or northwest 5 to 7 later.

Moderate or rough in east, rough or very rough in west.

Rain or showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

West 5 or 6, occasionally 7 at first, becoming variable 3 or 4 later.

Very rough at first in west, otherwise moderate or rough, but becoming slight or moderate later in east.

Showers.

Good, occasionally moderate.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Southwest 4 to 6 becoming cyclonic 2 to 4, then west or northwest 5 to 7 later.  
Moderate or rough in west, slight or moderate in east.  
Rain or showers.  
Good, occasionally poor.

Outlook for the following 24 hours:

West 5 to 7, occasionally gale 8 at first, then veering northwest 3 to 5 later.  
Moderate or rough, occasionally very rough at first in west.  
Showers.  
Good, occasionally moderate.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

Southwest veering west 5 to 7, decreasing 3 or 4 for a time at first.  
Moderate or rough, becoming slight or moderate for a time in north.  
Showers.  
Good.

Outlook for the following 24 hours:

West 5 to 7, occasionally gale 8 at first, decreasing 4 at times later.  
Moderate or rough, occasionally slight in north.  
Showers.  
Good.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

West or southwest 5 or 6, occasionally 7 at first, then decreasing 4 at times.  
Moderate or rough becoming slight or moderate.  
Showers.  
Good.

Outlook for the following 24 hours:

West or southwest 5 to 7, occasionally 4 at first, then veering west or northwest 4 or 5 later.  
Slight or moderate, becoming moderate or rough for a time.  
Showers.  
Good, occasionally moderate.

Isle of Man - (SWW)

24 hour forecast:

West or southwest 5 or 6, occasionally 7 at first, then decreasing 4 at times.  
Moderate or rough becoming slight or moderate.  
Showers.  
Good.

Outlook for the following 24 hours:

West or southwest 5 to 7, veering west or northwest 4 or 5 later.  
Slight or moderate, becoming moderate or rough for a time.  
Showers.  
Good, occasionally moderate.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

West or southwest 5 or 6, occasionally 7 at first, then decreasing 4 at times.  
Moderate or rough, becoming slight or moderate in east.  
Showers, squally at first.  
Good, occasionally moderate at first.

Outlook for the following 24 hours:

West or southwest 5 to 7, veering west or northwest 4 to 6 later.  
Moderate or rough, occasionally slight in east.  
Rain or showers.  
Good, occasionally moderate.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Westerly 5 to 7 backing southwesterly 4 to 6.

Slight or moderate, occasionally rough near the Mull of Kintyre.

Showers, squally at first.

Good, occasionally moderate at first.

Outlook for the following 24 hours:

Southwesterly 5 to 7, occasionally gale 8 at first, veering westerly 4 to 6, decreasing 3 at times later in Firth of Clyde.

Slight or moderate, becoming moderate or rough for a time in North Channel.

Rain or showers.

Good, occasionally moderate.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

West 5 to 7 backing southwest 4 or 5, then increasing 6 to gale 8 later.

Rough or very rough becoming moderate or rough.

Squally showers, then rain later.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest 6 to gale 8 veering west or northwest 5 to 7, then decreasing 3 or 4 later.

Moderate or rough, occasionally very rough at first near islay and Tiree.

Rain then showers.

Good, occasionally moderate.

The Minch - (SWW)

24 hour forecast:

Westerly becoming cyclonic 5 to 7, occasionally gale 8 in south, decreasing 4 at times in north.

Mainly moderate or rough, but slight or moderate just north of skye.

Rain or squally showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Cyclonic 4 to 6, occasionally 7 at first, becoming west or northwest 3 to 5.

Slight or moderate in central areas, but elsewhere moderate or rough.

Showers.

Good, occasionally moderate.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

Westerly becoming cyclonic 5 to 7, occasionally gale 8 in south, decreasing 4 at times in north.

High at first in far south, otherwise rough or very rough.

Rain or squally showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Cyclonic 4 to 6, occasionally 7 at first, becoming west or northwest 3 to 5.

Rough or very rough.

Showers.

Moderate or good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Sunday 01 Mar 2020 at 1800 UTC until Monday 02 Mar 2020 at 0600 UTC

Shetland Isles

## General Situation

Deep low lying across Shetland Waters throughout the period

Gale Warnings in operation for Sea Area Fair Isle at time of issue: Severe gale force 9 now decreased gale force 8, backing northeasterly soon, increasing severe gale force 9 later issued at 03:58 UTC on Sun 1 Mar 2020

In northwest, easterly or northeasterly 6 to gale 8  
in southeast, cyclonic 4 to 6  
Rough or very rough, occasionally high in northwest  
Rain or showers  
Moderate or good, occasionally poor

Outlook for 12 Hours from 0600 UTC on Monday 02 Mar until 1800 UTC on Monday 02 Mar:

Northeasterly 6 to gale 8 at first in northwest, otherwise cyclonic 4 to 6  
Very rough or high, but moderate or rough in shelter to south of Shetland  
Showers  
Good, occasionally moderate or poor

Channel Islands - (SWW)

24 hour forecast:

South or southwest 4 to 6, increasing 7 at times, veering north or northwest by dawn, then backing west during the afternoon.  
Rather rough to rough, occasionally moderate in the south with a low to moderate swell.  
Showers, locally heavy with a risk of hail and thunder, frequent for a time this evening and from later tonight until mid morning tomorrow.  
Good, occasionally moderate, locally poor.

Outlook for the following 24 hours:

West 5 to 7, decreasing 4 at times, veering northwest 3 or 4 during the afternoon.  
Rather rough to rough, becoming slight or moderate with a low to moderate swell later from the southeast.  
Showers, heavy at times with a risk of hail and thunder, then occasional rain later.  
Good, occasionally moderate, locally poor at first.

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