

Issued by the Met Office at 1700 UTC on Friday 01 August 2008

Ser. No. 4

Inshore Waters Forecast to 12 miles offshore from 1800 UTC to 1800 UTC

General Situation

Low pressure over Ireland moves slowly northwest, deepening slightly. Frontal and showery troughs over the northern United Kingdom move away slowly to the north, with a showery airstream following to most areas.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

East or southeast 5 to 7, becoming mainly southwest 3 or 4.

Rain, then showers.

Moderate or good, occasionally poor.

Slight or moderate, but rough at first in north.

Outlook for the following 24 hours:

Mainly southwest 3 or 4.

Rain or showers.

Moderate or good, occasionally poor.

Slight or moderate, occasionally rough in north.

Rattray Head to Berwick on Tweed

24 hour forecast:

Southeast veering southwest 4 or 5, increasing 6 at first.

Showers at first.

Moderate or good.

Moderate becoming slight.

Outlook for the following 24 hours:

Southwest 4 or 5, decreasing 3.

Rain or showers.

Moderate or good, occasionally poor.

Slight or moderate.

Berwick on Tweed to Whitby

24 hour forecast:

Southwest 5, occasionally 6 at first, decreasing 3 or 4 later.

Showers at first.

Moderate or good.

Slight or moderate.

Outlook for the following 24 hours:

Southwest 3 or 4.

Fair, then showers.

Mainly good.

Slight or moderate.

Whitby to Gibraltar Point

24 hour forecast:

Southwesterly 4 or 5, occasionally 6 at first in south.

Showers at first.

Good.

Slight or moderate.

Outlook for the following 24 hours:

Southwest 4 or 5, decreasing 3.

Fair, then showers.

Mainly good.

Slight or moderate.

Gibraltar Point to North Foreland

24 hour forecast:

Southwesterly 5 or 6, occasionally 7 at first in southeast.
Showers.

Good.

Slight or moderate, occasionally rough in east.

Outlook for the following 24 hours:

Southwest 5 or 6.

Showers.

Mainly good.

Slight or moderate, occasionally rough in east at first.

North Foreland to Selsey Bill

24 hour forecast:

Southwesterly 5 or 6, occasionally 7 at first in east, decreasing 4 or 5 later.

Showers.

Good.

Slight or moderate, occasionally rough in east at first.

Outlook for the following 24 hours:

Southwest 4 or 5.

Rain or showers.

Moderate or good.

Slight or moderate.

Selsey Bill to Lyme Regis

24 hour forecast:

Southwest 4 or 5, occasionally 6 at first.

Showers.

Good.

Moderate, occasionally rough at first.

Outlook for the following 24 hours:

Southwest 4 or 5.

Rain or showers.

Moderate or good.

Moderate.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southwest 4 or 5, occasionally 6 at first.

Showers.

Good.

Moderate or rough, decreasing slight or moderate in east.

Outlook for the following 24 hours:

Southwest 4 or 5.

Rain or showers.

Moderate or good.

Slight or moderate, occasionally rough in west at first.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Southwest 4 or 5, occasionally 6 at first.

Showers.

Good.

Slight or moderate, occasionally rough in west at first.

Outlook for the following 24 hours:

Southwest 4 or 5.

Rain or showers.

Moderate or good.
Slight or moderate.

St Davids Head to Great Ormes Head, including St Georges Channel
24 hour forecast:
Southwesterly 5 or 6, occasionally 7 at first in north.
Rain or showers.
Moderate or good.
Slight or moderate, occasionally rough in west.

Outlook for the following 24 hours:
Southwest 5 or 6, decreasing 4.
Rain or showers.
Moderate or good.
Slight or moderate.

Great Ormes Head to the Mull of Galloway
24 hour forecast:
Southwest 5 or 6, occasionally 7 at first, decreasing 3 or 4 later.
Rain or showers.
Moderate or good.
Slight or moderate, occasionally rough in northeast later.

Outlook for the following 24 hours:
Southwest 3 or 4.
Rain or showers.
Moderate or good.
Slight or moderate.

Isle of Man
24 hour forecast:
Southwest 4 or 5, decreasing 3 at times.
Showers.
Moderate or good.
Moderate becoming mainly slight.

Outlook for the following 24 hours:
Southwest 4 or 5, decreasing 3 at first, increasing west or southwest 4 or 5 later.
Showers.
Moderate or good.
Slight or moderate.

Lough Foyle to Carlingford Lough
24 hour forecast:
West or southwest 3 or 4, increasing 5 at times.
Showers.
Good.
Slight or moderate.

Outlook for the following 24 hours:
West or southwest 3 or 4, increasing 5 at times, becoming variable 3 or less.
Showers.
Moderate or good.
Slight or moderate.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel
24 hour forecast:
West or southwest 3 or 4, increasing 5 at times.
Showers.
Good.
Slight or moderate.

Outlook for the following 24 hours:

West or southwest 3 or 4, increasing 5 at first, becoming variable 3 or less.

Showers.

Moderate or good.

Slight or moderate.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

South or southwest 3 or 4, increasing 5 at times.

Rain then showers.

Moderate or good, occasionally poor at first.

Slight or moderate.

Outlook for the following 24 hours:

South or southwest 3 or 4, increasing 5 at first, becoming variable 3 or less.

Showers.

Good.

Slight or moderate.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

South or southeast, veering southwest, 3 or 4, increasing 5 at times.

Rain then showers.

Moderate or good, occasionally poor.

Slight or moderate, occasionally rough in northwest.

Outlook for the following 24 hours:

Southwest 3 or 4, increasing 5 at first, becoming variable 3 or less.

Showers.

Good.

Slight or moderate.

Shetland Isles

24 hour forecast:

East 5 to 7, veering southeast 3 or 4.

Occasional rain.

Moderate or good, occasionally poor.

Moderate or rough.

Outlook for the following 24 hours:

Southeast 3 or 4.

Occasional rain, then showers.

Moderate or good, occasionally poor at first.

Moderate or rough decreasing slight or moderate.

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