

Issued by the Met Office at 1100 UTC on Tuesday 03 March 2009

Ser. No. 1

Inshore Waters Forecast to 12 miles offshore from 1200 UTC to 1200 UTC

#### General Situation

Developing Atlantic low will move northeastwards across the British Isles on Tuesday night. Low near Iceland will drift south towards Ireland later in the night and on Wednesday morning.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Southeast 5 to 7, increasing gale 8 in east for a time, veering south 4 or 5 later.

Showers then rain.

Good becoming moderate.

Rough but very rough west of Orkney and slight or moderate in Moray Firth.

Rattray Head to Berwick on Tweed

24 hour forecast:

South 5 to 7, increasing gale 8 for a time, veering west 5 or 6 later.

Showers then rain.

Good becoming moderate.

Slight or moderate.

Berwick on Tweed to Whitby

24 hour forecast:

South 5 to 7 backing southeast 6 to gale 8, veering west 4 or 5 later.

Rain or showers.

Moderate or good.

Slight becoming moderate.

Whitby to Gibraltar Point

24 hour forecast:

South or southeast 6 to gale 8, veering southwest 4 or 5.

Rain or showers.

Moderate or good.

Slight becoming moderate.

Gibraltar Point to North Foreland

24 hour forecast:

South 6 to gale 8 veering west 4 or 5 later.

Rain or showers.

Moderate or good.

Slight, becoming moderate or rough for a time.

North Foreland to Selsey Bill

24 hour forecast:

South 6 to gale 8 veering west 4 or 5 later.

Rain or showers.

Moderate or good.

Moderate becoming rough for a time.

Selsey Bill to Lyme Regis

24 hour forecast:

Southwest 6 to gale 8 veering west 5 or 6.

Rain then showers.

Moderate be good.

Moderate becoming rough.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southwest 7 to severe gale 9 veering northwest 5 to 7, perhaps gale 8 in west later.

Rain then showers.

Moderate becoming good.

Moderate or rough becoming very rough in west.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Southwest 6 to gale 8 veering northwest 5 to 7, occasionally gale 8 later.

Rain then showers.

Moderate becoming good.

Moderate becoming rough or very rough.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

Southwest 5 to 7 veering northwest 4 or 5, backing southwest 3 later.

Rain then showers.

Moderate becoming good.

Slight or moderate becoming rough in south later.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

Southwest veering northwest 5 to 7, increasing gale 8 for a time, backing southwest 4 or 5 later.

Rain then showers.

Moderate or good.

Slight or moderate.

Isle of Man

24 hour forecast:

South veering northwest 5 to 7 backing southwest 4 or 5 later.

Rain then showers.

Moderate or good.

Slight or moderate.

Lough Foyle to Carlingford Lough

24 hour forecast:

Southwest 5 to 7 veering west 4 or 5, backing south later.

Showers.

Good.

Rough or very rough in north otherwise slight or moderate.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

Southwest 5 to 7 veering west 4 or 5, backing south later.

Showers.

Good.

Slight or moderate, but rough around Mull of Kintyre.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Southwest 5 to 7 veering west 4 or 5, backing south later.

Showers.

Good.

Rough or very rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

South or southwest 5 to 7 decreasing 3 or 4, backing southeast later.

Showers.

Good.

Very rough or high but moderate or rough in minches.

Shetland Isles

24 hour forecast:

South 5 to 7 backing southeast 6 to gale 8, perhaps severe gale 9 later.

Showers then rain.

Good becoming moderate or poor.

Rough or very rough, occasionally high later.

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