

From the Met Office. Issued at 2330 GMT on Sunday 03 Dec 2006.

To BBC Radio 4

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 24 hours.

General Situation: deep low Hebrides moving slowly northeast.
Atlantic low spreading frontal bands northeastwards over most of Britain later.

From Cape Wrath to Duncansby Head including Orkney.
Wind: west or southwest 6 to gale 8, occasionally severe gale 9,
backing south 4 or 5 later.
rain.
Visibility: moderate or good.

Shetland.
Wind: east or southeast, becoming cyclonic then west, 6 to gale 8,
occasionally severe gale 9.
rain or showers.
Visibility: moderate or good.

From Duncansby Head to Whitby.
Wind: southwest 7 to severe gale 9, backing south 4 or 5 later.
squally showers then rain later.
Visibility: moderate or good.

From Whitby to North Foreland.
Wind: south or southwest 6 to gale 8, occasionally severe gale 9.
squally showers then rain.
Visibility: moderate or good.

From North Foreland to St. Catherine's Point.
Wind: west or southwest 6 to gale 8, occasionally severe gale 9,
decreasing 5 for a time.
squally showers then rain.
Visibility: moderate or good.

From St. Catherine's Point to Lands End.
Wind: west or southwest 6 to gale 8, occasionally severe gale 9,
decreasing 5 for a time.
squally showers then rain.
Visibility: moderate or good.

From Lands End to Colwyn Bay.
Wind: west or southwest 6 to gale 8, occasionally severe gale 9.
squally showers then rain.
Visibility: moderate or good.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to
Carlingford Lough.
Wind: west or southwest 7 to severe gale 9, occasionally storm 10 in
the north of Northern Ireland at first.
rain or squally showers.
Visibility: moderate or good.

From Mull of Kintyre to Cape Wrath.
Wind: west or southwest gale 8 to storm 10, occasionally violent
storm 11 at first, backing south 5 to 7 later.
rain or squally showers.
Visibility: moderate or good, occasionally poor.