

Issued by the Met Office at 0600 UTC on Sunday 02 March 2008

Ser. No. 99

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

Low pressure moves east across Scotland this morning while a frontal trough is slow moving near the south coast of England. Later Monday, an area of low pressure moves southeastwards across Wales and western England.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

West or northwest 4 or 5 increasing 5 to 7, occasionally gale 8.

Rain, then showers becoming wintry.

Moderate or good.

Rough or very rough, but high in north at first.

Outlook for the following 24 hours:

West or northwest 5 to 7, occasionally gale 8, decreasing 4 or 5.

Wintry showers.

Moderate or good.

Rough or very rough.

Rattray Head to Berwick on Tweed

24 hour forecast:

West or northwest 5 to 7, occasionally gale 8, decreasing 4 at times.

Rain or showers.

Moderate or good.

Moderate or rough, occasionally very rough at first.

Outlook for the following 24 hours:

West or northwest 6 to gale 8 decreasing 4 or 5.

Wintry showers.

Moderate or good.

Moderate or rough.

Berwick on Tweed to Whitby

24 hour forecast:

West or northwest 6 to gale 8, decreasing 4 or 5 at times.

Showers then rain.

Mainly good.

Moderate or rough.

Outlook for the following 24 hours:

West veering northwest 6 to gale 8 decreasing 4 or 5.

Showers becoming wintry.

Moderate or good.

Moderate or rough.

Whitby to Gibraltar Point

24 hour forecast:

Westerly 6 to gale 8, decreasing 4 or 5 for a time.

Showers then rain.

Moderate or good.

Moderate or rough.

Outlook for the following 24 hours:

Westerly veering northerly 5 to 7, occasionally gale 8.

Showers becoming wintry.

Moderate or good.

Moderate or rough increasing rough or very rough.

Gibraltar Point to North Foreland  
24 hour forecast:  
Westerly 5 to 7, occasionally gale 8.  
Occasional rain.  
Moderate or good.  
Moderate or rough.

Outlook for the following 24 hours:  
West veering northwest 5 to 7, occasionally gale 8.  
Showers becoming wintry.  
Moderate or good.  
Moderate or rough, increasing very rough in north.

North Foreland to Selsey Bill  
24 hour forecast:  
Southwest veering northwest 5 to 7, occasionally gale 8, decreasing 4 for a time.  
Occasional rain.  
Moderate or good.  
Moderate or rough.

Outlook for the following 24 hours:  
West or northwest 5 to 7.  
Wintry showers.  
Moderate or good.  
Moderate or rough.

Selsey Bill to Lyme Regis  
24 hour forecast:  
Southwest veering northwest 5 to 7, occasionally gale 8, decreasing 4 for a time.  
Occasional rain.  
Moderate or good.  
Moderate or rough.

Outlook for the following 24 hours:  
Westerly veering northerly 5 to 7, occasionally gale 8.  
Wintry showers.  
Moderate or good.  
Moderate or rough.

Lyme Regis to Lands End including the Isles of Scilly  
24 hour forecast:  
West veering northwest 5 to 7, decreasing 4 for a time.  
Occasional rain.  
Moderate or good, occasionally poor.  
Moderate or rough.

Outlook for the following 24 hours:  
Westerly veering northerly 5 to 7, occasionally gale 8, perhaps severe gale 9 later.  
Wintry showers.  
Moderate or good.  
Moderate or rough, becoming very rough later in west.

Lands End to St Davids Head including the Bristol Channel  
24 hour forecast:  
West 5 or 6 decreasing 4, then veering northwest 5 to 7, perhaps gale 8 later.  
Occasional rain.  
Moderate or good, occasionally poor.  
Moderate or rough.

Outlook for the following 24 hours:  
Westerly veering northerly 6 to gale 8.  
Wintry showers.  
Moderate or good.  
Moderate or rough, becoming very rough later in west.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
West or southwest 5 to 7, occasionally gale 8 later, decreasing 4 for a time.  
Rain or showers.  
Moderate or good.  
Moderate or rough.

Outlook for the following 24 hours:  
Westerly veering northerly 6 to gale 8.  
Wintry showers.  
Moderate or good.  
Moderate or rough, becoming very rough in southwest.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
Westerly 5 to 7, occasionally gale 8, decreasing 4 for a time.  
Rain or showers.  
Moderate or good.  
Moderate or rough.

Outlook for the following 24 hours:  
West veering north 5 to 7, occasionally gale 8.  
Wintry showers.  
Moderate or good.  
Rough.

Isle of Man  
24 hour forecast:  
West 6 or 7 decreasing 4 or 5, increasing 6 to gale 8 later.  
Showers becoming wintry.  
Good, becoming moderate or poor in showers.  
Moderate or rough.

Outlook for the following 24 hours:  
West 6 to gale 8 backing southwest 5 or 6, then veering north.  
Wintry showers, dying out later.  
Good, becoming moderate or poor in showers.  
Moderate or rough.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
West or northwest 6 to gale 8, occasionally severe gale 9, decreasing 5 for a time.  
Showers becoming wintry.  
Moderate or good.  
Moderate or rough in south, very rough or high in north.

Outlook for the following 24 hours:  
West veering north 5 to 7.  
Wintry showers.  
Moderate or good.  
Moderate or rough in south, very rough in north.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel  
24 hour forecast:  
West or northwest 6 to gale 8, occasionally severe gale 9, decreasing

4 for a time.  
Showers becoming wintry.  
Moderate or good.  
Rough or very rough.

Outlook for the following 24 hours:  
Westerly veering northerly 5 to 7, occasionally gale 8.  
Wintry showers.  
Moderate or good.  
Rough or very rough.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
West or northwest 6 to gale 8, occasionally severe gale 9, decreasing  
4 for a time.  
Showers becoming wintry.  
Moderate or good.  
Very rough or high decreasing rough or very rough.

Outlook for the following 24 hours:  
Northwesterly 5 to 7.  
Wintry showers.  
Moderate or good.  
Rough or very rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides  
24 hour forecast:  
Northerly backing westerly 4 or 5, increasing 5 to 7 for a time,  
perhaps gale 8 in north.  
Showers becoming wintry.  
Moderate or good.  
Very rough or high decreasing rough or very rough.

Outlook for the following 24 hours:  
Northerly backing westerly 5 to 7.  
Wintry showers.  
Moderate or good.  
Rough or very rough.

Shetland Isles  
24 hour forecast:  
Northwest veering north or northeast 5 to 7.  
Squally wintry showers.  
Moderate or good.  
Very rough or high decreasing rough or very rough.

Outlook for the following 24 hours:  
Northerly 5 to 7.  
Wintry showers.  
Moderate or good.  
Rough or very rough.

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