

Issued by the Met Office at 0500 UTC on Monday 03 February 2020

Ser. No. 76

Inshore Waters Forecast to 12 miles offshore  
for the period 0600 UTC Monday 03 February to 0600 UTC Tuesday 04 February 2020

#### General Situation

A deep area of low pressure to the northwest of Scotland will maintain the strong, predominantly westerly airflow across the British Isles through Monday.

#### Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

South 4 or 5, veering west or southwest 7 to severe gale 9, then becoming cyclonic 6 to gale 8 later.

Moderate or rough, becoming very rough or high in north.

Rain or showers.

Good, occasionally poor.

Outlook for the following 24 hours:

Cyclonic 5 to 7, occasionally gale 8 at first in north, then becoming westerly 4 to 6 later.

Rough or very rough in north, slight or moderate in east.

Rain or showers at first.

Good occasionally poor at first.

#### Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Westerly or southwesterly 6 to gale 8, decreasing 5 later in north.

Moderate or rough.

Rain then showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

West 5 to 7, veering north, then backing west later, 3 to 5.

Slight or moderate.

Rain or showers at first.

Good occasionally poor at first.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Westerly 5 to 7, increasing gale 8 at times mainly in north.

Moderate.

Showers.

Good.

Outlook for the following 24 hours:

West 5 to 7, veering north 5 or 6, decreasing 3 or 4, then backing west later.

Moderate.

Rain or showers at first.

Good, occasionally moderate at first.

#### Whitby to Gibraltar Point - (SWW)

24 hour forecast:

West 5 to 7.

Slight or moderate.

Showers.

Good.

Outlook for the following 24 hours:

West 5 to 7, veering north 3 or 4, then backing west later.

Moderate, occasionally rough.

Rain or showers at first.

Moderate or good.

Gibraltar Point to North Foreland - (SWW)  
24 hour forecast:  
Westerly 4 to 6, occasionally 7 later.  
Slight or moderate, occasionally rough later.  
Mainly fair.  
Good.

Outlook for the following 24 hours:  
Westerly 5 to 7, veering northerly or northwesterly 4 or 5, then backing  
westerly 3 or 4 later.  
Moderate, occasionally rough.  
Rain at first.  
Moderate or good.

North Foreland to Selsey Bill - (SWW)  
24 hour forecast:  
Southwesterly veering westerly, 5 to 7, decreasing 4 for a time, perhaps gale 8  
later.  
Moderate, occasionally rough.  
Mainly fair.  
Good.

Outlook for the following 24 hours:  
Westerly 6 to gale 8, veering northwesterly 4 to 6, then veering northerly 3 or  
4 later.  
Moderate or rough, becoming slight later.  
Showers.  
Good.

Selsey Bill to Lyme Regis - (SWW)  
24 hour forecast:  
West 5 or 6, occasionally 7 later, perhaps gale 8 later.  
Moderate or rough, becoming slight inshore.  
Rain at first.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
West 6 to gale 8 veering northwest 5 or 6, then veering north 2 to 4 later.  
Moderate or rough, becoming slight later.  
Fair.  
Good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)  
24 hour forecast:  
Southwest 4 or 5, veering northwest 5 to 7, perhaps gale 8 later.  
Moderate or rough, occasionally very rough near Lands End.  
Rain then showers.  
Moderate or good.

Outlook for the following 24 hours:  
West or northwest 5 to 7, veering north 3 or 4 later, occasionally gale 8 at  
first.  
Moderate or rough, occasionally very rough at first near Isles of Scilly, then  
becoming slight later in east.  
Showers at first.  
Good.

Lands End to St Davids Head including the Bristol Channel - (SWW)  
24 hour forecast:  
West 4 or 5, veering northwest 5 to 7, perhaps gale 8 later.  
Rough or very rough.  
Showers.  
Moderate or good.

Outlook for the following 24 hours:

West or northwest 5 to 7, occasionally gale 8 at first, then veering north 3 or 4 later.

Rough or very rough, becoming slight or moderate later.

Showers at first.

Moderate or good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

West 4 to 6, occasionally 7 later, perhaps gale 8 later.

Moderate or rough.

Showers.

Good, occasionally poor.

Outlook for the following 24 hours:

West 6 to gale 8, veering northwest 5 or 6, then veering north 3 or 4 later.

Moderate or rough, becoming slight later.

Showers at first.

Good.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

West 5 to 7, occasionally gale 8 later.

Moderate or rough.

Showers, becoming thundery and wintry.

Good, occasionally poor.

Outlook for the following 24 hours:

West 6 to gale 8, veering northwest 4 to 6, then decreasing 2 or 3 later.

Rough, becoming slight or moderate later.

Showers at first.

Good.

Isle of Man - (SWW)

24 hour forecast:

West 5 to 7, increasing gale 8 at times later.

Moderate or rough.

Showers, becoming thundery and wintry.

Good, occasionally poor.

Outlook for the following 24 hours:

West 6 to gale 8, veering northwest 4 to 6, then decreasing 2 or 3 later.

Rough, becoming slight or moderate later.

Showers at first.

Good.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

Westerly 6 to gale 8, occasionally severe gale 9 later in north.

Moderate or rough, but very rough or high in north.

Thundery wintry showers.

Good, occasionally poor.

Outlook for the following 24 hours:

West veering northwest 7 to severe gale 9, decreasing 5 or 6, then backing west 3 or 4 later.

Moderate or rough in southeast, very rough or high in north.

Showers at first.

Good, occasionally poor at first.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Westerly 6 to gale 8, increasing severe gale 9 at times later.  
Moderate or rough, but very rough or high near Mull of Kintyre.  
Thundery wintry showers.  
Good, occasionally poor.

Outlook for the following 24 hours:

Westerly veering northwesterly 7 to severe gale 9, decreasing 5 or 6, then decreasing 3 or 4 later.

Rough or very rough, occasionally high at first near Mull of Kintyre, then becoming slight or moderate later.

Showers at first.

Good occasionally poor at first.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

West 6 to gale 8, increasing severe gale 9 at times.

Very rough or high.

Rain or thundery showers.

Moderate or poor, occasionally good.

Outlook for the following 24 hours:

West 7 to severe gale 9, veering northwest 5 to 7, then backing west 3 or 4 later.

Very rough or high, becoming moderate or rough later.

Showers at first.

Good occasionally poor.

The Minch - (SWW)

24 hour forecast:

West veering northwest later, 7 to severe gale 9.

Moderate or rough in central areas, otherwise very rough or high.

Rain or thundery wintry showers.

Moderate or poor, occasionally good.

Outlook for the following 24 hours:

Northwest 6 to gale 8, decreasing 4 or 5, then backing west or southwest later.

Moderate in central areas, otherwise very rough or high, becoming rough later.

Showers at first.

Good.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

Southwesterly veering westerly, then veering northwesterly later, 7 to severe gale 9, occasionally storm 10 at first in north.

Very rough or high, occasionally very high later in south.

Rain or thundery wintry showers.

Moderate or poor.

Outlook for the following 24 hours:

Northwest 6 to gale 8, decreasing 4 or 5, then backing southwest 4 to 6 later.

High or very high becoming rough or very rough later.

Showers at first.

Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Monday 03 Feb 2020 at 0600 UTC until Monday 03 Feb 2020 at 1800 UTC

Shetland Isles

General Situation

Atlantic low and associated frontal systems will become slow moving across Shetland waters on Monday.

Gale Warnings in operation for Sea Area Fair Isle at time of issue: Westerly gale force 8 at time of issue.

Cyclonic 5 to 7, occasionally gale 8 in southwest later  
Moderate or rough, but slight in sheltered eastern coastal waters. becoming high in west later.  
Rain or showers  
Moderate or good

Outlook for 12 Hours from 1800 UTC on Monday 03 Feb until 0600 UTC on Tuesday 04 Feb:

Cyclonic 5 to 7, occasionally gale 8 in southwest at first. becoming variable 3 or 4, then north or northeast 4 or 5 later  
Very rough or high, but moderate in sheltered eastern coastal waters.  
Showers  
Moderate or good

Channel Islands - (SWW)

24 hour forecast:

Southwesterly 4 to 6, perhaps locally 7 in the north of the area at first, occasionally 3 in the south of the area, veering west to northwest 2 to 4 by mid-afternoon, increasing 5 to 7 during the evening, perhaps gale 8 mid-channel overnight.

Rather rough to rough in the northwest of the area, slight to moderate in the southeast, with a low to moderate swell, increasing rough to very rough later. Occasional rain, drizzle and mist, with a risk of fog patches, becoming persistent and heavy at times this afternoon, then clearing by late evening to isolated showers.

Moderate, occasionally good, locally poor, perhaps very poor for a time.

Outlook for the following 24 hours:

Northwest 6 to 7, perhaps gale 8 mid-channel, veering north to northeast 3 to 4 by midnight, locally variable 1 to 3 later.

Rough to very rough, decreasing moderate to rather rough with a low to moderate swell by midnight, further decreasing slight to moderate later.

Isolated showers, perhaps locally heavy, dying out by early afternoon.

Good, perhaps locally moderate.

(c) Crown Copyright 2020