

Issued by the Met Office at 1100 UTC on Friday 04 March 2016

Ser. No. 21

Inshore Waters Forecast to 12 miles offshore  
for the period 1200 UTC Friday 04 March to 1200 UTC Saturday 05 March 2016

#### General Situation

Low pressure centred over central England will slowly move southeastwards during Friday. As this low moves into Europe by Saturday morning, a cold northerly airflow will develop in its wake.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Northeasterly, backing northerly, 5 or 6, occasionally 7 at first near Cape Wrath.

Moderate or rough, occasionally very rough at first in north.

Wintry showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northerly, backing northwesterly, 5 or 6, decreasing 3 or 4.

Slight in shelter, otherwise moderate or rough.

Wintry showers.

Good, occasionally moderate.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Northeast 4 or 5, backing north 5 or 6.

Slight or moderate, but rough for a time near Rattray Head.

Wintry showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

North, backing northwest, 4 or 5, occasionally 6 at first.

Slight or moderate.

Occasional rain or wintry showers.

Good, occasionally moderate.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

East, backing northeast, 5 or 6, occasionally 7 at first.

Moderate or rough.

Showers, rain for a time.

Moderate or good, occasionally poor at first in south.

Outlook for the following 24 hours:

Northeast 5 or 6, backing north 4 or 5.

Moderate or rough.

Showers.

Good.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Cyclonic, becoming northeasterly, 5 or 6, occasionally 7 at first in north.

Slight or moderate, becoming rough at times in north.

Occasional rain.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Northeasterly 5 or 6, backing northerly 4 or 5.

Slight or moderate, becoming rough at times in north.

Occasional rain then fair.

Good, occasionally moderate.

Gibraltar Point to North Foreland

24 hour forecast:

Westerly, veering northerly later, 3 or 4, increasing 5 later near Gibraltar Point.

Slight or moderate.

Rain or showers later.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northerly 5 to 7, but 3 or 4 at first in south.

Slight or moderate.

Occasional rain or showers.

Good, occasionally moderate.

North Foreland to Selsey Bill

24 hour forecast:

Westerly or southwesterly, veering northwesterly, 3 or 4, occasionally 5 at first.

Moderate, becoming slight.

Rain or showers later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Northwesterly 3 or 4, increasing 5 or 6, then decreasing 4 later in west.

Slight, occasionally moderate later.

Occasional rain or showers.

Good, occasionally moderate.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Westerly, veering northerly, 3 or 4, occasionally 5 at first, increasing 5 or 6 later in west.

Slight or moderate.

Showers, occasional rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Northerly 5 or 6, but 3 or 4 in east, backing northwesterly 4 or 5 later.

Slight or moderate.

Showers, occasional rain at first in east.

Good, occasionally moderate at first in east.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Northwesterly, veering northerly, 4 or 5, increasing 6 or 7, increasing gale 8 for a time in west.

Slight or moderate in east, rough or very rough becoming high for a time in west.

Showers, rain for a time.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northerly 5 or 6, occasionally 7 at first, backing northwesterly 4 or 5.

Slight or moderate in east, very rough becoming moderate or rough in west.

Showers.

Good.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Westerly or northwesterly 4 or 5, veering northerly 5 to 7, occasionally gale 8 at first in west.

Moderate or rough, becoming very rough for a time in west.

Showers, occasional rain at first.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northerly 5 or 6, occasionally 7 at first in west, backing northwesterly 4 or 5.  
Moderate or rough.

Showers.

Good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

Cyclonic, becoming north, 5 to 7, occasionally gale 8 at first.

Moderate or rough, occasionally very rough at first in west.

Occasional rain or sleet then showers.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

North 5 to 7, decreasing 3 or 4, then backing northwest later.

Moderate or rough, becoming slight later.

Showers.

Good.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

Northeast 7 or gale 8, decreasing 5 or 6, then backing north later.

Slight or moderate, occasionally rough at first in south.

Showers, rain or sleet at first.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

North 4 or 5, occasionally 6 at first, backing northwest 3 or 4 later.

Slight or moderate, becoming smooth later in north.

Showers at first.

Good.

Isle of Man - (SWW)

24 hour forecast:

Northeast 6 or 7, backing north 5 or 6.

Moderate, occasionally rough at first in south.

Fair.

Good.

Outlook for the following 24 hours:

North, backing northwest, 4 or 5, occasionally 6 at first.

Moderate becoming slight.

Fair.

Good.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

Northeast 5 to 7, occasionally gale 8 at first, backing north 5 or 6.

Moderate or rough.

Wintry showers then fair.

Good, occasionally moderate.

Outlook for the following 24 hours:

North 4 or 5, occasionally 6 at first, becoming variable 3 or 4 later.

Slight or moderate, occasionally rough at first in north, becoming smooth later in south.

Fair.

Good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Northeasterly 5 to 7, occasionally gale 8 at first, backing northerly 5 or 6.  
Slight or moderate, occasionally rough at first in the North Channel.  
Wintry showers then fair.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Northerly 4 or 5, occasionally 6 at first, becoming variable 3 or 4 later.  
Slight or moderate, occasionally smooth later.  
Fair.  
Good.

Mull of Kintyre to Ardnamurchan Point - (SWW)  
24 hour forecast:  
Northeast 5 to 7, occasionally gale 8 at first, backing north 5 or 6 later.  
Moderate or rough, occasionally very rough at first.  
Wintry showers then fair.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
North 4 or 5, occasionally 6 at first, becoming variable 3 or 4.  
Slight or moderate, occasionally rough at first.  
Fair.  
Good.

The Minch - (SWW)  
24 hour forecast:  
Northeast 5 or 6, occasionally 7 at first, backing north 4 or 5 later.  
Slight or moderate, but rough for a time in far north and in far south.  
Wintry showers then fair.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
North 4 or 5, becoming variable 3 or 4.  
Slight or moderate.  
Fair.  
Good.

Ardnamurchan Point to Cape Wrath - (SWW)  
24 hour forecast:  
Northeast 5 or 6, occasionally 7 at first, backing north 4 or 5 later.  
Very rough becoming rough.  
Wintry showers then fair.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
North 4 or 5, becoming variable 3 or 4.  
Rough becoming moderate.  
Fair.  
Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Friday 04 Mar 2016 at 1200 UTC until Saturday 05 Mar 2016 at 0000 UTC

Shetland Isles

General Situation

A low south of UK will extend various troughs north across Shetland maintaining a Northerly airflow.

Gale Warnings in operation for Sea Area Fair Isle: Nil at time of issue.

Northerly or northeasterly 6 or 7 in west, but variable 3 or 4 in east.

Rough or very rough, occasionally moderate at first in east.  
Showers, occasionally wintry later.  
Good, occasionally poor later.

Outlook for 12 Hours from 0000 UTC on Saturday 05 Mar until 1200 UTC on Saturday 05 Mar:

Northerly 5 to 7, but variable 3 or 4 in east.  
Rough but very rough at first in west and moderate later in east.  
Wintry showers.  
Good, occasionally poor.

Channel Islands - (SWW)

24 hour forecast:

Northwest or variable 2 to 4, becoming northerly 4 to 5 by dawn, increasing 5 to 6 by mid-morning and 6 to 7 towards midday.  
Slight increasing moderate to rather rough Saturday morning.  
Scattered rain or hail showers, with a risk of thunder.  
Good, becoming moderate to poor in showers.

Outlook for the following 24 hours:

Northerly 6 to 7, decreasing 5 to 6 by evening, and 3 to 5 after dawn.  
Rather rough, locally rough in the south, decreasing slight to moderate on Sunday.  
Isolated wintry showers with a risk of thunder.  
Good, occasionally moderate to poor in showers.

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