

Issued by the Met Office at 0001 UTC on Wednesday 04 March 2009

Ser. No. 3

Inshore Waters Forecast to 12 miles offshore from 0001 UTC to 2359 UTC

General Situation

Low across Scotland will continue northwards and will become slow moving between Scotland and Iceland as a new low develops and runs southeastwards across Ireland and into the English Channel.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

South or southeast 5 to 7, occasionally gale 8, veering southwest for a time.

Rain or showers.

Moderate or good.

Rough, but very rough west of Orkney and moderate in Moray Firth.

Rattray Head to Berwick on Tweed

24 hour forecast:

Southeast 5 to 7, occasionally gale 8, veering southwest then becoming cyclonic 3.

Showers.

Moderate becoming good.

Moderate or rough.

Berwick on Tweed to Whitby

24 hour forecast:

Southeast 6 to gale 8 veering southwest then becoming cyclonic 3.

Rain then showers.

Moderate or good.

Moderate or rough becoming slight or moderate.

Whitby to Gibraltar Point

24 hour forecast:

South 6 to gale 8 veering west or southwest 3 or 4, backing south or southeast later.

Rain then showers.

Moderate becoming good.

Moderate or rough becoming slight.

Gibraltar Point to North Foreland

24 hour forecast:

South 6 to gale 8 veering west or southwest 3 or 4, backing south later.

Rain then showers.

Moderate becoming good.

Moderate or rough becoming slight.

North Foreland to Selsey Bill

24 hour forecast:

South 6 to gale 8 veering west or northwest 4 or 5, backing south later.

Rain then showers.

Moderate becoming good.

Slight or moderate, occasionally rough at first.

Selsey Bill to Lyme Regis

24 hour forecast:

South or southwest 6 to gale 8 veering west or northwest 4 or 5, becoming cyclonic later.

Rain then showers.

Moderate becoming good.
Slight or moderate, occasionally rough at first.

Lyme Regis to Lands End including the Isles of Scilly
24 hour forecast:
West or northwest 5 to 7, occasionally gale 8 , becoming cyclonic later.
Showers.
Moderate or good.
Moderate or rough, but very rough or high in west.

Lands End to St Davids Head including the Bristol Channel
24 hour forecast:
West or northwest 5 to 7, occasionally gale 8 later.
Showers.
Good.
Rough or very rough, but high in west.

St Davids Head to Great Ormes Head, including St Georges Channel
24 hour forecast:
West or northwest 5 to 7, becoming cyclonic 4 in north.
Showers.
Good.
Slight or moderate, but rough in south at first.

Great Ormes Head to the Mull of Galloway
24 hour forecast:
West or northwest 5 to 7 becoming cyclonic 4.
Showers.
Good.
Moderate.

Isle of Man
24 hour forecast:
West or northwest 5 to 7 becoming cyclonic 4.
Showers.
Good.
Moderate.

Lough Foyle to Carlingford Lough
24 hour forecast:
West or northwest 5 to 7 becoming cyclonic 4.
Showers.
Good.
Rough or very rough in north otherwise slight or moderate.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel
24 hour forecast:
Northwest 5 to 7 becoming cyclonic 4.
Showers.
Good.
Slight or moderate, but rough around Mull of Kintyre.

Mull of Kintyre to Ardnamurchan Point
24 hour forecast:
Northwest 4 or 5 becoming cyclonic.
Showers.
Good.
Rough or very rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides
24 hour forecast:
Northwest 4 or 5 becoming cyclonic 5 to 7, increasing gale 8 in west

later.

Showers.

Good.

Very rough or high but moderate or rough in minches.

Shetland Isles

24 hour forecast:

Southeast 6 to gale 8 increasing severe gale 9 for a time.

Rain or showers.

Moderate or good.

Very rough or high.

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