

Issued by the Met Office at 1700 UTC on Monday 02 March 2020

Ser. No. 3

Inshore Waters Forecast to 12 miles offshore  
for the period 1800 UTC Monday 02 March to 1800 UTC Tuesday 03 March 2020

#### General Situation

Two lows centred to the northeast and northwest of Scotland will slowly fill and move away, allowing the strong and showery westerly flow to gradually ease over the next couple of days.

#### Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Southerly 4 to 6, occasionally 7 at first in east, becoming cyclonic 3 to 5, then westerly 4 to 6 later.

Slight at times in Moray Firth, otherwise moderate or rough, occasionally very rough in far northwest.

Rain or showers, squally at times.

Good, occasionally moderate.

#### Outlook for the following 24 hours:

Westerly, backing southwesterly later, 4 to 6, decreasing 2 or 3 later in southeast.

Very rough at first in far west, otherwise moderate or rough, occasionally slight.

Showers.

Good.

#### Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Southerly or southwesterly, veering westerly or northwesterly, 4 to 6, occasionally 7 at first in north.

Slight or moderate, occasionally rough in north.

Rain or showers.

Good, occasionally moderate.

#### Outlook for the following 24 hours:

Westerly or northwesterly 4 or 5, occasionally 6 at first, becoming variable 2 or 3 later.

Slight or moderate.

Showers at first.

Good.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Southwest 4 or 5, increasing 6 for a time, then veering west or northwest 4 to 6 later.

Moderate, occasionally slight.

Rain or showers.

Good, occasionally moderate.

#### Outlook for the following 24 hours:

West or northwest 4 or 5, occasionally 6 at first, becoming variable 2 to 4 later.

Moderate.

Showers at first.

Good.

#### Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Southwesterly, veering westerly or northwesterly later, 4 or 5, occasionally 6 in north.

Slight or moderate.

Rain or showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Westerly or northwesterly 4 or 5, occasionally 6 at first in north, becoming variable 2 to 4 later.  
Slight or moderate.  
Showers at first.  
Good.

Gibraltar Point to North Foreland - (SWW)  
24 hour forecast:  
Westerly or southwesterly 4 or 5, occasionally 6 at first in south.  
Slight or moderate, occasionally smooth.  
Rain or showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Westerly 4 or 5, occasionally 6 at first in northeast, becoming variable 2 to 4, then southeasterly 3 to 5 later.  
Slight or moderate, occasionally smooth.  
Showers at first, rain later.  
Good, occasionally moderate later.

North Foreland to Selsey Bill - (SWW)  
24 hour forecast:  
Westerly 4 to 6.  
Slight or moderate.  
Showers, squally at times.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Westerly or northwesterly 4 to 6, becoming variable 2 to 4, then southerly 4 to 6 later.  
Slight or moderate, occasionally smooth in east.  
Showers, rain later.  
Moderate or good, occasionally poor later.

Selsey Bill to Lyme Regis - (SWW)  
24 hour forecast:  
West, veering northwest later, 5 or 6, occasionally 4 later.  
Rough at times offshore, otherwise moderate, occasionally slight.  
Showers, squally at times.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
West or northwest 4 or 5, becoming variable 2 to 4, then south 4 to 6 later.  
Slight or moderate.  
Showers, rain later.  
Moderate or good, occasionally poor later.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)  
24 hour forecast:  
West or northwest 5 to 7, decreasing 3 or 4.  
Slight at times in lyme bay, otherwise moderate or rough, occasionally very rough in west.  
Showers, squally at times.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
West or northwest, backing southwest, 3 or 4, backing south 5 to 7, veering southwest 4 to 6 later.  
Slight or moderate, occasionally rough in west.  
Rain or showers.

Moderate or good, occasionally poor later.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

West or northwest 5 to 7, decreasing 3 or 4.

Slight at times in Bristol Channel, otherwise moderate or rough, occasionally very rough in west.

Showers, squally at times.

Good, occasionally moderate.

Outlook for the following 24 hours:

West or northwest, backing southwest, 3 or 4, backing southeast 5 to 7, then veering southwest 4 or 5 later.

Slight or moderate, occasionally rough in west.

Rain or showers.

Moderate or good, occasionally poor later.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

West 5 to 7, veering northwest 4 to 6 later, then occasionally 3 later.

Moderate or rough, occasionally slight in north.

Showers, squally at times.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northwest 3 to 5, backing south 3 or 4, becoming cyclonic 5 to 7 later.

Slight or moderate.

Rain or showers.

Moderate or good, occasionally poor later.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

West or southwest 5 to 7, veering northwest 4 to 6 later.

Moderate, occasionally slight.

Rain or showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northwest 4 or 5, backing south 2 to 4, then backing east or northeast 4 to 6 later.

Smooth or slight, occasionally moderate at first.

Showers, rain later.

Moderate or good, occasionally poor later.

Isle of Man - (SWW)

24 hour forecast:

Southwest, veering west or northwest, 5 or 6, occasionally 4 later.

Moderate, occasionally slight later.

Showers.

Good, occasionally poor.

Outlook for the following 24 hours:

West or northwest 4 or 5, backing south or southwest 3 or less, backing southeast 4 or 5 later.

Slight or moderate, occasionally smooth.

Showers later.

Good, occasionally poor later.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

Southwesterly, veering northwesterly, 5 to 7, occasionally gale 8 at first in far north, then decreasing 4 at times later.

Very rough at times in far north, otherwise slight or moderate, occasionally rough in north.

Rain or squally showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:

Northwesterly 4 to 6, backing southerly, becoming variable later in north, 2 to 4, backing easterly 4 to 6 later in south.

Rough at first in north, otherwise slight or moderate, occasionally smooth in south.

Showers.

Good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Southwesterly, veering northwesterly, 5 to 7, occasionally 4 in north.

Slight or moderate, occasionally rough near Mull of Kintyre.

Rain or squally showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northwesterly 4 to 6, backing southerly, becoming variable later in north, 2 to 4, backing southeasterly 4 or 5 later in south.

Slight or moderate, occasionally smooth.

Showers.

Good.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

Southwesterly 6 to gale 8, veering northwesterly 5 to 7, occasionally 4 in east.

Rough or very rough, occasionally moderate in shelter.

Rain or squally showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northwesterly 4 to 6, backing southwesterly 3 to 5, becoming variable 2 to 4 later.

Moderate or rough, occasionally slight in shelter.

Showers.

Good.

The Minch - (SWW)

24 hour forecast:

Cyclonic, becoming westerly or northwesterly, 4 to 6, occasionally 7 in south.

Moderate or rough, occasionally very rough at first in south, becoming slight at times in central areas.

Rain or squally showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Westerly 4 to 6, backing southwesterly 3 to 5, increasing 6 for a time later.

Moderate or rough, occasionally slight.

Showers.

Good.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

Cyclonic, becoming westerly or northwesterly, 4 to 6, occasionally 7 in south.

Rough or very rough.

Rain or squally showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Westerly 4 to 6, backing southwesterly 3 to 5, increasing 6 for a time later.

Rough, occasionally very rough at first.

Showers.  
Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Monday 02 Mar 2020 at 1800 UTC until Tuesday 03 Mar 2020 at 0600 UTC

Shetland Isles

General Situation

Deep low lying across Shetland Waters will drift away to the northwest on Monday night and will continue to extend a trough over the area on Tuesday.

Gale Warnings in operation for Sea Area Fair Isle at time of issue: Nil

Cyclonic 4 or 5 becoming south or southeast 5 to 7  
Rough or very rough  
Showers  
Good, occasionally poor

Outlook for 12 Hours from 0600 UTC on Tuesday 03 Mar until 1800 UTC on Tuesday 03 Mar:  
Southeast 5 to 7, becoming variable 3 or 4 in west  
Rough or very rough  
Rain or showers  
Good, occasionally poor

Channel Islands - (SWW)

24 hour forecast:

West to northwest 5 to 7, decreasing 3 to 5 overnight, locally 6 until midday.  
Rather rough to rough, decreasing slight to moderate around dawn, with a low to moderate swell.  
Scattered showers, locally heavy with hail and a risk of thunder until morning, dying out in the afternoon.  
Good, occasionally moderate, perhaps locally poor.

Outlook for the following 24 hours:

West to northwest 3 to 4 backing southerly by dawn, increasing 4 to 6 later.  
Slight to moderate, with a low swell, increasing rather rough in the northwest later.  
Occasional rain by dawn.  
Good, occasionally moderate, perhaps locally poor later.

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