

Issued by the Met Office at 0500 UTC on Tuesday 03 February 2009

Ser. No. 75

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

Continuing cold and unsettled around the United Kingdom, with strong winds or gales at times.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

East 6 to gale 8, backing northeast 5 to 7 later.

Rain.

Moderate.

Moderate or rough, occasionally very rough in east.

Outlook for the following 24 hours:

Northeast 5 to 7 backing north 6 to gale 8.

Rain then wintry showers.

Moderate, occasionally poor later.

Moderate or rough, occasionally very rough later in north.

Rattray Head to Berwick on Tweed

24 hour forecast:

Easterly 6 to gale 8, becoming variable 3 in south while backing northeasterly 4 or 5 in north.

Rain.

Moderate.

Very rough becoming moderate or rough.

Outlook for the following 24 hours:

Variable 3 in south, but northeasterly 4 or 5 in north, becoming northerly 6 to gale 8.

Occasional rain.

Moderate or good.

Moderate or rough.

Berwick on Tweed to Whitby

24 hour forecast:

Southeast 6 or 7 veering south or southwest 3 or 4.

Rain at first.

Moderate or good.

Very rough becoming moderate.

Outlook for the following 24 hours:

Southwest 3 or 4, veering north 5 or 6 later.

Rain later.

Moderate or good.

Moderate, occasionally slight for a time.

Whitby to Gibraltar Point

24 hour forecast:

South 4 or 5, decreasing 3 later.

Rain at first.

Moderate or good.

Rough becoming moderate.

Outlook for the following 24 hours:

South becoming variable 3.

Mainly fair.

Moderate or good.

Moderate becoming slight.

Gibraltar Point to North Foreland  
24 hour forecast:  
Southwesterly backing southerly 3 or 4.  
Mainly fair.  
Moderate or good.  
Moderate or rough becoming slight.

Outlook for the following 24 hours:  
Southerly backing southeasterly 3 or 4.  
Rain later.  
Moderate or good.  
Slight.

North Foreland to Selsey Bill  
24 hour forecast:  
Southwesterly backing southeasterly 4 or 5, occasionally 6 in west.  
Squally wintry showers.  
Moderate or good.  
Slight or moderate.

Outlook for the following 24 hours:  
Southeasterly backing easterly 4 or 5, occasionally 6 in west.  
Squally wintry showers then rain.  
Moderate or good.  
Slight or moderate.

Selsey Bill to Lyme Regis  
24 hour forecast:  
South 4 or 5, increasing 6 or 7 at times, backing southeast later.  
Squally wintry showers.  
Good, occasionally poor.  
Slight or moderate.

Outlook for the following 24 hours:  
Southeast backing east 4 or 5, increasing 6 or 7 at times.  
Squally wintry showers then rain.  
Moderate or good.  
Slight or moderate.

Lyme Regis to Lands End including the Isles of Scilly  
24 hour forecast:  
West or southwest 4 or 5, backing southeast 5 to 7 later.  
Squally wintry showers.  
Good, occasionally poor.  
Moderate.

Outlook for the following 24 hours:  
Southeast backing northeast 5 to 7, occasionally gale 8 at times.  
Squally wintry showers then rain.  
Moderate or good.  
Moderate, becoming rough or very rough in west.

Lands End to St Davids Head including the Bristol Channel  
24 hour forecast:  
Cyclonic becoming south 5 or 6, backing southeast later.  
Squally wintry showers.  
Good, occasionally poor.  
Slight or moderate.

Outlook for the following 24 hours:  
Southeast backing northeast 5 or 6, increasing 7 at times.  
Squally wintry showers then rain.  
Moderate or good.

Slight or moderate, becoming rough in west.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

Southeast 5 to 7.

Squally wintry showers.

Good, occasionally poor.

Slight or moderate.

Outlook for the following 24 hours:

Southeast backing northeast 5 to 7, decreasing 3 or 4 for a time.

Squally wintry showers then fair.

Moderate or good.

Slight or moderate.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

East or southeast 5 to 7 decreasing 4 or 5.

Rain or snow then fair.

Moderate or poor becoming good.

Slight or moderate.

Outlook for the following 24 hours:

East or southeast backing north 4 or 5, decreasing 3 for a time.

Mainly fair.

Moderate or good.

Slight.

Isle of Man

24 hour forecast:

East or southeast 5 to 7, decreasing 4 or 5 later.

Rain or snow then showers.

Moderate or good.

Moderate, becoming occasionally slight.

Outlook for the following 24 hours:

East or southeast 4 or 5 backing north 3, increasing 5 or 6 later.

Showers.

Moderate or good.

Slight or moderate.

Lough Foyle to Carlingford Lough

24 hour forecast:

Northeast 5 to 7 veering east or southeast 3 or 4.

Rain then showers.

Moderate or good.

Slight or moderate, occasionally rough in northwest.

Outlook for the following 24 hours:

East or southeast 3 or 4 backing north 5 to 7.

Showers, wintry later.

Moderate or good.

Slight or moderate, occasionally rough in north.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

Northeasterly 5 to 7 veering easterly or southeasterly 3 or 4.

Rain or snow then fair.

Moderate or good.

Slight or moderate.

Outlook for the following 24 hours:

Easterly or southeasterly backing northeasterly 3 or 4, increasing 5

or 6 later in North Channel.  
Wintry showers later.  
Moderate or good.  
Slight, occasionally moderate in North Channel.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
Northeast 5 to 7, veering east 3 or 4 later.  
Rain and snow then fair.  
Moderate or good.  
Moderate, occasionally rough at first and slight later.

Outlook for the following 24 hours:  
East 3 or 4 backing north 5 to 7.  
Showers, wintry later.  
Moderate or good.  
Slight or moderate becoming rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides  
24 hour forecast:  
Northeast 5 to 7, increasing gale 8 at times.  
Rain and snow.  
Moderate or good.  
Moderate or rough.

Outlook for the following 24 hours:  
Northeast 5 to 7, increasing gale 8 at times.  
Rain and snow then wintry showers.  
Moderate or good, occasionally poor later.  
Moderate or rough, becoming occasionally very rough in north and west.

Shetland Isles  
24 hour forecast:  
Easterly backing northerly 3 or 4, but 5 or 6 at first in south, increasing 5 to 7 later.  
Wintry showers.  
Moderate or good.  
Moderate or rough.

Outlook for the following 24 hours:  
North 5 to 7 increasing gale 8.  
Snow showers.  
Good, occasionally very poor.  
Moderate or rough, occasionally very rough later.

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