

From the Met Office. Issued at 0530 GMT on Thursday 01 Mar 2007.

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 18 hours.

General Situation: Low clearing eastern English Channel. Low Northeast Scotland will continue to move slowly southeast. Ridge building in west.

From Cape Wrath to Duncansby Head including Orkney.

Wind: north 7 to severe gale 9, decreasing 4 or 5.

rain or squally showers.

Visibility: moderate or good.

Shetland.

Wind: north 7 to severe gale 9, decreasing 4 or 5 later.

rain or squally showers.

Visibility: moderate or good.

From Duncansby Head to Whitby.

Wind: southwesterly veering northwesterly, 6 to gale 8, occasionally severe gale 9 in north.

rain or squally showers.

Visibility: moderate or good.

From Whitby to North Foreland.

Wind: westerly veering northwesterly 5 to 7, occasionally gale 8.

rain or squally showers.

Visibility: moderate or good.

From North Foreland to St. Catherine's Point.

Wind: northwest 5 to 7, occasionally gale 8 at first.

squally showers.

Visibility: good.

From St. Catherine's Point to Lands End.

Wind: northwest 6 to gale 8, decreasing 4 or 5.

squally showers.

Visibility: good.

From Lands End to Colwyn Bay.

Wind: northwesterly 6 to gale 8, occasionally severe gale 9 in north at first, decreasing 4 or 5.

squally showers.

Visibility: good.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.

Wind: northwest 6 to gale 8, occasionally severe gale 9 at first, decreasing 4 or 5.

showers.

Visibility: good.

From Mull of Kintyre to Cape Wrath.

Wind: northwest 6 to gale 8, occasionally severe gale 9 at first, decreasing 4 or 5.

showers.

Visibility: good.