

Issued by the Met Office at 0001 UTC on Friday 04 July 2014

Ser. No. 79

Inshore Waters Forecast to 12 miles offshore  
for the period 0000 UTC Friday 04 July to 0000 UTC Saturday 05 July 2014

#### General Situation

Pressure will remain low to the northwest of the United Kingdom throughout. Various weather fronts will move eastwards during Friday, with cooler, fresher showery conditions following on Saturday.

#### Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

South or southwest 5 to 7, veering west or northwest 4 or 5 later.

Moderate or rough in north, slight or moderate in east.

Occasional rain.

Moderate or good, occasionally poor in north.

Outlook for the following 24 hours:

West backing southwest, then south later, 3 or 4, increasing 5 at times.

Slight or moderate.

Rain then showers.

Good, occasionally moderate at first.

#### Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Southerly or southwesterly 5 or 6, occasionally 7 in north, becoming cyclonic 4 or 5 later.

Slight or moderate.

Fair then occasional rain.

Good, becoming moderate, occasionally poor.

Outlook for the following 24 hours:

Cyclonic, becoming northerly 4 or 5, becoming variable, then southerly later, 3 or 4.

Slight or moderate.

Rain then mainly fair.

Good, occasionally poor at first.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Southwest 4 or 5, backing south 5 or 6.

Slight, occasionally moderate.

Fair then occasional rain.

Good, becoming moderate or poor later.

Outlook for the following 24 hours:

South 5 or 6, becoming variable, mainly west or southwest, 3 or 4.

Slight, occasionally moderate.

Rain then mainly fair.

Moderate or poor, becoming good.

#### Whitby to Gibraltar Point

24 hour forecast:

Southwest backing south 4 or 5.

Slight, occasionally moderate.

Occasional rain later.

Mainly good.

Outlook for the following 24 hours:

South 4 or 5, veering west or southwest 3 or 4 later.

Slight or moderate.

Rain then showers, mainly fair later.

Moderate or good.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Southerly or southwesterly 4 or 5, occasionally 6 later.

Slight, occasionally moderate.

Fair.

Good.

Outlook for the following 24 hours:

Southerly or southwesterly 4 or 5, increasing 6 at times, veering westerly 3 or 4 later.

Slight or moderate.

Rain then showers, fair later.

Moderate or good.

North Foreland to Selsey Bill

24 hour forecast:

Southerly or southwesterly 3 or 4, increasing 5 at times.

Slight, occasionally moderate in far east.

Rain later.

Good.

Outlook for the following 24 hours:

Southerly or southwesterly 4 or 5, veering westerly or southwesterly 5 or 6.

Slight becoming moderate.

Rain then showers, fair later.

Good, occasionally poor for a time.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Southwest 3 or 4, increasing 5 or 6.

Slight, occasionally moderate.

Rain later.

Good, becoming moderate or poor later.

Outlook for the following 24 hours:

Southwest 5 or 6, veering west 4 or 5 later.

Slight or moderate.

Rain then showers.

Moderate or poor becoming good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Southwest 4 or 5, increasing 6 at times.

Slight or moderate.

Fair then occasional rain.

Good, becoming moderate or poor later.

Outlook for the following 24 hours:

Southwest veering west or northwest, 4 or 5.

Mainly moderate.

Rain then showers.

Moderate or poor, becoming good.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Southwest 5 or 6, occasionally 7 for a time, decreasing 4 later.

Slight or moderate.

Occasional rain or drizzle, mainly later.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Southwest veering west or northwest 4 or 5, occasionally 6 later.

Slight in east, otherwise moderate.  
Rain then showers.  
Moderate or poor becoming good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
Southwest 5 or 6, occasionally 7 for a time, becoming cyclonic 4 or 5 later.  
Slight or moderate, occasionally rough for a time.  
Occasional rain or drizzle.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Cyclonic, becoming north, then backing west 4 or 5.  
Slight or moderate.  
Rain then showers.  
Moderate or poor, becoming good.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
South or southwest 5 to 7, veering north or northwest 4 or 5 later.  
Slight or moderate, occasionally rough except in southeast.  
Occasional rain or drizzle.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
North or northwest, backing west or southwest, 4 or 5.  
Slight or moderate.  
Rain then showers.  
Moderate or poor, becoming good.

Isle of Man - (SWW)  
24 hour forecast:  
South or southwest 5 or 6, occasionally 7 for a time, veering northwest 4 or 5 later.  
Moderate, occasionally rough for a time.  
Occasional rain for a time.  
Moderate or poor, becoming good later.

Outlook for the following 24 hours:  
Northwest 4 or 5, backing west or northwest 3 or 4, then backing southwest 4.  
Moderate becoming slight.  
Showers later.  
Good, occasionally moderate later.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
South or southwest 5 to 7, veering northwest 4 or 5 later.  
Slight or moderate.  
Occasional rain, showers later.  
Moderate or poor, becoming good later.

Outlook for the following 24 hours:  
Northwest backing south or southwest, 4 or 5.  
Slight or moderate.  
Showers.  
Mainly good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)  
24 hour forecast:  
Southerly or southwesterly 5 to 7, veering northwesterly 4 or 5 later.  
Slight or moderate, occasionally rough in south.  
Rain or drizzle, showers later.  
Moderate or poor, becoming good later.

Outlook for the following 24 hours:  
Northwesterly backing southerly or southwesterly, 4 or 5.  
Slight or moderate.  
Showers.  
Mainly good.

Mull of Kintyre to Ardnamurchan Point - (SWW)  
24 hour forecast:  
South or southwest 5 to 7, veering northwest 4 or 5.  
Slight in shelter, otherwise moderate or rough.  
Occasional rain, showers later.  
Moderate or poor, becoming good later.

Outlook for the following 24 hours:  
Northwest backing west or southwest 4 or 5.  
Slight or moderate, occasionally rough in west.  
Showers.  
Mainly good.

The Minch - (SWW)  
24 hour forecast:  
South or southwest 5 to 7, occasionally gale 8, veering north or northwest, then backing southwest later, 4 or 5.  
Moderate or rough, becoming slight or moderate.  
Rain, showers later.  
Moderate or poor, becoming good later.

Outlook for the following 24 hours:  
Southwest backing south 4 or 5.  
Slight or moderate.  
Showers.  
Mainly good.

Ardnamurchan Point to Cape Wrath - (SWW)  
24 hour forecast:  
South or southwest 5 to 7, occasionally gale 8, veering north or northwest, then backing southwest later, 4 or 5.  
Moderate or rough.  
Rain, showers later.  
Moderate or poor, becoming good later.

Outlook for the following 24 hours:  
Southwest backing south 4 or 5.  
Moderate or rough, becoming slight or moderate.  
Showers.  
Mainly good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Friday 04 Jul 2014 at 0000 UTC until Friday 04 Jul 2014 at 1200 UTC

#### Shetland Isles

General Situation  
A complex area of low pressure will lie between Shetland and Iceland on Friday.  
A frontal trough will move east across Shetland on Friday afternoon.

Gale Warnings in operation for Sea Area Fair Isle: Nil

South 5 or 6, occasionally 7 later.  
Moderate or rough.  
Rain at times.

Moderate or good, occasionally poor later.

Outlook for 12 Hours from 1200 UTC on Friday 04 Jul until 0000 UTC on Saturday 05 Jul:

South 5 to 7 veering west or northwest 3 or 4.

Moderate or rough.

Rain, clearing in west.

Moderate or good, occasionally poor in east.

Channel Islands - (SWW)

24 hour forecast:

Southwesterly 2 to 4, locally variable in the south at first, increasing 4 to 5 late afternoon, locally 6 in the north of the area.

Smooth or slight, becoming slight to moderate Friday afternoon, locally rather rough in the north later.

Some mist and fog patches in the north occasional rain from late afternoon.

Good, locally moderate to very poor in the north, and more generally later.

Outlook for the following 24 hours:

South to southwest 4 to 5, locally 6, veering southwest to west in the morning, decreasing 3 to 4 in the afternoon.

Moderate, locally rather rough in the north, decreasing slight to moderate in the evening.

Occasional rain, clearing late morning.

Moderate to very poor, becoming good late morning.

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