

Issued by the Met Office at 1100 UTC on Sunday 04 August 2013

Ser. No. 7

Inshore Waters Forecast to 12 miles offshore  
for the period 1200 UTC Sunday 04 August to 1200 UTC Monday 05 August 2013

#### General Situation

A complex area of low pressure, developing southwest of the United Kingdom on Sunday afternoon, will move northeastwards across all areas on Monday, with pressure then building in its wake during Tuesday.

#### Cape Wrath to Rattray Head including Orkney - (SWW)

##### 24 hour forecast:

South or southwest 5 or 6, decreasing 3 or 4, then becoming variable later.  
In north, moderate, occasionally rough at first, in south, slight or moderate.  
Showers, occasional rain later in east.  
Good, becoming moderate later in east, occasionally poor later.

##### Outlook for the following 24 hours:

Variable, becoming westerly or northwesterly, 3 or 4, occasionally 5 later.  
Slight or moderate.  
Rain with fog patches at first in east.  
Moderate or good, but very poor at first in east.

#### Rattray Head to Berwick upon Tweed

##### 24 hour forecast:

South 4 or 5, becoming variable 3 or 4 later.  
Slight or moderate.  
Showers, occasional rain later.  
Good, occasionally poor later.

##### Outlook for the following 24 hours:

Variable, becoming west or northwest, 3 or 4, occasionally 5 later.  
Smooth or slight, occasionally moderate at first in north.  
Rain or showers at first.  
Good, occasionally poor at first.

#### Berwick upon Tweed to Whitby - (SWW)

##### 24 hour forecast:

South 4 or 5, increasing 6 later in south, but becoming variable 4 in north.  
Slight, occasionally moderate later.  
Showers then occasional rain.  
Moderate or good, occasionally poor later.

##### Outlook for the following 24 hours:

South, veering west, 5 or 6, decreasing 4 later, but variable 4 at first in north.  
Smooth or slight, occasionally moderate at first.  
Rain or showers at first.  
Good, occasionally poor at first.

#### Whitby to Gibraltar Point - (SWW)

##### 24 hour forecast:

South 4 or 5, increasing 6 later.  
Slight, occasionally moderate later.  
Showers then occasional rain.  
Moderate or good, occasionally poor later.

##### Outlook for the following 24 hours:

South, veering west, 5 or 6, decreasing 4 later.  
Slight, occasionally moderate at first.  
Rain or showers at first.  
Good, occasionally poor at first.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Southerly 4 or 5, occasionally 6 later.

Slight, occasionally moderate.

Occasional rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Southerly, veering westerly, 5 or 6, occasionally at first, then becoming variable 4 later.

Slight, occasionally moderate at first.

Rain or showers at first.

Good, occasionally moderate at first.

North Foreland to Selsey Bill

24 hour forecast:

Southerly 4 or 5.

Slight, occasionally moderate later.

Occasional rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Southerly, veering westerly, 5 or 6, occasionally 4 at first, then becoming variable 4 later.

Slight or moderate.

Rain or showers at first.

Good, occasionally moderate at first.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

South 4 or 5, veering southwest 5 or 6 later.

Slight or moderate, occasionally rough later.

Showers then occasional rain.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

South, veering west, 5 or 6, then becoming variable 4 later.

Moderate, occasionally rough at first, becoming slight.

Showers, rain at first.

Moderate or poor, becoming good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

South, veering west or northwest later, 5 or 6, occasionally 7 later.

Moderate, occasionally rough.

Rain or showers, thundery for a time.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

West or northwest 5 to 7, decreasing 3 or 4, then becoming variable later.

Slight or moderate, occasionally rough at first.

Rain or showers at first in east.

Good, occasionally poor at first in east.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

South, veering west or northwest later, 5 or 6, occasionally 7 later.

Moderate, occasionally rough in west, slight or moderate in east.

Rain or showers, thundery for a time.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

West or northwest 5 to 7, decreasing 3 or 4, then becoming variable later.

Slight or moderate, occasionally rough at first near land end.  
Rain or showers at first in east.  
Good, occasionally poor at first in east.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
South 4 or 5, becoming cyclonic 5 or 6 later, then becoming northwest later.  
Slight or moderate.  
Rain or showers, thundery for a time.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
West or northwest 5 or 6, decreasing 3 or 4, then backing south later.  
Slight or moderate.  
Rain or showers at first.  
Good, occasionally poor at first.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
South 4 or 5, becoming cyclonic 5 or 6 later, then becoming northwest later.  
Slight or moderate.  
Rain or showers, thundery for a time.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
West or northwest 5 or 6, decreasing 3 or 4, then backing south later.  
Slight or moderate.  
Rain or showers at first.  
Good, occasionally poor at first.

Isle of Man  
24 hour forecast:  
South or southwest 3 or 4, veering northwest 4 later.  
Slight or moderate.  
Rain for a time.  
Moderate or good, becoming poor for a time.

Outlook for the following 24 hours:  
Northwest 4, backing west or southwest 3 or 4 later.  
Slight.  
Fair.  
Good.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
Southwest, becoming variable, 3 or 4, then becoming northwest 4 or 5 later.  
Slight or moderate.  
Showers, rain for a time in south.  
Good, occasionally moderate in south.

Outlook for the following 24 hours:  
West or northwest, backing southwest later, 4 or 5, increasing 6 for a time.  
Slight or moderate.  
Showers.  
Good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel  
24 hour forecast:  
Southwest, becoming variable, 3 or 4, then becoming northwest 4 or 5 later.  
Slight or moderate.  
Showers, rain for a time.  
Good, occasionally moderate.

Outlook for the following 24 hours:

West or northwest, backing southwest later, 4 or 5, increasing 6 for a time.

Slight or moderate.

Showers.

Moderate or good.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

South or southwest 3 or 4, veering west 4 or 5 later.

Moderate or rough becoming slight or moderate.

Showers.

Good.

Outlook for the following 24 hours:

West, backing south or southwest, 4 or 5, increasing 6 for a time.

Slight or moderate.

Showers.

Good.

The Minch - (SWW)

24 hour forecast:

Southwesterly 5 or 6, decreasing 3 or 4.

Slight or moderate, occasionally smooth near skye.

Showers.

Good.

Outlook for the following 24 hours:

Southwesterly 3 or 4, occasionally 5 in north.

Slight or moderate, occasionally smooth near skye.

Showers.

Good.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

Southwesterly 5 or 6, decreasing 3 or 4.

Rough, becoming moderate.

Showers.

Good.

Outlook for the following 24 hours:

Southwesterly 3 or 4, occasionally 5 in north.

Moderate.

Showers.

Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Sunday 04 Aug 2013 at 1200 UTC until Monday 05 Aug 2013 at 0000 UTC

Shetland Isles

General Situation

Low pressure Faeroe moves north with strong southwesterly flow slowly decreasing. Low moving north over the North Sea Monday brings an easterly flow later.

Gale Warnings in operation for Sea Area Fair Isle: Southerly gale force 8 at time of issue.

South or southwest 6 to gale 8, decreasing 4 or 5.

Rough later moderate.

Mainly fair, isolated rain shower.

Mainly good.

Outlook for 12 Hours from 0000 UTC on Monday 05 Aug until 1200 UTC on Monday 05 Aug:

Southwest 4 or 5, becoming variable or easterly 3 or 4.

Moderate.

Fair.

Good.

Channel Islands - (SWW)

24 hour forecast:

South 3 to 4 increasing 4 to 5 overnight, veering southwest tomorrow morning, further increasing 5 to 7 for a time, perhaps locally gale 8 mid-channel.

Slight becoming moderate to rather rough tomorrow morning.

Rain from around midnight, perhaps locally heavy, clearing by early afternoon.

Good, occasionally moderate to poor in rain.

Outlook for the following 24 hours:

Southwest 4 to 5, occasionally 6 in the north at first, veering west to northwest in the afternoon, decreasing 3 to 4 in the evening, then 2 or 3 overnight.

Moderate to rather rough becoming slight.

Soon becoming fair.

Good.

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