

Issued by the Met Office at 0001 UTC on Saturday 02 July 2016

Ser. No. 19

Inshore Waters Forecast to 12 miles offshore  
for the period 0000 UTC Saturday 02 July to 0000 UTC Sunday 03 July 2016

#### General Situation

A large area of low pressure to the north of Scotland will move slowly northeastwards to lie over the Norwegian Sea by Sunday. This will bring a cool and showery westerly air flow to the whole country before a frontal system moves across southern England on Sunday.

#### Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Variable 3 or 4, becoming west or southwest 4 or 5.

Slight or moderate in northwest, smooth or slight in southeast.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

West or southwest 4 or 5.

Slight or moderate in northwest, smooth or slight in southeast.

Thundery showers.

Good, occasionally poor.

#### Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Westerly or southwesterly 5 or 6, increasing 7 at times later in south.

Slight, occasionally moderate later.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

Westerly or southwesterly 4 or 5, increasing 6 at times in south, then becoming variable 3 or less later in north.

Slight, occasionally moderate.

Thundery showers.

Good, occasionally poor.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

West or southwest 4 or 5, increasing 6 at times later.

Slight, occasionally moderate.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

West or southwest 4 or 5.

Smooth or slight, occasionally moderate at first.

Showers.

Good.

#### Whitby to Gibraltar Point - (SWW)

24 hour forecast:

West or southwest 5 or 6.

Slight.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

West or southwest becoming variable for a time later, 3 or 4, occasionally 5 at first.

Smooth or slight.

Fair.  
Good.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Westerly or southwesterly 5 or 6, occasionally 7 in south.

Slight or moderate.

Showers, thundery for a time.

Good, occasionally poor for a time.

Outlook for the following 24 hours:

Westerly or southwesterly 4 or 5, occasionally 6 at times, then becoming variable 3 or 4 later in north.

Slight, occasionally moderate at first.

Fair.

Good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Westerly or southwesterly 5 to 7.

Moderate, occasionally slight.

Showers, thundery for a time.

Good, occasionally poor later.

Outlook for the following 24 hours:

Westerly or southwesterly 5 or 6, decreasing 3 or 4, then becoming variable for a time later.

Moderate becoming slight.

Occasional rain or drizzle for a time.

Moderate or good, occasionally poor.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

West or southwest 5 to 7.

Moderate, occasionally slight.

Showers, thundery for a time.

Good, occasionally poor for a time.

Outlook for the following 24 hours:

West or southwest 5 or 6, decreasing 3 or 4, then becoming cyclonic for a time.

Moderate becoming slight.

Occasional rain or drizzle, becoming fair later.

Moderate or poor, becoming good later.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

West or southwest 5 or 6, occasionally 7 at first.

Slight or moderate, occasionally rough west of Lizard.

Showers.

Good.

Outlook for the following 24 hours:

West becoming cyclonic for a time, 3 or 4, increasing 5 at times.

Moderate west of Lizard, otherwise slight.

Occasional rain or drizzle.

Moderate or poor, occasionally good.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

West 5 or 6, occasionally 7 at first, backing southwest 4 or 5 later.

Moderate or rough.

Showers.

Good.

Outlook for the following 24 hours:

Southwest, becoming cyclonic for a time, 3 or 4, occasionally 5 at first.  
Slight or moderate.  
Occasional rain or drizzle.  
Moderate or poor, occasionally good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

West or southwest 5 or 6, decreasing 4 at times later.  
Slight or moderate, but rough at first near St Davids Head.  
Thundery showers.  
Good, occasionally poor.

Outlook for the following 24 hours:

West or southwest 3 or 4, increasing 5 at times.  
Slight, occasionally moderate at first in south.  
Occasional rain or drizzle later.  
Good, becoming moderate or poor later.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

West or southwest 5 to 7, decreasing 4 at times later.  
Slight or moderate.  
Thundery showers.  
Good, occasionally poor.

Outlook for the following 24 hours:

Westerly or southwesterly 4 or 5, becoming variable 3 or less later in north.  
Slight.  
Showers.  
Good.

Isle of Man - (SWW)

24 hour forecast:

West or southwest 5 or 6, decreasing 4 at times later.  
Slight or moderate.  
Showers.  
Good.

Outlook for the following 24 hours:

West or southwest 4 or 5, becoming variable 3 or less later.  
Smooth or slight.  
Showers for a time.  
Good.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

Westerly or southwesterly 5 to 7, decreasing 4 at times later in south.  
Slight or moderate, occasionally rough in north.  
Thundery showers.  
Good, occasionally poor.

Outlook for the following 24 hours:

West or southwest 4 or 5, becoming variable 3 or 4 later.  
Slight or moderate.  
Showers.  
Good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Westerly or westerly 5 or 6, increasing 7 for a time.  
Slight or moderate, occasionally rough for a time near Mull of Kintyre.  
Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

Southwesterly 4 or 5, increasing 6 at times, then becoming variable 3 or 4 later.

Slight or moderate.

Showers.

Good.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

West or southwest 5 to 7.

Moderate or rough.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

West or southwest 4 or 5, occasionally 6 at first, decreasing mainly 3 later.

Moderate, occasionally rough at first.

Showers.

Good.

The Minch - (SWW)

24 hour forecast:

Westerly or southwesterly 4 or 5, increasing 6 at times in south.

Smooth or slight, occasionally moderate in far south.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

West or southwest 5 or 6, decreasing 3 or 4 later.

Smooth or slight, occasionally moderate at first in far south.

Thundery showers.

Good, occasionally poor.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

Westerly or southwesterly 4 or 5, increasing 6 at times in south.

Moderate or rough.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

West or southwest 5 or 6, decreasing 3 or 4 later.

Moderate, occasionally rough at first.

Thundery showers.

Good, occasionally poor.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Saturday 02 Jul 2016 at 0000 UTC until Saturday 02 Jul 2016 at 1200 UTC

Shetland Isles

General Situation

A shallow depression centred near the Faeroes will drift northeast into the Norwegian Sea on Saturday.

Gale Warnings in operation for Sea Area Fair Isle: Nil.

West or southwest 2 or 3 occasionally 4 later.

Moderate but slight just east of Shetland.

Isolated showers.

Good, occasionally moderate.

Outlook for 12 Hours from 1200 UTC on Saturday 02 Jul until 0000 UTC on Sunday 03 Jul:

West or southwest 3 or 4.

Moderate but slight just east of Shetland.

Isolated showers.

Mainly good.

Channel Islands - (SWW)

24 hour forecast:

Westerly 5 to 6, decreasing 4 to 5 by Saturday evening.

Moderate to rather rough.

Isolated showers, dying out in the afternoon.

Good, occasionally moderate in showers.

Outlook for the following 24 hours:

West to southwest 4 to 5, backing southwest to south by dawn, occasionally 6 in the morning, veering west by midday, further veering northwest for a time in the afternoon.

Moderate to rather rough, with a low swell.

Occasional rain and drizzle spreading in from the west, with mist and a risk of fog patches, perhaps clearing for a time later.

Good, becoming moderate by early morning, occasionally poor or very poor perhaps locally good for a time later.

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