

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Sunday 08 Oct 2023 until 23:59 on Monday 09 Oct 2023

Forecast Issued on Sunday 08 Oct 2023 at 03:12 by Met Office Aberdeen

Confidence: Mainly high through the period. Lower for detail of heaviest rainfall on Tuesday.

Headline for Sunday 08 Oct 2023: A very wet Sunday with gusty winds.

Mountain weather hazards on Sunday 08 Oct 2023

Blizzards

No Likelihood

Gales

No Likelihood

Thunderstorms

No Likelihood

Heavy persistent snow

No Likelihood

Severe chill effect

Low Likelihood

Heavy persistent rain

High Likelihood

Storm force winds







No Likelihood

Poor visibility

Medium Likelihood

Strong sunlight

No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Heavy Rain	Heavy Rain	Light rain	Light rain	Light rain	Drizzle
Precipitation probability					
90%	80%	70%	70%	60%	60%

Forecast for Sunday 08 Oct 2023

Weather: Heavy, persistent rain tending to ease off from mid-morning with most places seeing lighter rain but a few heavier pulses still possible, most likely around Torridon eastwards. Rain becoming patchy into the evening but low cloud persisting.

Chance of cloud-free hill tops above 800m: 40% at first, reducing to 10% by around midday.

Low cloud and visibility: Scattered or broken low cloud at first, base 500-700m, increasing through the morning to become widespread across the area, lowering at times to 400m. Visibility good in the north at first, otherwise moderate or poor in rain and poor on hill tops.

Forecast for Sunday 08 Oct 2023

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	22/27 SE	20/25 SE	22/27 SE	24/30 S	23/30 SW	14/19 W	12/16 NW
900	22/27 SE	20/25 SE	21/26 SE	22/29 S	22/28 SW	13/18 W	11/15 NW
600	20/25 SE	16/21 SE	12/18 SE	15/22 S	14/21 SW	10/15 W	8/12 NW
300	11/21 E	6/16 E	2/13 SE	3/16 SW	3/18 SW	3/15 W	4/13 NW
Glen	17/23 E	12/17 E	7/14 SE	7/16 S	6/14 SW	5/12 W	4/10 W

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/-1	7/2	7/3	8/4	9/5	8/5	7/4
900	5/-0	7/3	8/4	9/5	9/5	9/6	8/5
600	8/4	9/6	9/6	11/8	11/8	10/8	9/8
300	6/3	7/6	9/9	11/11	12/11	11/11	10/10
Glen	9/6	11/9	13/12	14/13	14/13	13/13	12/12
Freezing Level*	3000m	3500m	3200m	3100m	2800m	2700m	2600m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Feeling unpleasant in heavy rain and strong winds.

Forecast for Monday 09 Oct 2023

Weather: A cloudy start to the day with any patchy rain or drizzle clearing through the morning. Drier and brighter during the afternoon but perhaps a few showers into the evening.

Maximum wind: Generally light and variable, southwesterly 10 mph later.

Chance of cloud-free hill tops above 800m: 10% improving to 60% into the afternoon.

Low cloud and visibility: Widespread low cloud base 400-600m at first, breaking up and lifting through the morning to become scattered 600-800m. Poor near summits but otherwise good.

Temperature: **Glens:** Plus 10 to 14 Celsius
At 800m: Plus 5 to 7 Celsius
Freezing level: Above summits