

Lake District National Park









Forecast valid from 00:00 on Sunday 07 Apr 2024 until 23:59 on Monday 08 Apr 2024  
Forecast Issued on Saturday 06 Apr 2024 at 17:25

**Confidence:** High confidence for unsettled conditions through this period, a few showers then outbreaks rain Monday to Tuesday. Low confidence for rain detail Monday to Tuesday.

**Headline for Sunday 07 Apr 2024:** Widespread early morning showers soon become isolated. Severe gale to storm force summit winds.

Mountain weather hazards on Sunday 07 Apr 2024

<b>Blizzards</b> No Likelihood	<b>Heavy persistent snow</b> No Likelihood	<b>Storm force winds</b> Low Likelihood
<b>Gales</b> High Likelihood	<b>Severe chill effect</b> Medium Likelihood	<b>Poor visibility</b> Low Likelihood
<b>Thunderstorms</b> No Likelihood	<b>Heavy persistent rain</b> No Likelihood	<b>Strong sunlight</b> Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Light rain showers (night)	Light rain showers (night)	Heavy rain showers	Light rain showers	Light rain showers	Light rain showers	Light rain showers	Light rain showers (night)
Precipitation probability							
50%	50%	80%	60%	40%	40%	30%	30%

Forecast for Sunday 07 Apr 2024

**Weather:** Cloudy with scattered showers becoming widespread and heavy for a time around dawn. These showers soon ease to leave the day cloudy with bright or sunny spells and the occasional shower.

**Chance of cloud-free hill tops above 800m:** 20% early morning increasing 50% in the afternoon.

**Low cloud and visibility:** Extensive cloud 500-700m in the morning will break and rise to 700-900m through the morning. The visibility will be poor in heavier early morning shower otherwise good.

**Ground Conditions Supplement**  
No recent ground conditions report available.

Issued at: 1725 on Sat 06 Apr 2024

**Forecast for Sunday 07 Apr 2024**

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	54/68 SW	56/70 SW	60/75 S	54/70 SW	53/69 SW	50/66 SW	46/59 SW	42/54 SW	35/46 SW
600	44/60 SW	45/62 SW	47/65 S	44/62 SW	44/62 SW	41/58 SW	36/51 SW	34/48 SW	30/43 SW
300	18/47 S	18/48 SW	19/51 S	20/49 SW	20/50 SW	19/47 SW	17/41 SW	15/36 SW	14/33 SW
Valley	18/43 S	18/45 SW	21/50 S	22/47 SW	22/48 SW	21/46 SW	18/39 SW	16/35 SW	15/30 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	2/-6	2/-8	2/-8	2/-7	3/-6	3/-6	2/-6	2/-6	2/-6
600	4/-3	4/-4	4/-4	5/-3	5/-2	5/-1	5/-2	4/-2	4/-2
300	7/2	6/2	6/2	7/3	8/4	8/4	7/3	7/3	6/2
Valley	9/5	9/5	8/4	10/6	10/7	10/7	10/6	9/6	9/6
Freezing Level*	1200m	1100m	1200m	1100m	1200m	1200m	1200m	1200m	1100m

\*Level above which ground is expected to be frozen/snow is expected to settle.

**Meteorologist's View**

Widespread and heavy early showers ease leaving increasing bright or sunny spells, it will feel cold and very windy throughout the day.

**Forecast for Monday 08 Apr 2024**

**Weather:** The day will start dry but cloudy before rain spreads north from the morning.

**Maximum wind:** Southwest 25-30mph gust 45mph

**Chance of cloud-free hill tops above 800m:** 30%

**Low cloud and visibility:** Cloud will stay extensive 500-700m through the day with the visibility moderate falling poor in rain.

**Temperature:**   **Valleys:** Plus 6 Celsius rising plus 12 Celsius  
                          **At 800m:** Plus 5 Celsius  
                          **Freezing level:** Above the summits