

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
 Forecast valid from 06:00 on Thursday 09 May 2024 until 23:59 on Friday 10 May 2024

Forecast Issued on Thursday 09 May 2024 at 03:14 by Met Office Aberdeen

Confidence: High until Saturday. Low confidence for detail from Sunday when showers possible.

Headline for Thursday 09 May 2024: Outbreaks of rain in west clear but staying mostly cloudy with hill fog. Strong summit winds ease steadily through the day.

Mountain weather hazards on Thursday 09 May 2024

Blizzards No Likelihood	Heavy persistent snow No Likelihood	Storm force winds No Likelihood
Gales No Likelihood	Severe chill effect No Likelihood	Poor visibility Medium Likelihood
Thunderstorms No Likelihood	Heavy persistent rain Low Likelihood	Strong sunlight Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Heavy Rain	Fog	Fog	Fog	Cloudy	Light rain
Precipitation probability					
50%	30%	30%	20%	10%	30%

Forecast for Thursday 09 May 2024

Weather: Mainly cloudy with some hill fog. Occasional rain, mainly over western ranges soon turning light and patchy. Sheltered eastern foothills staying dry with a few bright or sunny intervals possible.

Chance of cloud-free hill tops above 800m: 20% or lower in the west during the morning, otherwise 40%

Low cloud and visibility: Cloud will be extensive 300-500m over western parts of the region during the morning, otherwise 600-900m. The visibility will be poor or very poor in cloud and rain, but becoming good in the generally dry conditions in the east

Forecast for Thursday 09 May 2024

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	26/31 SW	20/25 SW	20/26 SW	20/27 SW	16/21 SW	15/19 SW	12/15 S
900	24/28 SW	18/23 SW	19/26 SW	20/26 SW	15/20 SW	14/19 SW	11/15 S
600	16/21 SW	14/19 SW	16/23 SW	15/22 SW	12/18 SW	10/15 SW	7/10 S
300	2/18 SW	3/15 SW	7/20 SW	7/19 SW	5/15 SW	3/13 SW	2/10 S
Glen	5/10 SW	6/14 S	10/18 S	6/13 SW	7/14 SW	2/8 S	2/6 S

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/1	7/2	7/2	7/2	6/2	6/2	6/3
900	7/2	7/3	8/3	7/3	6/3	6/3	7/4
600	9/5	9/6	9/6	9/6	9/6	8/6	8/6
300	9/9	10/10	11/9	11/9	11/10	10/9	9/9
Glen	11/10	12/11	12/10	12/12	13/12	12/11	11/11
Freezing Level*	2400m	2400m	2500m	2600m	2300m	2500m	2400m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Nothing extra.

Forecast for Friday 10 May 2024

Weather: A dry day with hazy sunshine and a thin, high layer of cloud.

Maximum wind: Southwest 15-20mph gust 30mph.

Chance of cloud-free hill tops above 800m: 95%

Low cloud and visibility: Cloud will be extensive but thin and mostly well above the summits. The visibility will be good.

Temperature: **Glens:** plus 10 Celsius rising to plus 19 Celsius.

At 800m: Plus 11 Celsius.

Freezing level: Above the summits.