

Issued by the Met Office at 1100 UTC on Thursday 02 April 2009

Ser. No. 4

Inshore Waters Forecast to 12 miles offshore from 1200 UTC to 1200 UTC

#### General Situation

High pressure, over the North Sea, will decline eastwards, with an Atlantic front moving across the United Kingdom later on Friday. On Saturday the front will move into the North Sea.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Southerly 3 or 4, increasing 5 or 6 in east.

Fog patches later in south.

Good becoming moderate, occasionally very poor later in south.

Smooth or slight, occasionally moderate in north.

Rattray Head to Berwick on Tweed

24 hour forecast:

Southerly 3 or 4, increasing 5 or 6 in north.

Fog banks later.

Good becoming moderate, occasionally very poor later.

Smooth or slight.

Berwick on Tweed to Whitby

24 hour forecast:

Southeasterly 3 or 4.

Fog banks.

Moderate occasionally very poor.

Smooth or slight.

Whitby to Gibraltar Point

24 hour forecast:

Easterly 3 or 4.

Fog banks.

Moderate occasionally very poor.

Smooth or slight.

Gibraltar Point to North Foreland

24 hour forecast:

Northeasterly 3 or 4, occasionally 5 at first in south.

Fog banks in north.

Moderate or good, occasionally very poor in north.

Smooth or slight.

North Foreland to Selsey Bill

24 hour forecast:

Northeasterly 3 or 4, occasionally 5 at first in east.

Mainly fair.

Moderate or good, occasionally poor later in east.

Slight.

Selsey Bill to Lyme Regis

24 hour forecast:

Northeast veering south 3 or 4.

Mainly fair.

Moderate or good.

Slight.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Northeast 3 or 4 veering south later.

Mainly fair.  
Good becoming moderate, occasionally poor.  
Slight, occasionally moderate in west.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:  
Variable 3 or 4, becoming south later.  
Mainly fair.  
Moderate or good, occasionally poor later.  
Slight or moderate.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:  
Variable becoming south 3 or 4.  
Mainly fair.  
Moderate or good, occasionally poor later.  
Smooth or slight.

Great Ormes Head to the Mull of Galloway

24 hour forecast:  
Southeasterly 3 or 4.  
Mainly fair.  
Good becoming moderate, occasionally poor later.  
Smooth or slight.

Isle of Man

24 hour forecast:  
Southeasterly 3 or 4, becoming variable 3 or less for a time.  
Mainly fair.  
Moderate or good occasionally poor later.  
Smooth or slight.

Lough Foyle to Carlingford Lough

24 hour forecast:  
Southeast 3 increasing 4 or 5.  
Mainly fair.  
Moderate or good.  
Smooth or slight.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:  
Southeast 3 increasing 4 or 5.  
Mainly fair.  
Moderate or good.  
Smooth or slight.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:  
Southeast 3 or 4 increasing 5 or 6.  
Mainly fair.  
Moderate or good.  
Slight or moderate.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:  
Southerly 4 or 5, occasionally 6 in west.  
Mainly fair.  
Moderate or good.  
Moderate or rough, occasionally slight in minch.

Shetland Isles

24 hour forecast:  
South 3, increasing 4 or 5.

Mainly fair.  
Good becoming moderate or poor.  
Moderate or rough.

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