

Issued by the Met Office at 0001 UTC on Saturday 02 August 2008

Ser. No. 5

Inshore Waters Forecast to 12 miles offshore from 0001 UTC to 2359 UTC

#### General Situation

Low pressure over Hebrides moves slowly northwest, deepening slightly. Frontal and showery troughs over the northern United Kingdom move away slowly to the north, with a showery airstream following to most areas.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

East or southeast 4 or 5, occasionally 6 at first around Orkney, decreasing 3 or 4, becoming variable 3 or less later.

Showers.

Good.

Slight or moderate, but rough at first in north.

Rattray Head to Berwick on Tweed

24 hour forecast:

Southerly veering southwesterly 4 or 5, occasionally 6 at first in south.

Showers.

Good.

Slight or moderate.

Berwick on Tweed to Whitby

24 hour forecast:

South or southwest 4 or 5, occasionally 6 at first, decreasing 3 at times later.

Showers.

Good.

Slight or moderate.

Whitby to Gibraltar Point

24 hour forecast:

Southwest 4 or 5, occasionally 6 at first, decreasing 3 at times later.

Showers.

Good.

Slight or moderate.

Gibraltar Point to North Foreland

24 hour forecast:

Southwesterly 5 or 6, occasionally 7 in southeast.

Showers.

Good.

Slight or moderate, occasionally rough in east.

North Foreland to Selsey Bill

24 hour forecast:

Southwesterly 4 increasing 5 or 6, occasionally 7 later in east.

Showers.

Good.

Slight or moderate, occasionally rough in east.

Selsey Bill to Lyme Regis

24 hour forecast:

South or southwest 4 or 5, occasionally 6 later.

Showers.

Good.

Moderate.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southwesterly 4 or 5, occasionally 6 later in east.

Showers, occasional drizzle later in west.

Good, occasionally moderate or poor later in west.

Moderate.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Southwest 4 or 5, occasionally 6 later.

Showers.

Good.

Moderate.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

Southwest 4 or 5, increasing 6 at times.

Showers.

Good.

Slight or moderate, occasionally rough in St Georges Channel.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

Southwest 4 or 5, occasionally 6 at first in south.

Rain or showers.

Moderate or good, occasionally poor at first in north.

Slight or moderate.

Isle of Man

24 hour forecast:

Southwest 3 or 4, occasionally 5.

Showers.

Moderate or good.

Slight to moderate.

Lough Foyle to Carlingford Lough

24 hour forecast:

Southwest 3 or 4, occasionally 5 at first.

Showers.

Good.

Slight or moderate.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

South or southwest 3 or 4, occasionally 5 at first.

Rain or showers.

Moderate or good, occasionally poor in north.

Slight or moderate.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

South or southwest 3 or 4, occasionally 5 at first.

Rain or showers.

Moderate or good, occasionally poor.

Slight or moderate.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

South or southeast, veering southwest 4 or 5, occasionally 6 later near Outer Hebrides.

Rain or showers.

Moderate or good, occasionally poor.  
Slight or moderate, occasionally rough in northwest.

Shetland Isles

24 hour forecast:

East or southeast 4 or 5, decreasing 3 at times later.

Occasional rain.

Moderate or good, occasionally poor.

Moderate.

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