

## North Grampian

Including North and West Cairngorms National Park, Monadhliath, Ben Alder, Creag Meagaidh, Loch Ericht and Loch Rannoch

Forecast valid from 06:00 on Sunday 07 Aug 2022 until 23:59 on Monday 08 Aug 2022

Forecast Issued on Sunday 07 Aug 2022 at 03:48 by Met Office Aberdeen

**Confidence:** Medium.

**Headline for Sunday 07 Aug 2022:** Cloudy or bright. Patchy light rain possible. Windy.

### Mountain weather hazards on Sunday 07 Aug 2022

**Blizzards**

No Likelihood

**Heavy persistent snow**

No Likelihood

**Storm force winds**

No Likelihood

**Gales**

Low Likelihood

**Severe chill effect**

No Likelihood

**Poor visibility**

Medium Likelihood

**Thunderstorms**


No Likelihood

**Heavy persistent rain**

No Likelihood

**Strong sunlight**

Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
<div>FOG</div>	<div>FOG</div>	<div></div>	<div>FOG</div>	<div>FOG</div>	<div>FOG</div>
Fog	Fog	Sunny intervals	Fog	Fog	Fog
Precipitation probability					
30%	20%	20%	40%	30%	20%

### Forecast for Sunday 07 Aug 2022

**Weather:** Mostly cloudy during daylight hours, often dry with the best of the brightness to the east of the Cairngorm Plateau, often dull and overcast around Creag Meagaidh and the west with patchy light rain and drizzle. Mainly dry in the evening with the cloud lifting and breaking.

**Chance of cloud-free hill tops above 800m:** 20% around Creag Meagaidh and the west, 50% over the Cairngorm Plateau and 80% to the east.

**Low cloud and visibility:** Occasional or extensive cloud, base 900 to 1200m in the east, and 600 to 900m in the west. Visibility mainly good or very good lower down, but poor or very poor at height, particularly in the west.

**Forecast for Sunday 07 Aug 2022**

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
<b>1300</b>	37/47 W	31/39 W	30/39 W	27/35 W	26/33 W	24/32 W	24/33 W
<b>900</b>	34/40 SW	25/31 W	25/32 W	23/30 W	22/29 W	21/27 SW	21/27 SW
<b>600</b>	23/28 SW	19/24 W	19/26 W	18/25 W	17/23 W	14/20 SW	14/21 SW
<b>300</b>	12/26 SW	12/22 W	12/24 W	10/19 W	9/19 SW	8/18 SW	8/17 SW
<b>Glen</b>	7/28 W	5/20 W	6/22 W	6/21 W	5/19 W	3/14 SW	3/14 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
<b>1300</b>	6/0	6/0	8/3	8/3	7/2	6/1	5/-0
<b>900</b>	9/4	9/5	11/7	11/7	10/7	9/5	8/4
<b>600</b>	11/7	12/9	14/10	13/10	12/9	11/9	10/8
<b>300</b>	13/11	14/12	17/15	16/14	15/14	13/12	12/11
<b>Glen</b>	13/11	16/15	18/17	17/16	16/15	13/13	12/12
<b>Freezing Level*</b>	2700m	2800m	2300m	3000m	2900m	3100m	3100m

\*Level above which ground is expected to be frozen/snow is expected to settle.

**Met Office Aberdeen Meteorologist's View**

Early morning gales over the Cairngorm Plateau.

**Forecast for Monday 08 Aug 2022**

**Weather:** Mainly dry with the cloud beginning to lift and break overnight. Skies brightening with the cloud continuing to lift and break during daylight hours, occasional spells developing.

**Maximum wind:** West or Southwest 20 to 25mph, gusts 35mph over the Cairngorm Plateau.

**Chance of cloud-free hill tops above 800m:** 50% overnight and early morning, rising to 90% by the afternoon.

**Low cloud and visibility:** Occasional or extensive cloud, base 600 to 900m in the west, overnight and early morning, lifting and breaking above the summits in the afternoon. Visibility mostly very good, but poor or very poor in any early summit cloud.

**Temperature:** **Glens:** Plus 13 Celsius rising to 21 Celsius  
**At 800m:** Plus 8 Celsius rising to 13 Celsius  
**Freezing level:** Above the summits.