

Issued by the Met Office at 1100 UTC on Friday 01 July 2016

Ser. No. 16

Inshore Waters Forecast to 12 miles offshore  
for the period 1200 UTC Friday 01 July to 1200 UTC Saturday 02 July 2016

#### General Situation

A large area of low pressure to the north of Scotland will move slowly northeastwards to lie over the Norwegian Sea by Sunday. Frontal systems will affect the far south of England early and late in the period, otherwise a cool and showery westerly air flow will prevail.

#### Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Variable 3 or 4 at first near shore and in southeast, otherwise southwesterly 4 or 5.

Smooth or slight, occasionally moderate in north.

Thundery showers.

Good, occasionally poor.

#### Outlook for the following 24 hours:

Westerly or southwesterly 4 or 5, becoming variable 3 or 4 for a time in southeast.

Smooth or slight, occasionally moderate in north.

Thundery showers.

Good, occasionally poor.

#### Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Westerly or southwesterly 4 or 5, increasing 6 at times, becoming variable 3 or 4 at times in north.

Slight, occasionally moderate.

Thundery showers.

Good, occasionally poor.

#### Outlook for the following 24 hours:

Southwesterly 4 or 5, occasionally 6 in south, becoming variable 3 or 4 for a time in north.

Slight, occasionally moderate.

Thundery showers.

Good, occasionally poor.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

West or southwest 4 or 5, increasing 6 at times.

Slight, occasionally smooth.

Thundery showers.

Good, occasionally poor.

#### Outlook for the following 24 hours:

West or southwest 5 or 6, occasionally 4 later.

Smooth or slight, occasionally moderate at first.

Showers, thundery at first.

Good, occasionally poor at first.

#### Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Variable 3 or 4, becoming west or southwest 5 or 6, decreasing 4 at times.

Smooth or slight, occasionally moderate later.

Thundery showers.

Moderate or good, occasionally poor.

#### Outlook for the following 24 hours:

West or southwest 5 or 6, decreasing mainly 4 later.  
Slight, occasionally moderate at first, then occasionally smooth later.  
Showers, thundery at first.  
Good, occasionally poor at first.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Westerly or southwesterly 5 or 6, occasionally 7 in south, and decreasing 4 at times in north.

Slight or moderate.

Rain or drizzle at first in south, otherwise showers, thunder at times in north.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Westerly or southwesterly 5 or 6, occasionally 7 in south, decreasing mainly 4 later.

Slight, occasionally moderate at first.

Thundery showers at first.

Good, occasionally poor at first.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Westerly or southwesterly 5 to 7.

Moderate, occasionally slight.

Occasional rain or drizzle, then showers.

Moderate, occasionally poor, becoming good.

Outlook for the following 24 hours:

Westerly or southwesterly 6 or 7, decreasing 4 or 5.

Moderate, becoming slight.

Thundery showers at first, occasional rain later.

Good, occasionally poor.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

West or southwest 5 to 7.

Moderate, occasionally slight.

Occasional rain or drizzle at first in east, otherwise showers.

Good, occasionally poor at first in east.

Outlook for the following 24 hours:

West or southwest 6 or 7, decreasing 4 or 5, then backing south for a time later.

Moderate, becoming slight.

Showers at first, rain later.

Good, becoming moderate or poor later.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

West 5 to 7.

Slight or moderate in east, moderate or rough in west.

Showers.

Good.

Outlook for the following 24 hours:

West or southwest, backing south for a time, 4 or 5, occasionally 6 at first.

Slight or moderate, occasionally rough at first in west.

Showers at first, rain or drizzle later.

Good, becoming moderate or poor later.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

West 5 to 7.

Moderate or rough.

Showers.  
Good.

Outlook for the following 24 hours:  
Westerly 5 or 6, backing southwesterly 4 or 5, then becoming cyclonic 3 or 4 later in north.  
Moderate, occasionally rough at first in west, then becoming slight later in east.  
Occasional rain later.  
Good, occasionally poor later.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
West or southwest 5 to 7, occasionally 4 later.  
Slight or moderate, becoming rough for a time near St Davids Head.  
Thundery showers.  
Good, occasionally poor.

Outlook for the following 24 hours:  
Southwest 5 or 6, decreasing 3 or 4 later.  
Moderate, becoming slight.  
Showers at first, rain later in south.  
Good, occasionally moderate later in south.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
West or southwest 5 to 7, occasionally 4 at first.  
Slight or moderate.  
Thundery showers.  
Good, occasionally poor.

Outlook for the following 24 hours:  
West or southwest 6 or 7, decreasing 4 or 5.  
Moderate, becoming slight.  
Showers, thundery at first.  
Good, occasionally poor at first.

Isle of Man - (SWW)  
24 hour forecast:  
West or southwest 5 or 6, occasionally 7 at first.  
Mainly moderate.  
Showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
West or southwest 6 or 7, decreasing 4 or 5.  
Moderate, becoming slight.  
Showers at first.  
Good, occasionally moderate.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
Southwest 4 or 5, increasing 6 at times, veering west 5 to 7 later.  
Slight or moderate, occasionally rough later in north.  
Thundery showers.  
Good, occasionally poor.

Outlook for the following 24 hours:  
West 5 or 6, backing southwest 4 or 5.  
Slight or moderate, occasionally rough in north.  
Showers, thundery at first.  
Good, occasionally poor at first.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North

Channel - (SWW)

24 hour forecast:

Southwesterly 4 or 5, increasing 6 at times, veering westerly 5 to 7 later.

Slight or moderate, occasionally rough later near Mull of Kintyre.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

Westerly 6 or 7, backing southwesterly 4 or 5.

Slight or moderate, occasionally rough at first near Mull of Kintyre.

Showers, thundery at first.

Good, occasionally poor at first.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

Southwest 4 or 5, increasing 6 at times, veering west 5 to 7 later.

Moderate, becoming rough.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

West or southwest 5 or 6, occasionally 7 at first.

Rough, becoming slight or moderate later.

Showers, thundery at first.

Good, occasionally poor at first.

The Minch - (SWW)

24 hour forecast:

Southwest, veering west later, 4 or 5, occasionally 6 at first.

Smooth or slight, occasionally moderate in south.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

West 4 or 5, backing southwest 5 or 6.

Slight or moderate, occasionally smooth at first in central areas.

Thundery showers.

Good, occasionally poor.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

Southwest, veering west later, 4 or 5, occasionally 6 at first.

Moderate, becoming rough except in far north.

Thundery showers.

Good, occasionally poor.

Outlook for the following 24 hours:

Westerly or southwesterly, 4 or 5, occasionally 6 in south.

Rough until later in south, otherwise moderate.

Thundery showers.

Good, occasionally poor.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Friday 01 Jul 2016 at 1200 UTC until Saturday 02 Jul 2016 at 0000 UTC

Shetland Isles

General Situation

A shallow depression centred near the Faeroes will drift northeast into the Norwegian Sea on Saturday.

Gale Warnings in operation for Sea Area Fair Isle: Nil

Variable becoming west or southwest 3 or 4.  
Slight or moderate.  
Rain clearing.  
Good, occasionally moderate at first.

Outlook for 12 Hours from 0000 UTC on Saturday 02 Jul until 1200 UTC on Saturday 02 Jul:

West 3 or 4.  
Slight or moderate.  
Mainly fair.  
Good.

Channel Islands - (SWW)

24 hour forecast:

Southwest to west 4 to 5, perhaps 6 at times, veering west 5 to 6 in the evening, decreasing 4 to 5 during the morning.

Moderate to rather rough.

Occasional rain or drizzle with mist and a risk of fog patches, clearing from the northwest during the afternoon, then the risk of a shower on Saturday morning.

Moderate to poor, perhaps very poor, becoming good.

Outlook for the following 24 hours:

West 4 to 5, backing west to southwest 3 to 4 overnight.

Moderate to rather rough, decreasing slight to moderate on Sunday.

Outbreaks of rain and drizzle Sunday morning, with mist and fog patches.

Good, becoming moderate, occasionally poor or very poor in drizzle and fog.

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