

Issued by the Met Office at 1000 UTC on Thursday 02 August 2012

Ser. No. 76

Inshore Waters Forecast to 12 miles offshore  
for the period 1200 UTC Thursday 02 August to 1200 UTC Friday 03 August 2012

#### General Situation

A deep but slowly filling Atlantic low to the west of Ireland, will gradually edge southeastwards during the next two days.

#### Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Variable or cyclonic 3 or less.

Smooth or slight.

Rain or showers, fog patches or banks, especially in north.

Moderate or good, occasionally very poor.

Outlook for the following 24 hours:

Variable, mainly northeast, 3 or 4.

Slight, occasionally moderate in north.

Occasional rain or showers, fog banks.

Moderate or very poor.

#### Rattray Head to Berwick upon Tweed

24 hour forecast:

Variable, mainly southwest, 3 or 4, decreasing 2 for a time.

Smooth or slight.

Occasional rain and fog patches in north at first, otherwise mainly fair.

Moderate or good, occasionally very poor at first in north.

Outlook for the following 24 hours:

Variable, mainly southeast, 3 or 4.

Smooth or slight.

Showers, fog patches developing, mainly in north.

Moderate or good, occasionally very poor.

#### Berwick upon Tweed to Whitby

24 hour forecast:

Variable, mainly southwest, 3 or 4.

Smooth or slight.

Showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Variable, mainly south, 3 or 4.

Smooth or slight.

Showers, occasionally thundery.

Good, occasionally moderate.

#### Whitby to Gibraltar Point

24 hour forecast:

South or southwest 3 or 4, increasing 5 for a time.

Smooth or slight.

Showers, occasionally thundery.

Good, occasionally moderate.

Outlook for the following 24 hours:

South or southwest 3 or 4, occasionally 5 at first.

Smooth or slight.

Showers, occasionally thundery.

Good, occasionally moderate.

#### Gibraltar Point to North Foreland - (SWW)

24 hour forecast:  
Southwesterly 4 or 5, occasionally 6 in south.  
Smooth or slight, occasionally moderate in east.  
Showers, occasionally thundery.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southwesterly 4 or 5.  
Mainly slight.  
Showers, occasionally thundery.  
Good, occasionally moderate.

North Foreland to Selsey Bill - (SWW)  
24 hour forecast:  
Southwesterly 4 or 5, occasionally 6 in east.  
Slight or moderate.  
Showers.  
Good.

Outlook for the following 24 hours:  
Southwesterly 4 or 5.  
Slight or moderate.  
Showers.  
Good.

Selsey Bill to Lyme Regis - (SWW)  
24 hour forecast:  
Southwesterly 4 or 5, occasionally 6 in western solent and lyme bay.  
Moderate.  
Showers.  
Good.

Outlook for the following 24 hours:  
Southwesterly 4 or 5.  
Moderate.  
Showers.  
Good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)  
24 hour forecast:  
Southwesterly 4 or 5, increasing 6 for a time.  
Moderate or rough.  
Showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southerly or southwesterly 4 or 5, increasing 6 or 7 for a time in west.  
Moderate or rough, occasionally very rough in far west.  
Showers, occasionally thundery.  
Good, occasionally moderate.

Lands End to St Davids Head including the Bristol Channel - (SWW)  
24 hour forecast:  
Southwesterly 4 or 5, increasing 6 later in west.  
Moderate or rough.  
Thundery showers.  
Good, occasionally poor.

Outlook for the following 24 hours:  
Southerly or southwesterly 4 or 5, increasing 6 or 7 for a time in southwest.  
Moderate in east, rough in west, occasionally very rough in far southwest.  
Rain or thundery showers.  
Good, occasionally poor.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

Southerly 4 or 5, occasionally 6 later in south.

Slight east of Anglesey, otherwise moderate or rough.

Showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southerly 4 or 5, increasing 6 for a time in south.

Smooth or slight east of Anglesey, otherwise moderate or rough, becoming slight or moderate.

Rain or thundery showers.

Good, occasionally poor.

Great Orme Head to the Mull of Galloway

24 hour forecast:

Mainly southerly 3 or 4, occasionally 5 in west.

Mainly slight.

Showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southerly backing southeasterly 3 or 4, occasionally 5 in west.

Slight.

Rain or thundery showers.

Good, occasionally moderate.

Isle of Man

24 hour forecast:

South 4 or 5.

Slight or moderate.

Showers.

Good.

Outlook for the following 24 hours:

Southerly backing southeasterly 4 or 5, decreasing 3 later.

Slight or moderate.

Showers.

Good, occasionally moderate.

Lough Foyle to Carlingford Lough

24 hour forecast:

Southeasterly 3 or 4, occasionally 5 in North Channel.

Slight or moderate, becoming mainly slight.

Rain or showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southeasterly 3 or 4, occasionally 5 in North Channel, backing northeasterly 3 or 4 later.

Mainly slight.

Rain or showers, occasionally thundery.

Good, occasionally moderate.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel

24 hour forecast:

Southeasterly 3 or 4, occasionally 5 in North Channel.

Smooth or slight.

Showers.

Mainly good.

Outlook for the following 24 hours:

Southeasterly 3 or 4, occasionally 5 in North Channel, backing northeasterly 3

or 4 later.  
Smooth in shelter, otherwise slight.  
Rain or showers, occasionally thundery.  
Good, occasionally moderate.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
Southeast backing east, 3 or 4.  
Slight or moderate.  
Showers.  
Good.

Outlook for the following 24 hours:  
East, backing northeast later, 3 or 4, occasionally 5 later.  
Slight or moderate, occasionally smooth in shelter later.  
Rain or showers.  
Good, occasionally moderate.

The Minch  
24 hour forecast:  
Southerly, becoming variable, 3 or 4, decreasing 2 for a time.  
Slight, occasionally moderate in far north later.  
Occasional rain in north, otherwise showers.  
Good, occasionally poor in north.

Outlook for the following 24 hours:  
Variable, becoming northeast, 3 or 4, occasionally 5 later.  
Slight, occasionally moderate in far north.  
Rain or showers.  
Moderate, occasionally poor in far north, otherwise good.

Ardnamurchan Point to Cape Wrath  
24 hour forecast:  
Southerly, becoming variable, 3 or 4, decreasing 2 for a time.  
Moderate, becoming slight in south later.  
Occasional rain in north, otherwise showers.  
Good, occasionally poor in north.

Outlook for the following 24 hours:  
Variable, becoming northeast, 3 or 4, occasionally 5 later.  
Slight or moderate.  
Rain or showers.  
Moderate, occasionally poor in far north, otherwise good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Thursday 02 Aug 2012 at 1200 UTC until Friday 03 Aug 2012 at 0000 UTC

#### Shetland Isles

##### General Situation

A depression to the west of the British Isles will drift slowly east, maintaining the northeasterly airflow over Shetland.

Gale Warnings in operation for Sea Area Fair Isle: Nil

Northeast 3 or 4, occasionally 5 in the north.  
Slight or moderate.  
Occasional rain or drizzle with fog banks.  
Poor or very poor.

Outlook for 12 Hours from 0000 UTC on Friday 03 Aug until 1200 UTC on Friday 03 Aug:

Northeast 4 or 5.  
Slight or moderate.  
Occasional rain or drizzle with fog banks.  
Moderate or poor, occasionally very poor.

Channel Islands  
24 hour forecast:  
Southwest 3 to 4 increasing 4 to 5 at times.  
Slight to moderate.  
Isolated showers.  
Good.

Outlook for the following 24 hours:  
Southwest 3 to 4 backing southerly overnight increasing 4 to 5.  
Slight to moderate with swell.  
Isolated showers.  
Good.

(c) Crown Copyright 2012