

Issued by the Met Office at 0001 UTC on Sunday 04 January 2015

Ser. No. 45

Inshore Waters Forecast to 12 miles offshore  
for the period 0000 UTC Sunday 04 January to 0000 UTC Monday 05 January 2015

#### General Situation

As vigorous cyclonic activity continues between Newfoundland and Denmark Strait, a large area of high pressure will settle over the near Continent and remain slow moving for a few days. An Atlantic cold front will then make slow progress eastwards across the United Kingdom on Tuesday.

#### Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Westerly backing southerly or southwesterly 5 or 6, occasionally 4 in south.

Moderate or rough north and west of Orkney, otherwise slight or moderate.

Showers then occasional rain.

Moderate or good.

Outlook for the following 24 hours:

Southerly 5 to 7, decreasing 4 at times in south.

Slight in sheltered south otherwise moderate or rough.

Occasional rain or drizzle.

Moderate or good, occasionally poor.

#### Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

West backing southwest 4 or 5, occasionally 6.

Slight or moderate.

Occasional rain later.

Good.

Outlook for the following 24 hours:

Southwest backing south 4 or 5, occasionally 6.

Slight or moderate.

Occasional rain.

Moderate or good.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Northwest backing southwest 4 or 5, occasionally 6 later.

Slight or moderate.

Fair.

Good.

Outlook for the following 24 hours:

South or southwest 4 or 5.

Slight or moderate.

Occasional rain.

Moderate or good.

#### Whitby to Gibraltar Point

24 hour forecast:

Northwest backing southwest 4 or 5, decreasing 3 or 4 for a time.

Slight or moderate.

Fair.

Good, occasionally poor near shore at first.

Outlook for the following 24 hours:

South or southwest 4 or 5.

Slight or moderate.

Mainly fair.

Moderate or good.

Gibraltar Point to North Foreland

24 hour forecast:

Northwesterly backing southwesterly 3 or 4, occasionally 5 in north.

Slight or moderate.

Fair.

Good, occasionally poor near shore at first.

Outlook for the following 24 hours:

Southerly or southwesterly 4 or 5.

Slight or moderate.

Mainly fair.

Moderate or good, occasionally poor at first.

North Foreland to Selsey Bill

24 hour forecast:

Variable, becoming southerly later, 2 or 3, occasionally 4.

Mainly slight.

Fair.

Good.

Outlook for the following 24 hours:

Southerly or southwesterly 4 or 5.

Slight or moderate.

Occasional rain or drizzle.

Moderate or good.

Selsey Bill to Lyme Regis

24 hour forecast:

Northeast becoming variable, then south later, 2 or 3, occasionally 4.

Slight or moderate.

Occasional rain later.

Mainly good.

Outlook for the following 24 hours:

South 4 or 5.

Slight or moderate.

Occasional rain or drizzle.

Moderate or good.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

East or northeast veering south or southwest 2 or 3, occasionally 4.

Slight or moderate, but rough at first in far west.

Fair then occasional rain or drizzle.

Moderate or good, occasionally poor later.

Outlook for the following 24 hours:

South or southwest 4 or 5.

Slight or moderate, becoming moderate or rough in far west.

Occasional rain or drizzle.

Mainly moderate, occasionally poor.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Easterly veering southerly 3 or 4, occasionally 5 in far northwest.

Slight in east, moderate or rough in west.

Fair then occasional rain or drizzle.

Moderate or good.

Outlook for the following 24 hours:

Southerly 3 or 4, increasing mainly 5 in west, occasionally 6 near headlands in far southwest and far northwest later.

Slight in east, moderate or rough in west.

Occasional rain or drizzle.  
Moderate or good, occasionally poor.

St Davids Head to Great Orme Head, including St Georges Channel  
24 hour forecast:  
South or southeast 2 or 3, occasionally 4, increasing 4 or 5 later.  
Slight or moderate.  
Fair then occasional rain or drizzle.  
Moderate or good.

Outlook for the following 24 hours:  
Southerly 4 or 5, occasionally 6 near western headlands.  
Slight or moderate.  
Occasional rain and drizzle.  
Mainly moderate, occasionally poor.

Great Orme Head to the Mull of Galloway  
24 hour forecast:  
Variable becoming southerly or southeasterly 3 or 4, increasing 4 or 5 in north later.  
Slight or moderate.  
Occasional rain later.  
Moderate or good.

Outlook for the following 24 hours:  
Southerly 4 or 5, occasionally 6 in north.  
Slight or moderate.  
Occasional rain or drizzle.  
Moderate or good, occasionally poor.

Isle of Man - (SWW)  
24 hour forecast:  
Variable 2 or 3 becoming south or southwest 4 or 5, increasing 5 or 6 later.  
Smooth or slight, becoming slight or moderate.  
Mainly fair, occasional rain later.  
Moderate or good, occasionally poor later.

Outlook for the following 24 hours:  
South or southwest 5 or 6.  
Slight or moderate.  
Occasional rain.  
Moderate or good, occasionally poor.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
Southwest 3 or 4 backing south 4 or 5, occasionally 6.  
Slight or moderate.  
Fair then occasional rain or drizzle.  
Moderate or good.

Outlook for the following 24 hours:  
South 5 or 6.  
Slight or moderate.  
Rain or drizzle, showers later.  
Mainly moderate, occasionally poor, becoming good later.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)  
24 hour forecast:  
Southwesterly 3 or 4 backing southerly 4 or 5, occasionally 6.  
Slight or moderate.  
Fair then occasional rain or drizzle.  
Moderate or good.

Outlook for the following 24 hours:

Southerly 5 or 6.

Slight or moderate.

Rain or drizzle, showers later.

Mainly moderate, occasionally poor, becoming good later.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

Southwest backing south 3 or 4 increasing 5 to 7.

Slight in shelter, otherwise moderate or rough.

Occasional rain or drizzle.

Moderate or good, occasionally poor later.

Outlook for the following 24 hours:

South 5 to 7, veering southwest 4 or 5 later.

Slight in shelter, otherwise moderate or rough.

Rain or drizzle, showers later.

Mainly moderate, occasionally poor, becoming good later.

The Minch - (SWW)

24 hour forecast:

Southwest 4 or 5 backing south 6 or 7, perhaps gale 8 later.

Slight or moderate, but mainly rough in far north and far south.

Occasional rain or drizzle.

Moderate or good, occasionally poor later.

Outlook for the following 24 hours:

South 6 to gale 8 veering southwest 4 or 5.

Slight in shelter otherwise moderate or rough.

Rain or drizzle, showers later.

Mainly moderate, occasionally poor, becoming good later.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

Southwest 4 or 5 backing south 6 or 7, perhaps gale 8 later.

Rough or very rough.

Occasional rain or drizzle.

Moderate or good, occasionally poor later.

Outlook for the following 24 hours:

South 6 to gale 8 veering southwest 4 or 5.

Rough or very rough.

Rain or drizzle, showers later.

Mainly moderate, occasionally poor, becoming good later.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Sunday 04 Jan 2015 at 0000 UTC until Sunday 04 Jan 2015 at 1200 UTC

Shetland Isles

General Situation

A ridge will decline east or southeast away from Shetland and the surrounding waters, as a low complex tracks northeast towards Iceland.

Gale Warnings in operation for Sea Area Fair Isle: Northwesterly gale force 8 in operation at time of issue.

West or northwest becoming cyclonic 5 or 6, occasionally 7 at first, decreasing 4 for a time.

Moderate or rough.

Wintry showers then rain.

Moderate or good.

Outlook for 12 Hours from 1200 UTC on Sunday 04 Jan until 0000 UTC on Monday 05 Jan:

Cyclonic becoming south or southwest 5 or 6.

Moderate or rough.

Occasional rain.

Moderate or good.

Channel Islands

24 hour forecast:

Locally west or variable 2 to 4 in the south of the area, otherwise northeast 3 to 4, perhaps 5 at first, veering east to southeast 2 to 4 during the morning, becoming generally southerly 3 to 4 in the evening.

Moderate, locally rather rough at first, decreasing slight to moderate by afternoon.

Occasional rain and drizzle jersey southwards, mostly clearing by morning patchy rain or drizzle from mid-afternoon.

Good, locally moderate to poor in drizzle.

Outlook for the following 24 hours:

Southerly 3 to 4, increasing 4 to 5 in the evening.

Slight to moderate with swell.

Risk of a little patchy light rain and drizzle.

Good, perhaps moderate to poor at times.

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