

Issued by the Met Office at 0500 UTC on Friday 03 April 2009

Ser. No. 7

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

High pressure declining eastwards, with front moving east across the United Kingdom later today, then clearing east during Saturday, with pressure building across southern areas.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Southeasterly 4 or 5, occasionally 6 in east, veering westerly later.

Fog banks in east.

Moderate or good, occasionally very poor in east.

Slight or moderate.

Outlook for the following 24 hours:

West 4 or 5 veering northwest 5 or 6, backing southwest later.

Occasional rain, fog banks at first in east.

Moderate or good, occasionally very poor at first in east.

Slight or moderate.

Rattray Head to Berwick on Tweed

24 hour forecast:

Southerly veering southwesterly 4 or 5, occasionally 6 for a time in north.

Fog banks, rain later.

Moderate, occasionally very poor.

Slight, occasionally moderate in north.

Outlook for the following 24 hours:

Southwest 4 or 5 veering northwest 5 or 6, backing southwest 4 later.

Rain at first.

Moderate or poor becoming good.

Slight.

Berwick on Tweed to Whitby

24 hour forecast:

Southeast 3 or 4, veering west 5 later.

Fog banks.

Moderate, occasionally very poor.

Slight.

Outlook for the following 24 hours:

West 5 decreasing 3 or 4, backing southwest later.

Rain for a time.

Moderate or poor becoming good.

Slight.

Whitby to Gibraltar Point

24 hour forecast:

Variable 3 becoming south 4.

Fog banks.

Moderate, occasionally very poor.

Slight.

Outlook for the following 24 hours:

South veering west 4, becoming variable 3 later.

Rain for a time.

Moderate or poor becoming good.

Slight.

Gibraltar Point to North Foreland

24 hour forecast:

Northerly 3 or 4 becoming variable 3, then southwesterly 4 later.

Fog banks.

Moderate, occasionally very poor.

Slight.

Outlook for the following 24 hours:

Southwesterly veering westerly 3 or 4, becoming variable 3 later.

Rain for a time.

Moderate or poor becoming good.

Slight.

North Foreland to Selsey Bill

24 hour forecast:

Northerly 3 or 4 backing southwesterly 4 or 5.

Fog patches, rain later.

Moderate, occasionally very poor.

Slight.

Outlook for the following 24 hours:

Southwesterly veering westerly 4 or 5, becoming variable 3 later.

Rain at first.

Moderate or poor becoming good.

Slight.

Selsey Bill to Lyme Regis

24 hour forecast:

Variable 3 becoming southwest 4 or 5.

Fog patches, rain later.

Moderate, occasionally poor later.

Slight.

Outlook for the following 24 hours:

Southwest veering northwest 4 or 5, becoming variable 3 later.

Rain at first.

Moderate or poor becoming good.

Slight.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Variable 3 becoming south 4, then northwest 5 or 6 later.

Fog patches, rain for a time, fair later.

Moderate, occasionally very poor, becoming good later.

Slight, but moderate in west.

Outlook for the following 24 hours:

Northwest 5 or 6 decreasing 3 or 4, becoming variable later.

Mainly fair.

Good.

Slight, but moderate in west, occasionally rough for a time.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Variable 3 becoming south 4, veering northwest 5 or 6 later.

Fog patches, rain for a time, fair later.

Moderate, occasionally very poor, becoming good later.

Slight or moderate.

Outlook for the following 24 hours:

Northwest 5 or 6 decreasing 3 or 4, becoming variable later.

Mainly fair.

Good.

Slight or moderate, occasionally rough for a time in southwest.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

Southerly 3 or 4, occasionally 5 in west, veering northwesterly 5 or 6 later.

Fog patches, rain for a time, fair later.

Moderate, occasionally very poor, becoming good later.

Slight, occasionally moderate later.

Outlook for the following 24 hours:

Northwest 5 or 6 backing southwest 3 or 4.

Mainly fair.

Good.

Slight, occasionally moderate at first.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

Southeasterly 3 or 4, occasionally 5 in northwest, veering westerly 5 later.

Fog patches, rain later.

Moderate, occasionally poor later.

Slight, occasionally moderate later.

Outlook for the following 24 hours:

West veering northwest 5, then backing southwest 3 or 4.

Rain at first.

Moderate or poor becoming good.

Slight, occasionally moderate at first.

Isle of Man

24 hour forecast:

Southeast 3 or 4 veering southwest 4 or 5, veering west later.

Fog patches, rain for a time, fair later.

Moderate, occasionally very poor, becoming good later.

Slight.

Outlook for the following 24 hours:

West veering northwest 4 or 5, then backing southwest 3 or 4.

Fair.

Good.

Slight.

Lough Foyle to Carlingford Lough

24 hour forecast:

Southeast 4 or 5, occasionally 6 for a time, veering northwest 5 or 6 later.

Rain for a time.

Good, becoming moderate or poor for a time.

Slight, but moderate in north.

Outlook for the following 24 hours:

Northwest 5 or 6 backing southwest 4 or 5, decreasing 3 for a time.

Showers.

Mainly good.

Slight, but moderate in north.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel

24 hour forecast:

Southeast 4 or 5, occasionally 6 for a time, veering northwest 5 or 6 later.

Rain for a time.

Good, becoming moderate or poor for a time.

Slight, occasionally moderate in North Channel.

Outlook for the following 24 hours:

Northwest 5 or 6 backing southwest 4 or 5, decreasing 3 for a time.  
Showers.

Mainly good.

Slight, occasionally moderate in North Channel.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Southeast 5 or 6, veering northwest later.

Rain for a time.

Good, becoming moderate or poor for a time.

Moderate or rough.

Outlook for the following 24 hours:

Northwest backing southwest 5 or 6.

Showers.

Moderate or good.

Moderate or rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

Southeasterly 5 or 6, occasionally 7 in west, veering southerly 4 later.

Rain for a time.

Good, becoming moderate or poor for a time.

Moderate or rough.

Outlook for the following 24 hours:

South 4 veering northwest 5 or 6, then backing southwest 5 or 6.

Showers.

Moderate or good.

Moderate or rough.

Shetland Isles

24 hour forecast:

South 4 or 5.

Fog patches.

Good, occasionally very poor.

Moderate or rough.

Outlook for the following 24 hours:

South 4 or 5 veering northwest 5 or 6, backing southwest 5 later.

Fog patches then rain, fair later.

Good, occasionally very poor, becoming good later.

Moderate or rough.

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