

Issued by the Met Office at 1100 UTC on Tuesday 03 February 2009

Ser. No. 76

Inshore Waters Forecast to 12 miles offshore from 1200 UTC to 1200 UTC

#### General Situation

Continuing cold and unsettled around the United Kingdom, with strong winds or gales at times in the north and west but lighter winds in the east.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Easterly 5 to 7, backing northeasterly 6 to gale 8 later.

Rain.

Moderate.

Moderate or rough, occasionally very rough.

Rattray Head to Berwick on Tweed

24 hour forecast:

Easterly 5 to 7, occasionally gale 8 at first in north, becoming variable then westerly 4 or 5.

Rain.

Moderate.

Very rough becoming moderate.

Berwick on Tweed to Whitby

24 hour forecast:

Southeast backing southwest 4 or 5.

Mainly fair.

Moderate or good.

Rough or very rough, becoming slight or moderate.

Whitby to Gibraltar Point

24 hour forecast:

Southerly 3 or 4, occasionally 5.

Mainly fair.

Moderate or good.

Moderate or rough, becoming slight or moderate.

Gibraltar Point to North Foreland

24 hour forecast:

Southwesterly, backing southeasterly later, 3 or 4.

Mainly fair.

Moderate or good.

Slight or moderate.

North Foreland to Selsey Bill

24 hour forecast:

Southwesterly backing southeasterly 4 or 5, occasionally 6 in west.

Squally wintry showers.

Moderate or good.

Slight or moderate.

Selsey Bill to Lyme Regis

24 hour forecast:

Southwesterly backing southeasterly 4 or 5, increasing 6 at times.

Squally wintry showers.

Good, occasionally poor.

Slight or moderate.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southwest backing southeast 4 or 5, increasing 6 or 7 at times.  
Squally wintry showers.  
Good, occasionally poor.  
Moderate, occasionally rough later in west.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

South or southwest backing southeast 5 or 6, increasing 7 or gale 8  
for a time in northwest.  
Squally wintry showers.  
Good, occasionally poor.  
Slight or moderate, increasing rough later in southwest.

St Davids Head to Great Ormes Head, including St Georges Channel

24 hour forecast:

Mainly south or southwest 5 to 7, increasing gale 8 for a time in  
south.  
Squally wintry showers.  
Good, occasionally poor.  
Slight or moderate.

Great Ormes Head to the Mull of Galloway

24 hour forecast:

East or southeast 5 or 6, decreasing 4 later.  
Wintry showers.  
Moderate or good, occasionally poor.  
Slight or moderate.

Isle of Man

24 hour forecast:

East or southeast 5 or 6, decreasing 4.  
Wintry showers.  
Moderate or good, occasionally poor.  
Moderate, becoming mainly slight.

Lough Foyle to Carlingford Lough

24 hour forecast:

Easterly 5 or 6, occasionally 7 at first, decreasing 4 later.  
Showers, squally later.  
Moderate or good.  
Slight or moderate, occasionally rough in northwest.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde  
and the North Channel

24 hour forecast:

Easterly 5 or 6, occasionally 7 at first, decreasing 3 or 4 later.  
Rain or snow then showers.  
Moderate or good.  
Slight or moderate.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

East or northeast 5 or 6, decreasing 3 or 4.  
Rain and snow then showers.  
Moderate or good.  
Slight or moderate, occasionally rough at first in north.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

Northeast 5 to 7, increasing gale 8 at times, perhaps severe gale 9  
at times later.  
Rain and snow.  
Moderate or good.  
Moderate or rough, occasionally very rough later in west.

Shetland Isles

24 hour forecast:

Easterly backing northerly 3 or 4, increasing 6 to gale 8 later.

Wintry showers.

Moderate or good.

Moderate or rough, increasing rough or very rough.

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