

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart  
Forecast valid from 00:00 on Sunday 02 Jul 2023 until 23:59 on Monday 03 Jul 2023

Forecast Issued on Saturday 01 Jul 2023 at 14:25 by Met Office Aberdeen

**Confidence:** High for changeable weather over next few days with sunshine and showers. Also cold and windy on the tops although winds easing on Tuesday.

**Headline for Sunday 02 Jul 2023:** Sunny intervals. Blustery showers. Cold and windy on higher ridges/summits.

### Mountain weather hazards on Sunday 02 Jul 2023

**Blizzards**  
No Likelihood

**Heavy persistent snow**  
No Likelihood

**Storm force winds**  
No Likelihood

**Gales**  
Medium Likelihood

**Severe chill effect**  
Low Likelihood

**Poor visibility**  
Low Likelihood

**Thunderstorms**  
Low Likelihood

**Heavy persistent rain**  
No Likelihood

**Strong sunlight**  
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Partly cloudy (night)	Partly cloudy (night)	Light rain showers	Light rain showers	Light rain showers	Heavy rain showers	Light rain showers	Light rain showers
Precipitation probability							
20%	20%	30%	50%	50%	50%	40%	30%

### Forecast for Sunday 02 Jul 2023

**Weather:** Bright with sunny interludes and blustery showers. Some of the showers will be heavy, possibly thundery but passing by quickly. Showers becoming fewer and lighter during evening.

**Chance of cloud-free hill tops above 800m:** 70%

**Low cloud and visibility:** Generally very good visibility with occasional cloud cover about 700 to 800m with a canopy of higher level cloud over north Highlands. Marked reductions to poor visibility as heavier showers come along with briefly more extensive cloud cover lower down the hills.

**Forecast for Sunday 02 Jul 2023**

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
<b>1000</b>	34/42 W	36/45 W	31/40 W	29/38 W	28/38 W	28/38 W	27/37 W	26/34 W	24/32 W
<b>900</b>	32/41 W	34/43 W	30/39 W	28/37 W	28/38 W	28/38 W	26/36 W	25/33 W	23/32 W
<b>600</b>	22/30 W	23/31 W	21/29 W	21/29 W	21/31 W	21/32 W	20/29 W	18/26 W	17/25 W
<b>300</b>	8/32 W	10/34 W	9/30 W	9/30 W	11/32 W	11/31 W	10/29 W	8/26 W	7/24 W
<b>Glen</b>	17/31 W	15/28 W	15/27 W	16/28 W	15/28 W	16/29 W	14/27 W	12/22 W	10/20 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
<b>1000</b>	4/-3	3/-4	3/-3	4/-2	5/-2	5/-1	4/-2	3/-3	3/-2
<b>900</b>	4/-2	4/-3	4/-2	5/-1	6/0	6/0	5/-1	4/-2	4/-1
<b>600</b>	7/2	7/2	7/2	8/3	8/4	8/4	7/3	7/2	6/2
<b>300</b>	9/7	9/7	9/7	11/9	12/10	12/10	10/8	9/7	9/7
<b>Glen</b>	12/9	12/9	12/9	13/10	14/11	14/11	13/10	12/10	11/9
<b>Freezing Level*</b>	1600m	1500m							

\*Level above which ground is expected to be frozen/snow is expected to settle.

**Met Office Aberdeen Meteorologist's View**

Some difficult walking conditions on higher slopes due to combination of strong winds, lower temperatures and sharp showers passing by.

**Forecast for Monday 03 Jul 2023**

**Weather:** Another day of sunny spells and showers. A few heavy showers are expected but passing by quickly leaving a lot of dry weather during the day.

**Maximum wind:** Westerly winds, average speeds of 25 to 30mph with gusts 45mph on the tops.

**Chance of cloud-free hill tops above 800m:** 80%

**Low cloud and visibility:** Very good visibility with patchy cloud cover about 700 to 800m. Brief interruptions to poorer visibility as heavier showers pass by.

**Temperature:** **Glens:** 8 Celsius rising to 16 Celsius.

**At 800m:** 8 Celsius.

**Freezing level:** Above the summits.