

Issued by the Met Office at 0400 UTC on Thursday 01 July 2010

Ser. No. 90

Inshore Waters Forecast to 12 miles offshore  
for the period 0600 UTC Thursday 01 July to 0600 UTC Friday 02 July 2010

#### General Situation

A deep low centred over the western Atlantic, will push associated fronts eastwards across the United Kingdom, these becoming almost stationary over southeast England later on Friday.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Southeast 5 to 7, veering south 4 or 5 later.

Slight or moderate.

Occasional rain, showers later.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

South 4 or 5, increasing 6 at times.

Slight or moderate, occasionally rough in far northwest.

Showers.

Good.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Southeast 5 or 6, veering south 4 or 5.

Slight or moderate.

Occasional rain, fair later.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

South or southwest 4 or 5, increasing 6 for a time near Rattray Head.

Slight or moderate.

Fair then showers.

Good.

Berwick upon Tweed to Whitby

24 hour forecast:

Southeast, veering south, 4 or 5.

Smooth or slight.

Mainly fair then rain at times, fair later.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

South, veering southwest, 3 or 4, increasing 5 at times.

Smooth or slight.

Fair then showers.

Good.

Whitby to Gibraltar Point

24 hour forecast:

Southeast, veering south or southwest, 3 or 4, increasing 5 for a time.

Smooth or slight.

Mainly fair then rain at times.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

South or southwest 3 or 4, increasing 5 for a time.

Smooth or slight.

Occasional rain then fair.

Moderate or good, occasionally poor.

Gibraltar Point to North Foreland

24 hour forecast:

Southerly, backing southeasterly for a time, 3 or 4.

Smooth or slight.

Fog patches then fair.

Moderate or good, occasionally very poor.

Outlook for the following 24 hours:

Southerly, veering westerly later, 3 or 4.

Smooth or slight.

Mainly fair, then rain or showers, thundery later.

Moderate or good, occasionally poor.

North Foreland to Selsey Bill

24 hour forecast:

Southwesterly, backing southeasterly for a time, 3 or 4.

Smooth or slight.

Fog patches then fair.

Moderate or good, occasionally very poor.

Outlook for the following 24 hours:

Southwesterly, veering westerly, 3 or 4.

Smooth or slight.

Mainly fair, then rain or showers, thundery later.

Moderate or good, occasionally poor.

Selsey Bill to Lyme Regis

24 hour forecast:

Southerly, veering southwesterly 3 or 4, increasing 5 for a time in west.

Smooth or slight.

Fog patches for a time in east, rain later in west.

Moderate or good, occasionally very poor in east.

Outlook for the following 24 hours:

Westerly or southwesterly 3 or 4.

Smooth or slight, occasionally moderate in west.

Rain or showers, thundery later in far east.

Moderate or good, occasionally poor.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Southerly 4 or 5, but 6 in west, veering southwesterly 3 or 4 later.

Slight or moderate, occasionally rough in west.

Rain at times, showers later in west.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Westerly or southwesterly 3 or 4, increasing 5 at times.

Slight or moderate, occasionally rough in west.

Showers, rain at first in far east.

Moderate or good, occasionally poor at first in far east.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Southerly, veering southwesterly later, 3 or 4, but 5 or 6 for a time in west.

Slight or moderate, occasionally rough in west.

Rain at times, showers later.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Westerly or southwesterly 3 or 4, increasing 5 at times.

Slight or moderate, occasionally rough in west.

Showers.

Good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

Southeasterly 5 to 7, veering southerly 4 or 5.

Moderate occasionally slight at first.

Rain at times, showers later.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Southerly, veering southwesterly, 4 or 5, increasing 6 for a time in north.

Moderate.

Showers.

Good.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

Southeast 5 to 7, veering south or southwest 4 or 5 later.

Slight or moderate, occasionally rough in north.

Rain at times, showers later.

Moderate occasionally poor, becoming good.

Outlook for the following 24 hours:

South or southwest, 4 or 5, increasing 6 at times.

Slight or moderate.

Showers.

Good.

Isle of Man - (SWW)

24 hour forecast:

South or southeast, veering south or southwest 5 or 6, occasionally 7 at first, decreasing 4 or 5.

Slight or moderate, occasionally rough at first.

Rain at first.

Moderate, occasionally poor at first, becoming good.

Outlook for the following 24 hours:

South, veering southwest, 4 or 5, increasing 6 at times.

Slight or moderate.

Fair.

Good.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

Southeast 5 to 7, occasionally gale 8 at first, veering south 4 or 5.

Slight or moderate, occasionally rough.

Rain at times, fair later.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

South, veering southwest, 4 or 5, increasing 6 at times.

Slight or moderate, occasionally rough west of Rathlin Island.

Fair then showers.

Good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Southeast 5 to 7, occasionally gale 8 at first in North Channel, veering south 4 or 5.

Slight or moderate, occasionally rough in North Channel.

Rain at times, fair later.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

South, veering southwest, 4 or 5, increasing 6 at times.  
Slight or moderate.  
Fair then showers.  
Good.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

Southeast 5 to 7, occasionally gale 8 at first, veering south 5 or 6.

Moderate or rough.

Rain at times, showers later.

Moderate occasionally poor, becoming good.

Outlook for the following 24 hours:

South or southwest 5 or 6, decreasing 4 at times.

Moderate or rough, occasionally very rough later in far west.

Showers.

Good.

The Minch - (SWW)

24 hour forecast:

Southeast 5 to 7, occasionally gale 8 at first, decreasing 4 for a time.

Slight or moderate, becoming rough in far south.

Rain then squally showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Southeast, veering south or southwest, 5 or 6, increasing 7 at times.

Moderate or rough, occasionally slight at first in north, becoming very rough later in far south.

Squally showers.

Good.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

Southeast 5 to 7, occasionally gale 8 at first, decreasing 4 for a time.

Rough, but moderate for a time in north.

Rain then squally showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Southeast, veering south or southwest, 5 or 6, increasing 7 at times.

Rough or very rough.

Squally showers.

Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Thursday 01 Jul 2010 at 0600 UTC until Thursday 01 Jul 2010 at 1800 UTC

Shetland Isles

General Situation

A deep depression west of Ireland will slowly drift north towards Iceland with various frontal troughs moving north and east across Shetland waters during the next few days.

Gale Warnings in operation for Sea Area Fair Isle: Nil

Southeast 4 or 5 in the east at first otherwise 6, occasionally 7 weather: fair in the east at first, otherwise mist patches. rain later.

Slight in the east at first otherwise moderate becoming occasionally rough in the northwest.

Good becoming moderate, occasionally poor, in the west.

Outlook for 12 Hours from 1800 UTC on Thursday 01 Jul until 0600 UTC on Friday 02 Jul:

Southeast 6, occasionally 7 at first, easing 4 or 5 in the west.

Moderate, occasionally rough in the northwest.

Rain, mist patches.

Moderate, occasionally poor.

Channel Islands

24 hour forecast:

South to southeast, 2 in the south to 4 in the north of the area, becoming southerly 4 this evening occasionally 5 in the north tonight.

Smooth to slight, becoming slight to moderate.

Occasional rain in the west of the area this evening, spreading slowly east.

Good, locally moderate later.

Outlook for the following 24 hours:

Southerly 4, decreasing 2 to 3 and veering northwest later Friday or early Saturday.

Mainly slight with a low swell.

Occasional rain near front with mist and fog patches, clearing from the west later Friday.

Good, becoming locally poor to very poor for time.

(c) Crown Copyright 2010