

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Monday 05 Jul 2021 until 23:59 on Tuesday 06 Jul 2021

Forecast Issued on Sunday 04 Jul 2021 at 16:42 by Met Office Aberdeen

Confidence: Low for Monday, large uncertainty in extent and intensity of the rain, particularly in the north.
Moderate for general developments through the rest of the period, but low for Tuesday night.

Headline for Monday 05 Jul 2021: Cloudy with outbreaks of rain. Often heavy with a risk of thunder in the afternoon.

Mountain weather hazards on Monday 05 Jul 2021

Blizzards
No Likelihood

Heavy Snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
Medium Likelihood

Heavy persistent rain
Medium Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Light rain	Heavy Rain	Heavy Rain	Light rain				
Precipitation probability							
30%	30%	20%	30%	60%	60%	60%	40%

Forecast for Monday 05 Jul 2021

Weather: Dry through the early hours and much of the morning north of Torridon, some sunny spells in the northwest, but low cloud for the Caithness hills. Further south, outbreaks of rain. The rain may become more widespread by the afternoon, although always likely to be heaviest to the south of Assynt, with a risk of thunder. Rain is likely to ease in intensity through the evening.

Chance of cloud free mountain/hill tops above 800m: 40% in the east, 70% in the west.

Visibility: Generally moderate to poor for much of the day with cloud frequent above 600-800m in the east, but more occasional above 900m in the west. Cloud lowering to around 500-600m in the evening across Knoydart and perhaps the Cuillins.

Forecast for Monday 05 Jul 2021

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	11/14 E	12/16 E	17/22 E	16/23 E	15/22 E	14/19 E	11/15 SE	10/14 S	9/13 S
900	11/14 E	12/16 E	17/23 E	17/23 E	15/22 E	14/20 E	10/15 SE	10/14 S	9/13 S
600	8/11 E	9/14 E	12/18 E	13/19 E	12/18 E	10/16 E	8/13 SE	7/12 S	7/11 S
300	4/10 E	4/12 E	6/15 E	7/17 E	7/17 E	6/15 E	5/11 SE	4/10 S	4/9 SW
Glen	5/7 E	6/9 E	9/15 NE	10/16 E	10/17 E	8/14 SE	5/10 E	5/10 S	4/8 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	10/8	10/7	9/6	9/5	10/6	10/7	9/7	8/6	8/5
900	11/9	10/8	10/6	10/6	10/8	10/8	10/8	9/7	8/6
600	13/12	12/11	12/10	12/10	13/11	13/11	12/11	11/10	11/9
300	14/14	14/13	13/13	15/14	16/15	15/14	14/14	13/13	12/12
Glen	16/16	16/15	16/15	18/16	18/17	17/16	16/16	15/15	14/14
Freezing Level*	2600m	2600m	2600m	2600m	2600m	2600m	2500m	2500m	2400m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Moderate UV levels from late morning despite rather cloudy conditions. Note a risk of thunderstorms, especially in the afternoon.

Forecast for Tuesday 06 Jul 2021

Weather: Cloudy with showery outbreaks of rain. This likely to persist for much of the day with some heavier outbreaks, particularly in the afternoon.

Maximum wind: Light and variable becoming West or Southwest 10 mph.

Chance of cloud free mountain/hill tops above 800m: 10-20%, perhaps 60% in the afternoon and evening.

Visibility: Generally poor with cloud extensive above 500m early morning, rising to around 800-900m by late morning. Large uncertainty in cloud bases during the afternoon and evening, but a good chance of being above the summits.

Temperature: **Glens:** Plus 13 Celsius rising to 18 Celsius.
At 800m: Plus 8 Celsius rising to 10 Celsius.
Freezing level: Above the summits.