

Issued by the Met Office at 0001 UTC on Sunday 04 August 2013

Ser. No. 5

Inshore Waters Forecast to 12 miles offshore  
for the period 0000 UTC Sunday 04 August to 0000 UTC Monday 05 August 2013

#### General Situation

Low pressure centred to the northwest of Scotland will gradually move away northeastwards and fill. Another Atlantic low is expected to move northeastwards across great Britain during Monday.

#### Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

South or southwest 5 to 7, occasionally gale 8 at first near Cape Wrath, decreasing 3 or 4 later.

Moderate or rough in north, slight or moderate in south.

Rain or showers, becoming mainly fair later.

Moderate or good.

Outlook for the following 24 hours:

Southwesterly becoming variable 3 or 4, then becoming northwesterly 5 later in east.

Moderate in north, slight or moderate in south.

Rain for a time in east.

Good, becoming moderate or poor for a time in east.

#### Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Southerly or southwesterly 4 or 5, occasionally 6 in north, becoming variable 3 at times in south.

Slight or moderate.

Thundery showers.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Mainly south becoming variable, 3 or 4, then becoming west or northwest 5 later.

Slight or moderate.

Rain or showers, becoming fair later.

Moderate or good, occasionally poor, becoming good.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

South or southwest 4 or 5, increasing 6 at times.

Slight, occasionally moderate.

Thundery showers, rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

South veering west 4 or 5, decreasing 3 at times.

Slight or moderate.

Rain or showers, becoming fair later.

Moderate or good, occasionally poor, becoming good.

#### Whitby to Gibraltar Point

24 hour forecast:

South or southwest 4 or 5, decreasing 3 at times.

Slight, occasionally moderate.

Showers, thundery at first, rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

South 4 or 5, increasing 6 at times, veering west 3 or 4 later.

Slight or moderate.

Rain or thundery showers, becoming fair later.  
Moderate or good, becoming good.

Gibraltar Point to North Foreland  
24 hour forecast:  
Southerly or southwesterly 4 or 5.  
Slight, occasionally moderate.  
Mainly fair.  
Moderate or good.

Outlook for the following 24 hours:  
Southerly or southeasterly, veering westerly or southwesterly later, 4 or 5,  
increasing 6 at times.  
Slight, occasionally moderate.  
Rain or thundery showers, becoming fair later.  
Good, becoming moderate or poor for a time.

North Foreland to Selsey Bill  
24 hour forecast:  
Southerly or southwesterly, backing southeasterly later, 3 or 4, increasing 5 at  
times.  
Slight, occasionally moderate.  
Fair.  
Moderate or good.

Outlook for the following 24 hours:  
Southerly or southeasterly 3 or 4, veering westerly or southwesterly 5 to 7  
later.  
Slight or moderate.  
Rain or thundery showers for a time.  
Good, becoming moderate or poor for a time.

Selsey Bill to Lyme Regis  
24 hour forecast:  
Southwest backing south or southeast, 4 or 5, decreasing 3 for a time.  
Slight or moderate.  
Fair then rain or showers.  
Good, becoming moderate later.

Outlook for the following 24 hours:  
South 4 or 5, becoming cyclonic then west 5 to 7 later.  
Moderate, occasionally rough at first, becoming slight or moderate.  
Rain or thundery showers, becoming fair later.  
Moderate or good, occasionally poor.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)  
24 hour forecast:  
Southerly or southwesterly 4 or 5, increasing 6 at times, but occasionally 7  
later in west.  
Slight or moderate becoming moderate or rough.  
Rain or thundery showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
South becoming cyclonic 5 to 7, perhaps gale 8 for a time, then becoming west or  
northwest 4 or 5 later.  
Moderate or rough becoming slight or moderate.  
Rain or thundery showers then fair.  
Moderate or poor, becoming good.

Lands End to St Davids Head including the Bristol Channel - (SWW)  
24 hour forecast:  
South or southwest 4 or 5, increasing 6 at times.  
Moderate occasionally rough in west, slight or moderate in east.

Rain or thundery showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
South 4 or 5, becoming cyclonic then north or northwest 5 to 7, then backing west or northwest 4 or 5 later.  
Slight or moderate, occasionally rough at first in west.  
Rain or thundery showers then fair.  
Moderate or poor, becoming good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
South or southwest 4 or 5, increasing 6 at times.  
Slight or moderate.  
Rain or thundery showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
South veering north or northwest, 4 or 5, increasing 6 at times, then backing west 3 later.  
Slight or moderate.  
Rain or thundery showers then fair.  
Good, occasionally poor at first.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
South or southwest backing south or southeast, 4 or 5, increasing 6 at times.  
Slight or moderate.  
Thundery showers, rain later.  
Moderate or good, occasionally poor later.

Outlook for the following 24 hours:  
South or southeast 4 or 5 veering northwest 5 or 6, then backing west 4 later.  
Slight or moderate.  
Rain or thundery showers then fair.  
Good, occasionally poor at first.

Isle of Man - (SWW)  
24 hour forecast:  
Southwest 4 or 5, occasionally 6 at first, backing south or southeast 3 or 4 later.  
Slight or moderate.  
Showers then rain.  
Good, becoming moderate or poor later.

Outlook for the following 24 hours:  
South veering northwest 3 or 4, increasing 5 for a time, then backing west 4 later.  
Slight or moderate.  
Rain then fair.  
Moderate or poor, becoming good.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
Southerly or southwesterly 4 or 5, occasionally 6 at first in southeast, becoming variable 2 or 3 later.  
Slight or moderate.  
Showers, thundery at first.  
Good, occasionally poor.

Outlook for the following 24 hours:  
Variable 2 or 3 becoming northwest 4 or 5, then backing west later.  
Slight or moderate.  
Showers.

Good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

South or southwest 4 or 5, occasionally 6 at first, becoming variable 2 or 3 later.

Slight or moderate.

Showers, thundery at first.

Good, occasionally poor.

Outlook for the following 24 hours:

Variable 2 or 3 becoming northwest 4 or 5, then backing west later.

Slight or moderate.

Showers.

Moderate or good.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

South or southwest 4 or 5, occasionally 6 at first, becoming variable 2 or 3 later.

Moderate or rough becoming slight or moderate.

Showers.

Good, occasionally poor.

Outlook for the following 24 hours:

Variable 2 or 3 becoming west or northwest 4 or 5.

Slight or moderate.

Showers.

Good.

The Minch - (SWW)

24 hour forecast:

Southerly or southwesterly 5 to 7, occasionally gale 8 at first in north, decreasing 3 or 4 later.

Moderate or rough becoming slight or moderate.

Rain or showers.

Moderate or good.

Outlook for the following 24 hours:

Southerly or southwesterly, veering westerly or southwesterly later, 3 or 4, occasionally 5 later in south.

Slight or moderate.

Showers.

Good.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

Southerly or southwesterly 5 to 7, occasionally gale 8 at first in north, decreasing 3 or 4 later.

Rough or very rough becoming moderate.

Rain or showers.

Moderate or good.

Outlook for the following 24 hours:

Southerly or southwesterly, veering westerly or southwesterly later, 3 or 4, occasionally 5 later in south.

Slight or moderate.

Showers.

Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Sunday 04 Aug 2013 at 0000 UTC until Sunday 04 Aug 2013 at 1200 UTC

## Shetland Isles

### General Situation

Low pressure close to the Faeroes will move into the Norwegian Sea during Sunday.

Gale Warnings in operation for Sea Area Fair Isle: Southerly gale force 8 at time of issue

Southerly or southwesterly 6 or 7, occasionally gale 8 in west.  
Moderate or rough.  
Showers.  
Moderate or good.

Outlook for 12 Hours from 1200 UTC on Sunday 04 Aug until 0000 UTC on Monday 05 Aug:

Southerly or southwesterly 6 or 7 decreasing 4 or 5, occasionally 3 in south later.  
Moderate or rough.  
Showers.  
Moderate or good.

### Channel Islands

24 hour forecast:

Southerly or southwesterly 3 or 4, locally variable 1 to 3 in the east at first, occasionally 5 mid-channel in the morning, increasing 4 or 5 by midnight.  
Slight, locally moderate in the north at times.  
Occasional rain in the west Sunday evening.  
Good, locally moderate in rain later.

Outlook for the following 24 hours:

South 4 or 5, increasing 5 or 6 during the morning, veering west or southwest early afternoon, then west or northwest 4 or 5 by evening, further decreasing 3 or 4 later.  
Slight or moderate with a low swell, becoming moderate or rather rough for a time, perhaps locally rough.  
Occasional rain clearing early afternoon to become fair.  
Good, locally moderate or poor in rain.

(c) Crown Copyright 2013