

Issued by the Met Office at 0001 UTC on Friday 05 February 2016

Ser. No. 3

Inshore Waters Forecast to 12 miles offshore  
for the period 0000 UTC Friday 05 February to 0000 UTC Saturday 06 February  
2016

#### General Situation

A strong southwesterly airflow will maintain unsettled and windy conditions for the next few days. A very deep area of low pressure developing to the west of the United Kingdom will bring gales to many places on Saturday.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

South or southwest 5 to 7.

Slight or moderate in east, moderate or rough, occasionally very rough, in north.

Occasional rain, showers later.

Moderate or good, occasionally poor in north.

Outlook for the following 24 hours:

Southwest backing southeast 5 to 7.

Slight or moderate in east, moderate or rough, occasionally very rough, in north.

Showers, rain later.

Good, occasionally moderate.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

South or southwest 4 or 5, increasing 6 or 7 for a time.

Moderate or rough in northeast, otherwise slight or moderate.

Occasional rain.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest backing southeast 4 or 5, increasing 6 at times.

Slight or moderate becoming moderate or rough later.

Fair then occasional rain.

Moderate or good, occasionally poor.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Southwest 4 or 5, increasing 6 or 7 for a time.

Moderate.

Occasional rain, mainly later.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest backing south 4 or 5, increasing 6 to gale 8.

Moderate, occasionally rough later.

Fair then occasional rain.

Moderate or good, occasionally poor.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Southwest 4 or 5, increasing 6 or 7.

Slight or moderate.

Rain later.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest backing south 5 to 7, occasionally gale 8.

Slight or moderate, becoming moderate or rough.

Occasional rain.  
Moderate or good, occasionally poor.

Gibraltar Point to North Foreland - (SWW)  
24 hour forecast:  
Southwesterly 3 or 4, increasing 5 to 7.  
Slight or moderate, becoming moderate or rough later.  
Occasional drizzle.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southerly or southwesterly 5 to 7, occasionally gale 8.  
Moderate or rough.  
Occasional rain or drizzle.  
Moderate or good, occasionally poor.

North Foreland to Selsey Bill - (SWW)  
24 hour forecast:  
Westerly 4 or 5, backing southwesterly 5 to 7.  
Slight or moderate, becoming moderate or rough later.  
Occasional drizzle.  
Good, occasionally poor.

Outlook for the following 24 hours:  
Southerly or southwesterly 6 to gale 8, occasionally severe gale 9.  
Moderate or rough, occasionally very rough.  
Rain or drizzle.  
Moderate or good, occasionally poor.

Selsey Bill to Lyme Regis - (SWW)  
24 hour forecast:  
West 4 or 5, backing southwest 5 to 7.  
Slight or moderate, becoming moderate or rough later.  
Occasional drizzle.  
Good, occasionally poor.

Outlook for the following 24 hours:  
Southwest 5 to 7, backing south or southwest 7 to severe gale 9 for a time.  
Moderate or rough, becoming rough or very rough.  
Rain.  
Moderate or poor, occasionally good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)  
24 hour forecast:  
Southwest 4 or 5, increasing 6 or 7.  
Slight or moderate becoming moderate or rough, occasionally very rough later in far west.  
Occasional drizzle, rain later.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Southwest 5 to 7, backing south or southwest 7 to severe gale 9 for a time.  
Moderate or rough, becoming rough or very rough, occasionally high for a time.  
Rain, showers later.  
Moderate or poor, occasionally good.

Lands End to St Davids Head including the Bristol Channel - (SWW)  
24 hour forecast:  
Southwest 5 to 7, occasionally gale 8 for a time, becoming variable 4 later.  
Moderate or rough, becoming rough or very rough for a time.  
Occasional drizzle, rain later.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:

Variable 4, becoming south or southwest 5 to 7, occasionally gale 8, veering west later.

Moderate or rough becoming rough or very rough.

Rain, showers later.

Moderate or poor, occasionally good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

Southwest 6 to gale 8, decreasing 4 or 5 later.

Moderate or rough, becoming rough or very rough for a time.

Rain or drizzle, fair later.

Moderate or poor, becoming good later.

Outlook for the following 24 hours:

Southwest, backing south for a time, 4 or 5, increasing 6 to gale 8.

Moderate or rough, occasionally very rough in south.

Rain, showers later.

Moderate or poor, becoming good later.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

Southwest 4 or 5, increasing 6 to gale 8 for a time.

Slight or moderate, becoming moderate or rough for a time.

Rain or drizzle, fair later.

Moderate or poor, becoming good later.

Outlook for the following 24 hours:

Southwest, backing south for a time, 4 or 5, increasing 6 to gale 8.

Slight or moderate becoming moderate or rough.

Rain, showers later.

Moderate or poor, occasionally good.

Isle of Man - (SWW)

24 hour forecast:

South or southwest 5 or 6, increasing 7 or gale 8, then veering west or southwest 4 or 5 later.

Moderate becoming rough or very rough for a time.

Rain or drizzle, fair later.

Moderate or poor, occasionally good.

Outlook for the following 24 hours:

Southwest 4 or 5, backing south or southwest 6 or 7, occasionally gale 8, veering southwest 5 or 6 later.

Moderate becoming rough for a time.

Rain for a time.

Good becoming moderate or poor for a time.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

Southwest 5 to 7, veering west 4 or 5 for a time.

Slight or moderate, becoming moderate or rough.

Rain or drizzle, showers later.

Moderate or poor, becoming good later.

Outlook for the following 24 hours:

Mainly south 5 to 7, occasionally gale 8.

Moderate or rough.

Rain, showers later.

Moderate or poor, becoming good later.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Southwesterly 5 to 7, veering westerly 4 or 5 for a time.

Slight or moderate, becoming moderate or rough.  
Rain or drizzle, showers later.  
Moderate or poor, becoming good later.

Outlook for the following 24 hours:  
Mainly southerly 5 to 7, occasionally gale 8.  
Moderate or rough.  
Rain, showers later.  
Moderate or poor, becoming good later.

Mull of Kintyre to Ardnamurchan Point - (SWW)  
24 hour forecast:  
Southwest veering west for a time, 5 to 7, occasionally gale 8 at first.  
Rough or very rough.  
Rain, showers later.  
Moderate or poor, becoming mainly good later.

Outlook for the following 24 hours:  
West or southwest, backing southeast for a time, 5 to 7, occasionally gale 8.  
Rough or very rough.  
Rain or showers.  
Moderate or good, occasionally poor.

The Minch - (SWW)  
24 hour forecast:  
South or southwest 6 to gale 8, occasionally severe gale 9 at first.  
Slight in shelter, otherwise moderate or rough.  
Rain then showers.  
Moderate or poor, becoming mainly good.

Outlook for the following 24 hours:  
Southwest, backing southeast, 5 to 7, occasionally gale 8, decreasing 4 at times later.  
Moderate or rough, occasionally very rough in far north and in far south.  
Rain or showers.  
Moderate or good, occasionally poor.

Ardnamurchan Point to Cape Wrath - (SWW)  
24 hour forecast:  
South or southwest 6 to gale 8, occasionally severe gale 9 at first.  
Rough or very rough.  
Rain then showers.  
Moderate or poor, becoming mainly good.

Outlook for the following 24 hours:  
Southwest, backing southeast, 5 to 7, occasionally gale 8, decreasing 4 at times later.  
Rough or very rough, occasionally high in west.  
Rain or showers.  
Moderate or good, occasionally poor.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Friday 05 Feb 2016 at 0000 UTC until Friday 05 Feb 2016 at 1200 UTC

Shetland Isles

#### General Situation

A deep low near Iceland brings frontal troughs and a strong west to southwesterly flow over Shetland waters during Friday.

Gale Warnings in operation for Sea Area Fair Isle: Southerly gale force 8 expected.

Southeast 6 to gale 8, veering southwest 5 to 7.  
Rough.  
Periods of rain.  
Moderate or good.

Outlook for 12 Hours from 1200 UTC on Friday 05 Feb until 0000 UTC on Saturday 06 Feb:

Southwest 5 to 7.  
Rough or very rough.  
Mainly fair, scattered showers.  
Mainly good.

Channel Islands - (SWW)

24 hour forecast:

West to southwest 4 to 5, backing southwest to south after dawn, increasing 5 to 6 by early afternoon, locally 7 in the north.  
Moderate to rather rough, locally slight in the south, increasing moderate in the south to rough in the north later.  
Occasional rain or drizzle risk of fog patches until dawn.  
Moderate to poor, perhaps locally very poor occasionally good, especially in the afternoon.

Outlook for the following 24 hours:

Southwest to south 5 in the south to 7 in the north, increasing 7 to gale 8 around dawn, perhaps locally severe gale 9, veering southwest to west in the evening.

Moderate with swell in the south to rough in the north, increasing rough to very rough by midday.

Patchy rain or drizzle, becoming persistent and locally heavy Saturday afternoon, clearing to showers in the evening.

Moderate to poor, occasionally good especially in the evening.

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