

From the Met Office. Issued at 2330 GMT on Tuesday 03 Jul 2007.

To BBC Radio 4

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 24 hours.

General Situation: Remaining unsettled with an area of low pressure over Scotland. Strong, perhaps gale winds, in the south.

From Cape Wrath to Duncansby Head including Orkney.

Wind: variable 2 or 3, occasionally 4.

rain or showers, fog patches.

Visibility: moderate or good, occasionally very poor.

Shetland.

Wind: east or southeast 3 or 4, occasionally 5, backing northerly 2 or 3 later.

occasional rain, fog patches.

Visibility: moderate or good, occasionally very poor.

From Duncansby Head to Whitby.

Wind: variable 2 or 3, occasionally 4, but westerly or southwesterly 4 or 5 in south.

showers, some thundery.

Visibility: moderate or good.

From Whitby to North Foreland.

Wind: westerly or southwesterly, veering northwesterly in north, 4 or 5, occasionally 6.

showers, some thundery.

Visibility: moderate or good.

From North Foreland to St. Catherine's Point.

Wind: west or southwest 5 or 6, occasionally 7, perhaps gale 8 later. squally showers.

Visibility: moderate or good.

From St. Catherine's Point to Lands End.

Wind: west or southwest 5 or 6, occasionally 7, perhaps gale 8 later. squally showers.

Visibility: moderate or good.

From Lands End to Colwyn Bay.

Wind: westerly or southwesterly 5 or 6, occasionally 7, perhaps gale 8 later in south.

squally showers.

Visibility: moderate or good.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.

Wind: southwest veering northwest 4 or 5, occasionally 6.

showers, squally at first.

Visibility: moderate or good.

From Mull of Kintyre to Cape Wrath.

Wind: variable becoming northwesterly 3 or 4, occasionally 5 in south.

rain or showers, fog patches mainly in north.

Visibility: moderate or good, occasionally very poor.