

Issued by the Met Office at 1100 UTC on Friday 01 March 2019

Ser. No. 16

Inshore Waters Forecast to 12 miles offshore  
for the period 1200 UTC Friday 01 March to 1200 UTC Saturday 02 March 2019

#### General Situation

Atlantic low complex will push various troughs east across the United Kingdom during the next couple of days bringing unsettled conditions. One centre will move northeast towards Faeroes with another centre moving east into celtic sea on Sunday.

#### Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Southeast 4 or 5, veering south 3 or 4.

Slight or moderate, but smooth or slight in Moray Firth, occasionally rough later in northwest.

Occasional rain.

Good, occasionally moderate.

Outlook for the following 24 hours:

South 3 or 4, backing southeast 5 or 6, veering southwest 6 to gale 8 later.

Slight or moderate, occasionally rough, becoming very rough or high later in far northwest.

Occasional rain then squally showers.

Good, occasionally moderate.

#### Rattray Head to Berwick upon Tweed

24 hour forecast:

Variable 3 or 4, becoming south 4 or 5, then southwest 3 or 4.

Slight, occasionally moderate in north.

Occasional rain.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest 3 or 4, backing southeast 5 or 6, veering southwest 5 to 7.

Slight or moderate, occasionally rough later in north.

Rain at times, fair later.

Good, occasionally moderate at first.

#### Berwick upon Tweed to Whitby

24 hour forecast:

Variable 3 or less, becoming south 4 or 5, veering southwest later.

Slight, occasionally moderate.

Occasional rain.

Good, occasionally poor.

Outlook for the following 24 hours:

Southwest 4 or 5, backing south 5 or 6, veering southwest 6 or 7, then decreasing 4 or 5 later.

Slight or moderate.

Occasional rain, fair later.

Good, occasionally moderate at first.

#### Whitby to Gibraltar Point

24 hour forecast:

Variable 3 or less, becoming south 4 or 5, veering southwest later.

Slight, occasionally moderate.

Occasional rain.

Good, occasionally poor.

Outlook for the following 24 hours:

Southwest 4 or 5, increasing 6 or 7 for a time.

Slight or moderate.  
Occasional rain at first.  
Good, occasionally moderate at first.

#### Gibraltar Point to North Foreland

24 hour forecast:

Variable 3 or less, becoming southerly 4, veering southwesterly 4 or 5 later.

Smooth or slight.

Occasional rain.

Good, occasionally poor.

Outlook for the following 24 hours:

Southwesterly 4 or 5, increasing 6 or 7, backing southerly 4 or 5 later.

Slight or moderate.

Occasional rain or drizzle.

Moderate or good, occasionally poor.

#### North Foreland to Selsey Bill

24 hour forecast:

Variable 3 or 4, becoming southerly 4 or 5, veering westerly later.

Slight, occasionally moderate.

Occasional rain.

Good, occasionally poor.

Outlook for the following 24 hours:

Westerly 4 or 5, backing southwesterly 6 or 7.

Slight or moderate, becoming mainly rough later.

Occasional rain or drizzle.

Good, occasionally poor.

#### Selsey Bill to Lyme Regis

24 hour forecast:

West 3 or 4, backing south 4 or 5, becoming cyclonic 3 or 4, then southwest 4 or 5 later.

Slight or moderate.

Occasional rain.

Good, occasionally poor.

Outlook for the following 24 hours:

Southwest 4 or 5, increasing 6 or 7.

Moderate or rough.

Occasional rain or drizzle.

Good, occasionally poor.

#### Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Southwest 4 or 5, becoming cyclonic 5 or 6, then west 4 or 5, backing southwest 5 or 6 later.

Moderate or rough, occasionally slight in far northeast and very rough later in far west.

Occasional rain.

Good, occasionally poor.

Outlook for the following 24 hours:

Southwest 5 to 7, decreasing 3 or 4 for a time, occasionally gale 8 later.

Moderate or rough, becoming very rough in southwest and high later in far west.

Occasional rain or drizzle.

Moderate or good, occasionally poor.

#### Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Southwest, backing south, 4 or 5, becoming variable 3 or 4, then southwest 5 or 6 later.

Moderate or rough, occasionally very rough later in far southwest.

Occasional rain.  
Good, occasionally poor.

Outlook for the following 24 hours:  
Southwest 5 or 6, increasing 7 for a time, backing south 6 to gale 8 later.  
Moderate or rough in east, rough or very rough in west, occasionally high later in far southwest.  
Occasional rain.  
Moderate or good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
South or southwest 4 or 5, increasing 6 or 7 later.  
Slight or moderate, occasionally rough later in far southwest.  
Occasional rain or drizzle.  
Good, occasionally poor.

Outlook for the following 24 hours:  
South or southwest 5 to 7, occasionally gale 8 at first, backing southeast 4 or 5 later.  
Moderate or rough, occasionally very rough at first in far southwest.  
Occasional rain.  
Moderate or good.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
Variable 3 or 4, becoming south or southeast 4 or 5, occasionally 6 later.  
Smooth or slight, occasionally moderate near Mull of Galloway.  
Occasional rain or drizzle.  
Good, occasionally poor.

Outlook for the following 24 hours:  
South 5 or 6, veering southwest 6 or 7, decreasing 4 or 5 later.  
Slight or moderate, occasionally rough in northwest.  
Occasional rain, fair later.  
Good, occasionally moderate at first.

Isle of Man - (SWW)  
24 hour forecast:  
South 3 or 4, increasing 5 or 6, veering west 4 for a time.  
Slight or moderate.  
Rain for a time.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
South 5 or 6, increasing 7, veering southwest 4 later.  
Slight or moderate, becoming rough for a time.  
Rain at times.  
Moderate or good, occasionally poor.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
South or southeast 3 or 4, increasing 5, veering west or southwest 3 or 4, then backing south 5 to 7 later.  
Smooth or slight, occasionally moderate.  
Occasional rain or drizzle.  
Good, occasionally poor.

Outlook for the following 24 hours:  
South 5 to 7, occasionally gale 8 at first, veering southwest 5 or 6.  
Moderate or rough, occasionally very rough later in far north.  
Rain at first, then showers.  
Good, occasionally moderate at first.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Southerly 4 or 5, becoming variable 3 or 4, then southerly 5 to 7 later.

Smooth or slight, occasionally moderate.

Occasional rain or drizzle.

Good, occasionally poor.

Outlook for the following 24 hours:

Southerly 5 to 7, veering southwesterly 7 or gale 8, decreasing 5 or 6 later.

Slight or moderate, occasionally rough.

Rain at first, then fair.

Good, occasionally moderate at first.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

Southeast 4 or 5, veering west 3 or 4, then southeast 6 to gale 8 later.

Moderate or rough, occasionally slight at first in shelter and very rough later in northwest.

Occasional rain or drizzle.

Good, occasionally poor.

Outlook for the following 24 hours:

Southeast 6 to gale 8, veering southwest gale 8 or severe gale 9, decreasing 5 to 7 later.

Rough or very rough, becoming high or very high in west.

Rain at first, then squally showers.

Moderate or good, occasionally poor.

The Minch - (SWW)

24 hour forecast:

South 5 or 6, veering southwest 3 or 4, backing southeast 6 to gale 8 later.

Slight or moderate, occasionally rough in far south.

Occasional rain or drizzle.

Good, occasionally poor.

Outlook for the following 24 hours:

Southeast 6 to gale 8, veering southwest 7 to severe gale 9.

Slight or moderate, becoming rough or very rough, occasionally high in far south.

Rain at first, then squally showers.

Moderate or good, occasionally poor.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

South 5 or 6, veering southwest 3 or 4, backing southeast 6 to gale 8 later.

Moderate, becoming rough, occasionally very rough later in west.

Occasional rain or drizzle.

Good, occasionally poor.

Outlook for the following 24 hours:

Southeast 6 to gale 8, veering southwest 7 to severe gale 9.

Rough or very rough, becoming high or very high.

Rain at first, then squally showers.

Moderate or good, occasionally poor.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Friday 01 Mar 2019 at 1200 UTC until Saturday 02 Mar 2019 at 0000 UTC

Shetland Isles

General Situation

Ridge of high pressure will continue to decline during Friday afternoon allowing

Atlantic troughs to cross from the west on Friday night and during Saturday.

Gale Warnings in operation for Sea Area Fair Isle at time of issue: Nil

Southerly 4 or 5, occasionally 6 in west later  
Slight or moderate becoming rough in west later  
Fair, rain in west later  
Good occasionally moderate in west later

Outlook for 12 Hours from 0000 UTC on Saturday 02 Mar until 1200 UTC on Saturday 02 Mar:  
Southerly 5 or 6, veering southwesterly 3 or 4 in west later  
Moderate or rough  
Occasional rain  
Moderate or good occasionally poor later

Channel Islands - (SWW)

24 hour forecast:

West to southwest 3 to 4 backing south to southeast 2 to 3 by early evening, becoming south 4 to 5 late evening, locally 6 by midnight, veering west 5 occasionally 6 overnight then west to southwest 4 to 5 by midday.  
Slight increasing moderate to rather rough overnight and rather rough to rough by dawn, then decreasing moderate to rather rough by midday.  
Rain and mist arriving in west of area late this evening, spreading east during early hours and clearing before dawn.  
Good decreasing moderate to poor in rain and mist tonight, then moderate to good by dawn.

Outlook for the following 24 hours:

West to southwest 4 to 5 backing southwest 5 to 6 by late afternoon, increasing 6 to 7 in west and north of area by midnight and across all parts by Sunday morning, locally gale 8 by noon.  
Moderate to rather rough with a swell, increasing rough in north and west of area by the evening, perhaps locally very rough in northwest during the morning.  
Rain and mist spreading southeast across area during evening and night, locally heavy rain by Sunday morning.  
Moderate to good decreasing moderate to poor from evening onwards.

(c) Crown Copyright 2019