

From the Met Office. Issued at 2330 GMT on Friday 02 Mar 2007.

To BBC Radio 4

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 24 hours.

General Situation: Vigorous low over Southern England clearing eastwards on Saturday morning, with heavy rain and severe gales or storm force winds over southern Britain for a time, followed by a transient ridge of high pressure.

From Cape Wrath to Duncansby Head including Orkney.  
Wind: southeast veering southwest 4 or 5, occasionally 6.  
rain then showers.  
Visibility: moderate becoming good.

Shetland.  
Wind: southeast veering southwest 4 or 5, occasionally 6.  
rain or showers.  
Visibility: moderate or good.

From Duncansby Head to Whitby.  
Wind: south veering southwest 4 or 5, occasionally 6 around Ratray Head.  
rain then showers.  
Visibility: moderate becoming good.

From Whitby to North Foreland.  
Wind: In north, southeasterly backing southwesterly 4 or 5, occasionally 6. In south, southeasterly becoming cyclonic then westerly 6 to Gale 8, increasing severe gale 9 or Storm 10 for a time, decreasing 4 later.  
rain then showers.  
Visibility: moderate or poor, becoming good.

From North Foreland to St. Catherine's Point.  
Wind: west or southwest 7 to Severe Gale 9, occasionally Storm 10, decreasing 3 or 4.  
rain then showers, becoming fair later.  
Visibility: moderate or poor, becoming good.

From St. Catherine's Point to Lands End.  
Wind: westerly or southwesterly 6 to Gale 8, occasionally gale 8 to storm 10 in east at first, decreasing 4 or 5 and backing south later.  
rain then showers, becoming fair later.  
Visibility: moderate or poor, becoming good.

From Lands End to Colwyn Bay.  
Wind: westerly or southwesterly 4 or 5, locally 6 or 7 in south at first, backing southerly later.  
rain then showers, becoming fair later.  
Visibility: moderate or good.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.  
Wind: south veering west or southwest 4 or 5, occasionally 6, later backing south.  
rain then showers.  
Visibility: moderate becoming good.

From Mull of Kintyre to Cape Wrath.  
Wind: southeasterly 4 or 5, occasionally 6 in north.  
showers.

Visibility: good.