

Issued by the Met Office at 0001 UTC on Sunday 03 July 2016

Ser. No. 23

Inshore Waters Forecast to 12 miles offshore  
for the period 0000 UTC Sunday 03 July to 0000 UTC Monday 04 July 2016

#### General Situation

An area of low pressure over the Norwegian Sea will slowly fill, bringing a cool showery westerly or southwesterly air flow for many. However, a shallow frontal depression will move east up the English Channel today, bringing rain for a time along most southern coasts. A second frontal depression will then move eastwards across central and southern area on Monday.

#### Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

West or southwest 4 or 5, increasing 6 at times, becoming variable 3 or 4 for a time.

Slight or moderate in northwest, smooth or slight in southeast.

Showers.

Good.

Outlook for the following 24 hours:

West or southwest 4, becoming variable 3 or less.

Smooth or slight, occasionally moderate at first in northwest.

Showers.

Good.

#### Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Westerly or southwesterly 4 or 5, occasionally 6 in south, becoming variable 3 or 4 for a time later in north.

Slight, occasionally moderate in south.

Showers.

Good.

Outlook for the following 24 hours:

Westerly or southwesterly, backing southerly for a time, 4 or 5, occasionally variable 3 or less in north.

Smooth or slight.

Showers later.

Good.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

West or southwest 4 or 5, increasing 6 at times.

Slight, occasionally moderate at first, then occasionally smooth later.

Showers later.

Good.

Outlook for the following 24 hours:

West or southwest 4 or 5, becoming variable 3 or 4 for a time.

Smooth or slight.

Showers later.

Good.

#### Whitby to Gibraltar Point

24 hour forecast:

West or southwest 4 or 5, becoming variable 3 or 4 for a time.

Smooth or slight.

Showers.

Good.

Outlook for the following 24 hours:

West, backing south, 3 or 4, then becoming cyclonic 4 or 5 later.  
Smooth or slight.  
Rain for a time later.  
Good, occasionally moderate later.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Westerly or southwesterly 4 or 5, occasionally 6 in south, becoming variable 3 or 4 in north.

Slight, occasionally moderate at first in south, becoming mainly smooth in north.

Showers at first.

Good.

Outlook for the following 24 hours:

Southwesterly 4 or 5 at first in south, otherwise variable 3 or 4, becoming southwesterly 4 or 5 later.

Smooth or slight.

Occasional rain later.

Good, occasionally moderate later.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Westerly or southwesterly 4 or 5, occasionally 6 at first, decreasing mainly 3 or less in west.

Moderate, becoming slight, occasionally smooth later.

Rain or showers for a time.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwesterly 3 or 4, occasionally 5 in east.

Smooth or slight.

Fair, the occasional drizzle.

Moderate or good, occasionally poor.

Selsey Bill to Lyme Regis

24 hour forecast:

West or southwest 4 or 5, becoming variable, mainly south, 3 or 4.

Slight, occasionally moderate at first.

Rain for a time.

Good, occasionally moderate.

Outlook for the following 24 hours:

Variable, becoming southwest, 3 or 4, occasionally 5 later.

Slight, occasionally smooth.

Occasional drizzle and fog patches.

Moderate or good, occasionally very poor.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southwest, becoming cyclonic for a time, 3 or 4, increasing 5 at times.

Slight or moderate, occasionally smooth in Lyme bay.

Occasional rain or drizzle at first.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

Variable, becoming southwest, 3 or 4, occasionally 5 later.

Smooth or slight in east, slight or moderate in west.

Occasional drizzle and fog patches.

Moderate, occasionally very poor.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

West or southwest, becoming cyclonic for a time, 3 or 4, increasing 5 at times.

Moderate, becoming slight in east.  
Occasional rain at first.  
Good, occasionally moderate at first.

Outlook for the following 24 hours:  
Variable 3 or 4, becoming southwest 4 or 5.  
Slight or moderate.  
Occasional drizzle and fog patches.  
Moderate, occasionally very poor.

St Davids Head to Great Orme Head, including St Georges Channel  
24 hour forecast:  
West or southwest 3 or 4, increasing 5 at times.  
Slight, occasionally moderate at first.  
Fair.  
Good.

Outlook for the following 24 hours:  
Southwest, backing southeast, 3 or 4, becoming cyclonic 4 or 5.  
Smooth or slight, occasionally moderate later in south.  
Fair, then occasional rain or drizzle.  
Good, becoming moderate, occasionally poor.

Great Orme Head to the Mull of Galloway  
24 hour forecast:  
Westerly, backing southwesterly, 4 or 5, becoming variable 3 or less in north.  
Slight, occasionally smooth later.  
Showers.  
Good.

Outlook for the following 24 hours:  
Variable 3 or less at first in north, otherwise southwesterly, becoming cyclonic, 4 or 5, then becoming northwesterly 3 or 4 later.  
Smooth or slight.  
Rain for a time.  
Good, occasionally moderate.

Isle of Man  
24 hour forecast:  
West, backing southwest, 4 or 5, decreasing 3 or less later.  
Slight or moderate, becoming smooth or slight.  
Fair.  
Good.

Outlook for the following 24 hours:  
Southwest 2 or 3, backing south 3 or 4, then veering west later.  
Smooth or slight.  
Rain for a time.  
Good, becoming moderate or poor for a time.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
Westerly or southwesterly 4 or 5, becoming variable 3 or 4 later.  
Mainly moderate in north, otherwise slight, occasionally smooth later.  
Showers.  
Good.

Outlook for the following 24 hours:  
Variable 2 or 3, increasing 4 at times.  
Smooth or slight, occasionally moderate at first in north.  
Rain for a time in south.  
Good, occasionally moderate in south.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North

Channel

24 hour forecast:

Westerly or southwesterly 4 or 5, becoming variable 3 or 4 later.

Slight or moderate, becoming smooth later in Firth of Clyde.

Showers.

Good.

Outlook for the following 24 hours:

Variable, mainly westerly or southwesterly, 3 or 4.

Smooth or slight.

Fair.

Good.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

Westerly or southwesterly 4 or 5, occasionally 6 at first in north, then decreasing 3 at times later in south.

Moderate or rough, occasionally slight later in shelter.

Showers.

Good.

Outlook for the following 24 hours:

West or southwest 3 or 4.

Slight or moderate.

Showers.

Good.

The Minch - (SWW)

24 hour forecast:

West or southwest 4 or 5, occasionally 6 at first.

Slight, occasionally moderate until later in south.

Showers.

Good.

Outlook for the following 24 hours:

Westerly or southwesterly, becoming variable at times in north, 3 or 4.

Smooth or slight.

Showers.

Good.

Ardnamurchan Point to Cape Wrath - (SWW)

24 hour forecast:

West or southwest 4 or 5, occasionally 6 at first.

Moderate, occasionally rough at first.

Showers.

Good.

Outlook for the following 24 hours:

Westerly or southwesterly, becoming variable at times in north, 3 or 4.

Slight or moderate.

Showers.

Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Sunday 03 Jul 2016 at 0000 UTC until Sunday 03 Jul 2016 at 1200 UTC

Shetland Isles

General Situation

Complex low near Shetland will gradually drift away north during the next day but continue to extend troughs south through Sunday.

Gale Warnings in operation for Sea Area Fair Isle: Nil.

West or southwest 3 or 4 becoming variable 3 or less.  
Slight or moderate.  
Mainly fair.  
Mainly good.

Outlook for 12 Hours from 1200 UTC on Sunday 03 Jul until 0000 UTC on Monday 04 Jul:

Variable 3 or less becoming west or southwest 3 or 4.  
Slight or moderate.  
Mainly fair, but isolated showers later.  
Mainly good, occasionally moderate.

Channel Islands - (SWW)

24 hour forecast:

Southwest 4 to 6, backing south to southeast 3 to 5 around dawn, becoming cyclonic variable by mid-morning, then mainly northwest during the afternoon, decreasing 2 to 4 by evening, backing west to southwest by midnight.  
Slight to moderate, locally rather rough at first.  
Occasional rain and drizzle, clearing by midday.  
Moderate to poor becoming good by afternoon.

Outlook for the following 24 hours:

Southwest 2 to 4, veering west by evening.  
Slight with a low swell.  
Occasional drizzle with mist and fog patches.  
Moderate to very poor, locally good at times.

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