

Issued by the Met Office at 0500 UTC on Thursday 04 March 2010

Ser. No. 99

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

High pressure in the mid Atlantic will build with a ridge extending across the United Kingdom. An area of low pressure will run down the North Sea on Friday.

From Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Southwest 3 or 4, veering northwest 5 to 7.

Moderate, occasionally rough later.

Rain or showers.

Moderate or good.

Outlook for the following 24 hours:

Northwest 5 to 7, decreasing 4 or 5, becoming variable 3 or 4 later.

Moderate or rough.

Rain or showers.

Moderate or good.

Rattray Head to Berwick on Tweed - (SWW)

24 hour forecast:

Variable 3 or 4, becoming northwest 5 or 6.

Moderate, occasionally rough in north later.

Rain or showers.

Moderate or good.

Outlook for the following 24 hours:

Northwest 5 or 6 occasionally 7 for a time, veering north 4 or 5, becoming variable 3 or 4 later.

Moderate, occasionally rough in north.

Rain or showers.

Moderate or good.

Berwick on Tweed to Whitby - (SWW)

24 hour forecast:

Variable 3 or 4, becoming northwest 5 or 6 later.

Slight or moderate.

Occasional rain later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Northwest veering north 5 or 6, occasionally 7 for a time, becoming variable 3 or 4 later.

Moderate, occasionally rough later.

Occasional rain.

Moderate or good.

Whitby to Gibraltar Point

24 hour forecast:

Variable 3 or 4, becoming northwest 4 or 5 later.

Slight or moderate.

Rain or showers later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Northwest 4 or 5, veering north 5 to 7, veering northeast 4 or 5 later.

Slight or moderate, occasionally rough later.

Rain or showers.

Moderate or good.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Northeasterly 4 or 5, occasionally 6 in south, becoming variable 3 or 4, then northwesterly 4 or 5 later.

Slight or moderate.

Fair.

Good.

Outlook for the following 24 hours:

Northwesterly 4 or 5, increasing 5 to 7, veering northeasterly later.

Slight or moderate, occasionally rough in north later.

Rain or showers.

Moderate or good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Northeasterly 5 to 7, decreasing 4 or 5, backing northwesterly later.

Slight or moderate.

Fair.

Moderate or good.

Outlook for the following 24 hours:

Northwesterly 4 or 5, veering northeast 5 or 6 later.

Slight or moderate.

Occasional rain later.

Moderate or good.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Northeast 5 to 7, decreasing 4 or 5, backing northwest later.

Slight or moderate.

Fair.

Moderate or good.

Outlook for the following 24 hours:

Northwest veering northeast later, 4 or 5.

Slight or moderate.

Occasional rain later.

Moderate or good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Northeast 5 to 7, decreasing 4 or 5.

Moderate occasionally rough for a time.

Fair.

Moderate or good.

Outlook for the following 24 hours:

North or northeast 4 or 5.

Moderate becoming slight.

Fair.

Moderate or good.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

Northeast 4 or 5, decreasing 3 or 4 later.

Slight or moderate, occasionally for a time in far west.

Fair.

Moderate or good.

Outlook for the following 24 hours:

North or northeast 3 or 4.

Slight or moderate.

Fair.  
Moderate or good.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
East or northeast, backing north 4 or 5.  
Slight, occasionally moderate in south.  
Mainly fair.  
Moderate or good.

Outlook for the following 24 hours:  
North or northwest 4 or 5.  
Slight.  
Fair.  
Moderate or good.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
East 4 or 5, becoming variable 3 or 4, becoming northwest 4 or 5 later.  
Smooth or slight.  
Fair.  
Moderate or good.

Outlook for the following 24 hours:  
Northwest 4 or 5, increasing 5 or 6, veering north 4 or 5 later.  
Smooth or slight.  
Rain later.  
Moderate or good.

Isle of Man  
24 hour forecast:  
Variable 2 or 3, becoming northwest 3 or 4, occasionally 5 later.  
Slight becoming moderate.  
Fair.  
Good.

Outlook for the following 24 hours:  
Northwest 4 or 5.  
Slight or moderate.  
Occasional rain later.  
Good, occasionally moderate later.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
Variable 3 or 4, becoming northwest 4 or 5.  
Slight or moderate.  
Fair.  
Good.

Outlook for the following 24 hours:  
Northwest 4 or 5, increasing 5 or 6, veering north 3 or 4 later.  
Slight or moderate.  
Mainly fair.  
Moderate or good.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel  
24 hour forecast:  
Variable 3 or 4, becoming northwest 4 or 5.  
Slight or moderate.  
Mainly fair.  
Good.

Outlook for the following 24 hours:

Northwest 4 or 5, increasing 5 or 6, veering north 3 or 4 later.  
Slight or moderate.  
Mainly fair.  
Good.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
Variable 3 or 4, becoming northwest 4 or 5.  
Slight or moderate, occasionally rough later.  
Showers.  
Good occasionally moderate.

Outlook for the following 24 hours:  
Northwest 4 or 5.  
Moderate, occasionally rough.  
Rain or showers.  
Moderate or good.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides - (SWW)  
24 hour forecast:  
Southwest veering northwest 4 or 5, increasing 5 to 7 later.  
Moderate or rough, occasionally very rough in north later.  
Rain or showers.  
Moderate or good.

Outlook for the following 24 hours:  
Northwest 5 to 7, decreasing 4 or 5, becoming variable 3 or 4 for a time.  
Moderate or rough, occasionally very rough in north for a time.  
Rain or showers.  
Moderate or good.

The Minch - (SWW)  
24 hour forecast:  
Southwest veering northwest 4 or 5, increasing 5 to 7 later.  
Slight or moderate.  
Rain or showers.  
Moderate or good.

Outlook for the following 24 hours:  
Northwest 5 to 7, decreasing 4 or 5, becoming variable 3 or 4 for a time.  
Slight or moderate, occasionally rough in far north for a time.  
Rain or showers.  
Moderate or good.

The Channel Islands - (SWW)  
24 hour forecast:  
Northeasterly 5 to 6, locally 7 with gusts to 40kt mid-channel, decreasing 4 to 5 around midnight then 3 to 4 by morning.  
Moderate, locally rather rough to rough in the north and west, becoming slight to moderate later.  
Fair.  
Good.

Outlook for the following 24 hours:  
Northeast 3 to 4 backing north decreasing 2 or 3 by early afternoon, veering northeast increasing 4 to 5 overnight.  
Slight, locally moderate at first and later.  
Fair risk of a wintry shower later in the night.  
Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Thursday 04 Mar 2010 at 0600 UTC until Thursday 04 Mar 2010 at 1800 UTC

Shetland Isles

General Situation

A ridge of high pressure covering Shetland will decline during Thursday as a low develops east from Iceland.

Gale Warnings in operation for Sea Area Fair Isle: Nil at time of issue.

Variable 2 to 4 becoming southwest 4 or 5, occasionally 6 in west.

Slight to moderate.

Patchy rain and sleet.

Moderate or good.

Outlook for 12 Hours from 1800 UTC on Thursday 04 Mar until 0600 UTC on Friday 05 Mar:

West or southwest 5 or 6 veering northwest 6 or 7, occasionally 5 later.

Moderate or rough.

Occasional rain.

Moderate or good.

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