

From the Met Office. Issued at 2330 GMT on Thursday 02 Aug 2007.

To BBC Radio 4

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 24 hours.

General Situation: A ridge of high pressure crosses the area overnight, and then become slow moving across northwest France. An active frontal system crosses Scotland and Northern England later in the period.

From Cape Wrath to Duncansby Head including Orkney.

Wind: southwest backing south or southeast for a time 3 or 4, increasing 5 to 7.

fair then rain.

Visibility: moderate or good, becoming moderate or poor.

Shetland.

Wind: west 3 or 4, backing south or southeast 5 to 7, perhaps gale 8 later.

fair then rain.

Visibility: moderate or good, occasionally poor in rain.

From Duncansby Head to Whitby.

Wind: west 3 or 4, backing south 5 or 6.

showers then occasional rain later.

Visibility: moderate or good, occasionally poor in rain.

From Whitby to North Foreland.

Wind: west 3 or 4, backing south and increasing 5, occasionally 6 in north.

mainly fair.

Visibility: moderate or good.

From North Foreland to St. Catherine's Point.

Wind: west or northwest, backing southwest later, 3 or 4, locally 5 in Straits of Dover.

mainly fair.

Visibility: good.

From St. Catherine's Point to Lands End.

Wind: northwest backing southwest 3 or 4, occasionally 5 in west later.

isolated showers in west later.

Visibility: mainly good.

From Lands End to Colwyn Bay.

Wind: southwest 3 or 4 increasing 5 or 6, occasionally 7 later.

isolated showers later in south, occasional rain later in north.

Visibility: good, but moderate in rain or showers.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.

Wind: south or southwest 3 or 4, increasing 5 to 7.

occasional rain later.

Visibility: moderate or good.

From Mull of Kintyre to Cape Wrath.

Wind: south or southwest 3 or 4, increasing 5 to 7, and perhaps gale 8 later.

rain.

Visibility: moderate or good, becoming moderate or poor.