

Issued by the Met Office at 0001 UTC on Saturday 05 March 2016

Ser. No. 23

Inshore Waters Forecast to 12 miles offshore  
for the period 0000 UTC Saturday 05 March to 0000 UTC Sunday 06 March 2016

#### General Situation

A complex area of low pressure over England will edge away slowly eastwards into Europe, leaving a rather strong and cold northerly airstream in its wake.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

Northerly 5 or 6, decreasing 4 at times later.

Moderate or rough, occasionally very rough at first in north.

Wintry showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northerly becoming cyclonic for a time in north, 4 or 5, increasing 6 at times in east.

Moderate, occasionally rough at first in north, becoming slight in the Moray Firth.

Wintry showers, then occasional rain or snow.

Good, occasionally poor.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Northeast 4 or 5, backing north 5 or 6.

Slight or moderate, occasionally rough near Rattray Head.

Wintry showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

North or northwest 5 or 6, decreasing 3 or 4 for a time.

Slight in shelter, otherwise moderate.

Snow showers.

Good, occasionally poor.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Northeast backing north 5 or 6, occasionally 7 at first.

Moderate or rough.

Occasional rain or sleet, then mainly fair.

Good, occasionally moderate at first.

Outlook for the following 24 hours:

North 5 or 6, decreasing 4 at times later.

Moderate, occasionally rough.

Wintry showers.

Good, occasionally moderate.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Cyclonic 4 or 5, becoming northeast 5 to 7, then backing north later.

Slight at first in south, otherwise moderate or rough.

Occasional rain or wintry showers.

Moderate or good.

Outlook for the following 24 hours:

North or northwest 5 or 6.

Moderate, occasionally rough at first.

Wintry showers.

Good, occasionally moderate.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Variable, becoming northerly, 3 or 4, increasing 5 to 7 later.

Smooth or slight, becoming slight or moderate in south and moderate or rough in north.

Fair then occasional rain or sleet.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northerly or northwesterly 5 to 7.

Moderate or rough until later in north, otherwise slight or moderate.

Occasional rain or wintry showers.

Good, occasionally moderate.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Variable, becoming northerly, 3 or 4, increasing 5 or 6.

Smooth or slight, becoming slight or moderate.

Occasional rain or wintry showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Northerly or northwesterly 5 to 7, decreasing 3 or 4 later.

Slight or moderate, becoming smooth or slight, except in far east.

Showers, mainly in east.

Mainly good.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

North 3 or 4, increasing 5 or 6.

Smooth in shelter, otherwise slight or moderate.

Wintry showers, fair later.

Mainly good.

Outlook for the following 24 hours:

North or northwest 5 or 6, decreasing 3 or 4 later.

Slight or moderate, becoming smooth or slight.

Showers later.

Good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Northerly 6 or 7, occasionally gale 8 in far west, decreasing 5 at times later.

Very rough becoming moderate or rough in far west, otherwise slight or moderate.

Occasional rain or showers, becoming fair later, except in far west.

Mainly good.

Outlook for the following 24 hours:

Northerly or northwesterly veering northeasterly later, 4 or 5, increasing 6 at times, becoming variable 3 or 4 for a time later.

Slight or moderate, becoming smooth or slight, except in far west.

Showers, rain later in far west.

Mainly good.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

North 6 or 7, occasionally gale 8 at first, decreasing 5 at times later.

Very rough at first in west, otherwise moderate or rough, becoming slight or moderate later in north.

Occasional rain then snows, mainly in west.

Mainly good.

Outlook for the following 24 hours:

North or northwest 4 or 5, increasing 6 at times, becoming variable 3 or 4 for a time later.

Slight or moderate, becoming smooth or slight in Bristol Channel.

Showers, rain later in southwest.

Good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

Northerly 5 to 7, occasionally gale 8 at first in south.

Moderate or rough, becoming slight or moderate later.

Wintry showers in west.

Mainly good.

Outlook for the following 24 hours:

Northerly or northwesterly 4 or 5, occasionally 6 at first.

Slight or moderate, becoming smooth or slight later in north.

Wintry showers.

Good, occasionally moderate.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

North 5 or 6, occasionally 7 at first.

Slight or moderate, occasionally rough at first in southwest.

Wintry showers.

Good.

Outlook for the following 24 hours:

North or northwest 4 or 5.

Smooth or slight, occasionally moderate at first in southwest.

Fair.

Good.

Isle of Man - (SWW)

24 hour forecast:

North 5 or 6, decreasing 4 or 5 later.

Moderate becoming slight or moderate later.

Fair.

Good.

Outlook for the following 24 hours:

North 4 or 5, decreasing 3 or 4, then becoming variable, mainly west, 2 or 3.

Slight or moderate, becoming smooth or slight.

Fair.

Good.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

North 5 or 6, occasionally 7 at first, decreasing 4 at times later.

Moderate or rough until later in north, otherwise slight or moderate.

Wintry showers.

Good.

Outlook for the following 24 hours:

North or northwest 4 or 5, becoming variable 3 or 4 later.

Slight or moderate, becoming smooth or slight in east.

Fair.

Good.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Northerly 5 or 6, occasionally 7 at first in North Channel, decreasing 4 at times later.

Slight or moderate, occasionally rough at first near the Mull of Kintyre.

Mainly fair.  
Good.

Outlook for the following 24 hours:  
Northerly or northwesterly 4 or 5, becoming variable 3 or 4 later.  
Slight or moderate, becoming smooth or slight.  
Fair.  
Good.

Mull of Kintyre to Ardnamurchan Point - (SWW)  
24 hour forecast:  
North 5 or 6, decreasing 4 at times later.  
Moderate or rough, becoming slight or moderate later.  
Mainly fair.  
Good.

Outlook for the following 24 hours:  
North or northwest 4 or 5, becoming variable 3 or 4 later.  
Slight or moderate.  
Fair.  
Good.

The Minch - (SWW)  
24 hour forecast:  
North 5 or 6, decreasing 3 or 4 later.  
Slight or moderate, but rough until later in far north and in far south.  
Wintry showers then fair.  
Good, occasionally moderate at first.

Outlook for the following 24 hours:  
North becoming variable 3 or 4.  
Slight or moderate, becoming smooth in central areas.  
Rain or wintry showers in north.  
Good, occasionally moderate in north.

Ardnamurchan Point to Cape Wrath - (SWW)  
24 hour forecast:  
Northerly 5 or 6, decreasing 3 or 4 later.  
Moderate or rough, occasionally very rough at first.  
Wintry showers then fair.  
Good, occasionally moderate at first.

Outlook for the following 24 hours:  
Northerly becoming variable 3 or 4, but becoming westerly 4 or 5 for a time in north.  
Moderate, occasionally rough later in west.  
Rain or wintry showers in north.  
Good, occasionally moderate in north.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Saturday 05 Mar 2016 at 0000 UTC until Saturday 05 Mar 2016 at 1200 UTC

Shetland Isles

General Situation

A slack area of low pressure covers the Shetland Basin at first, while a fresh to strong and increasingly cold Northerly flow covers waters close to and west of Shetland.

Gale Warnings in operation for Sea Area Fair Isle: Nil at time of issue.

North or northeast 5 to 7 close to and west of Shetland, but variable 3 or 4

becoming northeast 5 in east.  
Rough or very rough in the west, moderate or rough in the east.  
Wintry showers.  
Good, occasionally moderate or poor.

Outlook for 12 Hours from 1200 UTC on Saturday 05 Mar until 0000 UTC on Sunday 06 Mar:

North or northeast 5 or 6.  
Rough in the west, moderate in the east.  
Wintry showers.  
Good, occasionally poor.

Channel Islands - (SWW)

24 hour forecast:

Variable 2 to 4, locally north 6 in the west of the area, becoming generally 5 to 6 during the morning, perhaps occasionally 7.

Slight to moderate, increasing moderate to rather rough, and rough in the south and west.

Scattered wintry showers risk of thunder.

Good, becoming moderate to poor in showers.

Outlook for the following 24 hours:

North 5 occasionally 6, decreasing 3 to 4 in the morning and backing northwest, becoming variable or easterly 2 to 4 later.

Moderate to rather rough, becoming slight occasionally moderate with low swell. Isolated rain or hail showers, perhaps with sleet risk of thunder.

Good, occasionally moderate to poor in showers.

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