

Issued by the Met Office at 1100 UTC on Monday 04 March 2019

Ser. No. 29

Inshore Waters Forecast to 12 miles offshore  
for the period 1200 UTC Monday 04 March to 1200 UTC Tuesday 05 March 2019

#### General Situation

Deep low in the North Sea will move away to the east on Monday. At the same time, two low centres are moving slowly east across the Atlantic, expected to merge over Ireland on Tuesday.

Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

West or southwest 5 to 7, becoming variable 3 or 4, then east 4 or 5 later. Moderate or rough to the west and north of Orkney, but elsewhere slight or moderate.

Showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

East 4 or 5, backing northeast 5 or 6.

Slight or moderate, occasionally rough except in Moray Firth.

Showers, then becoming fair later.

Good.

Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Westerly 5 to 7, backing southwesterly 4 or 5, becoming variable 3 or 4, then southerly 4 or 5 later in south.

Slight or moderate.

Showers then fair, then rain later.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southeast, becoming cyclonic, 4 or 5, then becoming northeast 5 or 6 later.

Slight or moderate, becoming rough for a time near Rattray Head.

Rain or showers.

Moderate or good.

Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

West 5 to 7, backing southwest 4 or 5.

Slight or moderate.

Showers, but becoming fair for a time.

Good.

Outlook for the following 24 hours:

Southwest, backing southeast later, 5 or 6.

Moderate, occasionally slight at first.

Showers, then rain later.

Good, occasionally poor later.

Whitby to Gibraltar Point - (SWW)

24 hour forecast:

West 5 to 7, backing southwest 4 or 5 later.

Slight or moderate.

Showers for a time.

Good.

Outlook for the following 24 hours:

Southwest, backing south, 4 or 5, then backing southeast 5 or 6 later.

Slight or moderate, becoming moderate or rough later.

Fair then rain or showers.

Moderate or good.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Westerly, backing southwesterly, 5 to 7, decreasing 4 or 5 later.

Slight or moderate.

Showers for a time.

Good.

Outlook for the following 24 hours:

Southwesterly 4 or 5, increasing 6 at times in south, backing southerly 5 to 7 later.

Slight or moderate.

Fair then rain or showers.

Moderate or good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Southwesterly 5 to 7, decreasing 4 or 5 later.

Moderate or rough, occasionally slight later in east.

Fair then showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwesterly 4 or 5, increasing 6 at times near North Foreland, backing southerly 5 to 7 later.

Slight or moderate, becoming moderate or rough later.

Showers, then rain later.

Good, occasionally moderate later.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

West or southwest 5 to 7, decreasing 4 or 5 later.

Moderate or rough, occasionally very rough at first.

Thundery showers.

Good, occasionally moderate at first.

Outlook for the following 24 hours:

Southwest 4 or 5, backing south 5 to 7.

Moderate or rough.

Rain or showers.

Moderate or good, occasionally poor later.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

West 5 to 7, occasionally gale 8 at first, backing southwest 5 or 6 later.

Moderate or rough in lyme bay, but elsewhere rough or very rough.

Thundery showers.

Moderate or good.

Outlook for the following 24 hours:

Southwest 5 or 6, backing south 6 to gale 8 for a time.

Moderate or rough in east, rough or very rough in west.

Rain or showers.

Moderate or good, occasionally poor.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

West 5 to 7, occasionally gale 8 at first, backing southwest 4 or 5 later.

Rough or very rough in west, moderate or rough in east.

Thundery showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwesterly 4 or 5, backing southerly 5 to 7, increasing gale 8 for a time in west.

Rough or very rough in west, moderate or rough in east.

Rain or showers.

Moderate or good, occasionally poor.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

West, backing southwest, 5 to 7.

Moderate or rough, occasionally very rough in far south.

Squally showers.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwesterly, backing southerly, 5 to 7, increasing gale 8 for a time in south.

Moderate or rough, occasionally very rough in far south.

Rain or showers.

Moderate or good, occasionally poor.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

West 5 or 6, backing southwest 6 to gale 8 later.

Slight or moderate, becoming moderate or rough later.

Showers, then rain for a time later.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest 6 to gale 8, becoming variable 3 or 4, then southeast 5 to 7 later.

Moderate or rough becoming slight or moderate.

Rain or showers.

Moderate or good, occasionally poor.

Isle of Man - (SWW)

24 hour forecast:

West 4 or 5, backing southwest 5 to 7, perhaps gale 8 later.

Slight or moderate, becoming moderate or rough later.

Showers, then rain for a time later.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest 6 to gale 8, backing southeast 5 to 7, then veering south 4 or 5 later.

Moderate, occasionally rough at first.

Rain or showers.

Moderate or good, occasionally poor.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

Westerly 5 or 6, backing southwesterly 5 to 7, increasing gale 8 for a time in south.

Slight or moderate, becoming moderate or rough later.

Showers, then rain for a time later.

Good, occasionally moderate.

Outlook for the following 24 hours:

Southwest 5 to 7, becoming variable 3 or 4, then becoming east or southeast 5 to 7, backing south 4 or 5 later.

Moderate or rough, becoming slight or moderate for a time.

Rain or showers.

Moderate or good, occasionally poor.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Westerly, backing southwesterly, 5 or 6, occasionally 7 later.  
Slight or moderate, becoming moderate or rough later except in Firth of Clyde.  
Showers, then rain for a time later.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Southwesterly 5 to 7, decreasing 3 or 4, then backing easterly 5 to 7.  
Slight or moderate, occasionally rough in North Channel.  
Rain or showers.  
Moderate or good, occasionally poor.

Mull of Kintyre to Ardnamurchan Point - (SWW)  
24 hour forecast:  
West, backing southwest, 5 to 7, then backing southeast 4 or 5, becoming  
variable 3 or 4 later.  
Moderate or rough, but mainly slight in shelter.  
Showers, then rain later.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Variable 3 or 4, becoming southeast 4 or 5, then backing northeast 5 to 7 later.  
Moderate or rough, but mainly slight in shelter.  
Rain or showers, but becoming fair for a time.  
Moderate or good, occasionally poor.

The Minch - (SWW)  
24 hour forecast:  
West, backing southwest, 5 to 7, then backing southeast 4 or 5, becoming  
variable 3 or 4 later.  
Moderate or rough in far south and far north, but elsewhere slight or moderate.  
Showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Variable 3 or 4, becoming southeast 4 or 5, then backing northeast 5 to 7 later.  
Slight or moderate, occasionally rough in far south and far north.  
Showers then fair.  
Good.

Ardnamurchan Point to Cape Wrath - (SWW)  
24 hour forecast:  
West, backing southwest, 5 to 7, then backing southeast 4 or 5, becoming  
variable 3 or 4 later.  
Moderate or rough near Sutherland, but elsewhere rough or very rough.  
Showers.  
Good, occasionally moderate.

Outlook for the following 24 hours:  
Variable 3 or 4, becoming southeast 4 or 5, then backing northeast 5 to 7 later.  
Moderate or rough.  
Showers then fair.  
Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Monday 04 Mar 2019 at 1200 UTC until Tuesday 05 Mar 2019 at 0000 UTC

Shetland Isles

General Situation  
Complex area of low pressure with various centres covers Shetland Waters.

Gale Warnings in operation for Sea Area Fair Isle at time of issue:

Northeasterly gale force 8 expected later (issued 03/2157)

Northeast 5 to 7 but variable 3 or 4 at first in the south, becoming northwest 5 later in the south.

Moderate in southeast at first, otherwise rough, becoming very rough later in the north.

Showers becoming fair later.

Moderate or good.

Outlook for 12 Hours from 0000 UTC on Tuesday 05 Mar until 1200 UTC on Tuesday 05 Mar:

Northeast 5 or 6. northwest at first in the south.

Rough but very rough in the north.

Mainly fair.

Mainly good.

Channel Islands - (SWW)

24 hour forecast:

West 6 to 7, locally gale 8 with gusts to 50kt until late evening, backing west to southwest 4 to 5 overnight, occasionally 6 until midday.

Rather rough to rough, occasionally very rough in the north and west until early morning, decreasing moderate across the area by midday.

Scattered showers, locally heavy with a risk of hail and thunder.

Good, occasionally moderate to poor.

Outlook for the following 24 hours:

Southwest 4 to 5, backing south by evening, increasing south to southeast 5 to 7 overnight, then decreasing 4 to 5 by midday.

Slight to moderate with a moderate swell, occasionally rather rough to rough in the northwest.

Scattered showers, locally heavy with a risk of thunder, becoming more isolated during the afternoon and evening occasional rain from around midnight, clearing northeast during the morning.

Good, occasionally moderate to poor.

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