

Issued by the Met Office at 1100 UTC on Sunday 03 August 2014

Ser. No. 7

Inshore Waters Forecast to 12 miles offshore  
for the period 1200 UTC Sunday 03 August to 1200 UTC Monday 04 August 2014

#### General Situation

An area of low pressure over Scotland will drift away northwards, filling, as a weak ridge of high pressure develops across the United Kingdom.

#### Cape Wrath to Rattray Head including Orkney - (SWW)

24 hour forecast:

East or southeast veering southwest 4 or 5, occasionally 6.

Slight or moderate.

Occasional rain then showers.

Moderate or poor, becoming good.

Outlook for the following 24 hours:

Southwest 4 or 5, occasionally 6 at first, decreasing 3 or 4 then backing southeast.

Slight or moderate.

Occasional rain or showers then fair.

Good, occasionally moderate at first.

#### Rattray Head to Berwick upon Tweed - (SWW)

24 hour forecast:

Southeast veering southwest 4 or 5, occasionally 6.

Slight or moderate.

Showers.

Moderate or good.

Outlook for the following 24 hours:

Southwest 4 or 5, occasionally 6 at first, decreasing 3 or 4, backing southeast later.

Slight or moderate.

Showers then fair.

Good.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

South 5 or 6 veering southwest 4 or 5.

Slight or moderate.

Showers.

Good.

Outlook for the following 24 hours:

Southwest 4 or 5 becoming variable then southeast 2 or 3.

Slight.

Fair.

Good.

#### Whitby to Gibraltar Point

24 hour forecast:

South or southwest 4 or 5, decreasing 3 or 4.

Slight or moderate.

Fair.

Good.

Outlook for the following 24 hours:

Variable 2 or 3, occasionally 4.

Slight.

Fair.

Good.

Gibraltar Point to North Foreland

24 hour forecast:

Southwesterly 4 or 5, decreasing 3 later.

Slight or moderate.

Fair.

Good.

Outlook for the following 24 hours:

Variable mainly southwesterly 2 or 3, occasionally 4.

Slight.

Showers then fair.

Good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Southwesterly 4 or 5, occasionally 6 in east at first, decreasing 3 or 4.

Slight or moderate.

Showers.

Good.

Outlook for the following 24 hours:

Southwesterly 3 or 4, occasionally 5 in east at first.

Mainly slight.

Showers.

Good.

Selsey Bill to Lyme Regis

24 hour forecast:

Southwest 4 or 5, decreasing 3 or 4.

Slight or moderate.

Showers.

Good.

Outlook for the following 24 hours:

Southerly or southwesterly 3 or 4, occasionally 5 in western solent at first.

Mainly slight.

Showers.

Good.

Lyme Regis to Lands End including the Isles of Scilly

24 hour forecast:

Southwest 4 or 5, decreasing 3.

Slight or moderate.

Showers.

Good.

Outlook for the following 24 hours:

Mainly south or southwest 3 or 4.

Slight.

Showers.

Good, occasionally poor later.

Lands End to St Davids Head including the Bristol Channel

24 hour forecast:

West or southwest 4 or 5, backing south or southwest 2 or 3.

Slight or moderate.

Showers.

Good.

Outlook for the following 24 hours:

Variable mainly south or southwest 2 or 3, occasionally 4.

Slight.

Showers.

Good, occasionally poor later.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)

24 hour forecast:

Southwest 5 to 7 veering west 3 or 4, backing south or southwest 2 or 3 later.

Moderate or rough, becoming slight.

Showers.

Good.

Outlook for the following 24 hours:

Variable mainly south or southeast 2 or 3, occasionally 4.

Slight.

Showers.

Good, occasionally poor later.

Great Orme Head to the Mull of Galloway - (SWW)

24 hour forecast:

West or southwest 5 to 7 decreasing 3 or 4.

Moderate or rough, becoming slight.

Showers, occasional rain at first.

Moderate or good.

Outlook for the following 24 hours:

West or southwest backing southeast 3 or 4.

Slight.

Showers.

Good.

Isle of Man - (SWW)

24 hour forecast:

West or southwest 5 or 6 decreasing 3 or 4.

Moderate, becoming slight later.

Showers then fair.

Mainly good.

Outlook for the following 24 hours:

Southwest 3 or 4 backing south 2 or 3.

Smooth or slight.

Fair.

Good.

Lough Foyle to Carlingford Lough - (SWW)

24 hour forecast:

West or northwest 3 or 4, increasing 5 or 6 for a time.

Slight or moderate.

Occasional rain or showers.

Moderate or good.

Outlook for the following 24 hours:

West or southwest backing southeast 3 or 4, occasionally 5 later.

Mainly slight.

Showers.

Good, occasionally poor later.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Westerly or northwesterly 3 or 4, increasing 5 or 6 for a time.

Slight or moderate.

Occasional rain or showers.

Moderate or good.

Outlook for the following 24 hours:

Westerly or southwesterly backing southeasterly 3 or 4, occasionally 5 later.

Mainly slight.  
Showers.  
Good, occasionally poor later.

Mull of Kintyre to Ardnamurchan Point - (SWW)  
24 hour forecast:  
Variable 2 or 3 becoming west 5 to 7, decreasing 4 or 5 later.  
Slight or moderate, becoming moderate or rough except in shelter.  
Rain or thundery showers.  
Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:  
Southwest backing southeast 3 or 4, occasionally 5.  
Slight or moderate.  
Showers.  
Good.

The Minch - (SWW)  
24 hour forecast:  
Cyclonic 3 or 4, occasionally 5, becoming southwest 5 to 7.  
Slight in shelter, otherwise moderate or rough.  
Rain or thundery showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Southwest 5 to 7 backing south or southeast 4 or 5.  
Slight or moderate.  
Rain or showers, then mainly fair.  
Good, occasionally moderate at first.

Ardnamurchan Point to Cape Wrath - (SWW)  
24 hour forecast:  
Northeasterly 6 or 7 in far northwest at first, otherwise cyclonic 3 or 4, occasionally 5, becoming southwesterly 5 to 7.  
Moderate or rough.  
Rain or thundery showers.  
Moderate or good, occasionally poor.

Outlook for the following 24 hours:  
Southwest 5 to 7 backing south or southeast 4 or 5.  
Moderate or rough.  
Rain or showers, then mainly fair.  
Good, occasionally moderate at first.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland  
Valid Sunday 03 Aug 2014 at 1200 UTC until Monday 04 Aug 2014 at 0000 UTC

Shetland Isles

General Situation  
Complex low over Scotland slowly drifts north reaching Faroe towards Monday afternoon.

Gale Warnings in operation for Sea Area Fair Isle: Northeasterly Gale force 8.

Northeasterly 5 or 6 at first in northwest otherwise easterly or southeasterly 4 or 5, occasionally 6 later in south.  
Rough at first in northwest otherwise slight or moderate.  
Rain or heavy showers at first.  
Moderate or poor becoming good.

Outlook for 12 Hours from 0000 UTC on Monday 04 Aug until 1200 UTC on Monday 04

Aug:

Southeasterly 4 or 5, occasionally 6 in south, veering southerly 4 later in southwest.

Moderate, occasionally slight in lee of northwest Shetland.

Rain or showers later.

Good, occasionally moderate later.

Channel Islands

24 hour forecast:

West to southwest 3 to 4 decreasing 2 or 3 this evening.

Slight.

Isolated showers near alderney at first.

Good.

Outlook for the following 24 hours:

Southwest becoming variable 1 to 3, then southeast to south increasing 3 to 4 overnight.

Slight.

Isolated showers on Tuesday.

Good.

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