

Issued by the Met Office at 0500 UTC on Wednesday 03 March 2010

Ser. No. 95

Inshore Waters Forecast to 12 miles offshore from 0600 UTC to 0600 UTC

#### General Situation

High pressure over the North Sea will remain slow moving. A more intense area of high pressure will develop west of Ireland by Thursday, and fronts will affect northern areas of the United Kingdom on Thursday night.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Variable becoming south or southwest 3 or 4.

Slight or moderate.

Showers later in northwest.

Good.

Outlook for the following 24 hours:

South or southwest 3 or 4, increasing 5 to 7, veering northwest later.

Slight or moderate, becoming rough later in north.

Rain or showers, wintry later.

Moderate or good.

Rattray Head to Berwick on Tweed

24 hour forecast:

Variable 3 or 4.

Slight occasionally moderate around Rattray Head.

Fair.

Good.

Outlook for the following 24 hours:

Variable becoming west 3 or 4, increasing 5 or 6, veering northwest later.

Slight occasionally moderate around Rattray Head.

Fair then rain or showers, wintry later.

Moderate or good.

Berwick on Tweed to Whitby

24 hour forecast:

Variable 3 or 4.

Moderate occasionally slight later.

Fair.

Good.

Outlook for the following 24 hours:

Variable becoming west 3 or 4, increasing 5 or 6 later.

Slight or moderate.

Rain or showers later.

Good occasionally moderate later.

Whitby to Gibraltar Point

24 hour forecast:

Variable becoming northeast 3 or 4.

Slight or moderate.

Fair.

Good.

Outlook for the following 24 hours:

Northeast backing west 3 or 4, occasionally 5 later.

Slight or moderate.

Rain or showers later in north.

Moderate or good.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Easterly 3 or 4, backing northeasterly 4 or 5, occasionally 6 in south.

Slight or moderate.

Fair.

Good.

Outlook for the following 24 hours:

Northeasterly 4 or 5, occasionally 6 at first in south, backing westerly 3 or 4 later.

Slight or moderate.

Mainly fair.

Moderate or good.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Easterly backing northeasterly 5 or 6, occasionally 4 at first.

Moderate occasionally slight at first.

Fair.

Good.

Outlook for the following 24 hours:

Northeasterly 5 or 6, decreasing 3 or 4, backing northerly or northwesterly later.

Moderate becoming smooth or slight.

Fair.

Moderate or good.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

East, backing northeast later, 5 or 6, increasing 7 for a time.

Moderate.

Fair.

Moderate or good.

Outlook for the following 24 hours:

Northeast 5 or 6, decreasing 3 or 4, backing north or northwest later.

Moderate becoming slight, occasionally smooth later.

Fair.

Moderate or good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

East or southeast, backing northeast, 5 or 6.

Moderate or rough.

Fair.

Moderate or good.

Outlook for the following 24 hours:

Northeast 5 or 6, decreasing 3 or 4, backing north or northwest later.

Moderate or rough.

Fair.

Moderate or good.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

East or southeast 5 or 6, backing northeast 4 or 5.

Slight occasionally moderate in west.

Mainly fair.

Moderate or good.

Outlook for the following 24 hours:

East or northeast 4 or 5, backing north or northwest 3 or 4.

Slight occasionally moderate in southwest.  
Fair.  
Moderate or good.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
Southeast 4 or 5, backing east or northeast 3 or 4.  
Slight but moderate for a time around St Davids Head.  
Mainly fair.  
Moderate or good.

Outlook for the following 24 hours:  
East or northeast 3 or 4, backing northwest later.  
Smooth or slight.  
Fair.  
Moderate or good.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
Southeast 4 or 5, backing east 3 or 4.  
Smooth or slight.  
Fair.  
Moderate or good.

Outlook for the following 24 hours:  
East backing west or northwest 3 or 4, occasionally 5 later.  
Smooth or slight.  
Rain or showers later in north.  
Moderate or good.

Isle of Man - (SWW)  
24 hour forecast:  
Southeast 5 or 6, becoming east or southeast 3 or less.  
Moderate becoming slight.  
Fair.  
Good.

Outlook for the following 24 hours:  
East or southeast becoming variable 3 or less, becoming northwest 4 or 5 later.  
Slight occasionally moderate later.  
Fair.  
Good.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
Southeast 4 or 5, increasing 6 for a time, becoming variable 3 or 4 later.  
Slight or moderate.  
Mainly fair.  
Good.

Outlook for the following 24 hours:  
Variable becoming west or northwest 3 or 4, increasing 5 or 6 later.  
Slight occasionally moderate in north.  
Rain or showers later.  
Moderate or good.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel - (SWW)  
24 hour forecast:  
Southeasterly 4 or 5, increasing 6 for a time in North Channel, becoming variable 3 or 4 later.  
Slight or moderate.  
Fair.  
Good occasionally moderate later.

Outlook for the following 24 hours:

Variable becoming westerly or northwesterly 3 or 4, increasing 5 or 6 later.

Slight occasionally moderate in North Channel.

Rain or showers later.

Moderate or good.

Mull of Kintyre to Ardnamurchan Point - (SWW)

24 hour forecast:

Southeasterly 5 or 6, decreasing 3 or 4, becoming variable later.

Slight but moderate for a time in west.

Fair.

Good occasionally moderate later.

Outlook for the following 24 hours:

Variable becoming west or northwest 3 or 4, increasing 5 or 6.

Slight becoming moderate or rough.

Fair then rain or showers.

Moderate or good.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides

24 hour forecast:

South or southeast, becoming variable later, 3 or 4, but 5 for a time in south.

Moderate occasionally rough.

Showers later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Variable, becoming west or northwest, 3 or 4, increasing 5 to 7.

Moderate becoming rough or very rough.

Rain or squally showers, wintry for a time.

Moderate or good.

The Minch

24 hour forecast:

South or southeast, becoming variable later, 3 or 4, but 5 for a time in south.

Slight or moderate.

Showers later.

Good, occasionally moderate later.

Outlook for the following 24 hours:

Variable, becoming west or northwest, 3 or 4, increasing 5 to 7.

Slight or moderate, becoming rough in far north, and later in far south.

Rain or squally showers, wintry for a time.

Moderate or good.

The Channel Islands - (SWW)

24 hour forecast:

Easterly 4 to 5 in the south of the area, otherwise 5 to 6, locally 7 with gusts to 40kt mid-channel.

Moderate, locally rather rough to rough in the north and west.

Fair.

Good.

Outlook for the following 24 hours:

Northeast 4 to 5, locally 6 with gusts to 35kt in the north, decreasing mainly 4 overnight.

Moderate, locally rather rough to rough in the north and west, becoming slight to moderate.

Fair.

Good.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Wednesday 03 Mar 2010 at 0600 UTC until Wednesday 03 Mar 2010 at 1800 UTC

Shetland Isles

General Situation

A ridge of high pressure will build over Shetland on Wednesday. A frontal trough will move east over Shetland on Thursday.

Gale Warnings in operation for Sea Area Fair Isle: Nil

North 4 or 5 veering east 3.

Slight or moderate, occasionally rough at first in the northeast.

Fair.

Good.

Outlook for 12 Hours from 1800 UTC on Wednesday 03 Mar until 0600 UTC on Thursday 04 Mar:

East veering south 3 or 4, occasionally 5 later in the west.

Slight or moderate.

Fair.

Good.

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