

From the Met Office. Issued at 2330 GMT on Sunday 01 Apr 2007.

To BBC Radio 4

Here is the weather forecast for the inshore waters of Great Britain and Northern Ireland valid for the following 24 hours.

General Situation: high slow moving over northern United Kingdom.  
Weak cold front moving south into northern Scotland.

From Cape Wrath to Duncansby Head including Orkney.  
Wind: west or northwest veering north 2 or 3, occasionally 4.  
occasional rain.  
Visibility: moderate or good, occasionally poor.

Shetland.  
Wind: west or southwest veering north 4 or 5, occasionally 6 later.  
occasional rain.  
Visibility: moderate or good, occasionally poor.

From Duncansby Head to Whitby.  
Wind: variable becoming north or northwest 2 or 3, occasionally 4.  
mainly fair but fog patches developing for a time during Monday morning.  
Visibility: good, becoming moderate, occasionally very poor.

From Whitby to North Foreland.  
Wind: northeast 4 or 5, occasionally 6.  
mainly fair, occasionally misty in the north.  
Visibility: moderate or good, occasionally poor in the north.

From North Foreland to St. Catherine's Point.  
Wind: mainly northeasterly 4 or 5, occasionally 6, but northeasterly 6 or 7 in the west at first.  
fair.  
Visibility: good, occasionally moderate.

From St. Catherine's Point to Lands End.  
Wind: northeast 5 or 6, occasionally 7.  
fair.  
Visibility: good, occasionally moderate.

From Lands End to Colwyn Bay.  
Wind: northeasterly 5 or 6, occasionally 7 in the south at first.  
fair.  
Visibility: good, occasionally moderate.

From Colwyn Bay to Mull of Kintyre including Lough Foyle to Carlingford Lough.  
Wind: mainly northeast 4 or 5 decreasing 3 or 4, but from Lough Foyle to Carlingford Lough, northeast backing north 2 or 3, occasionally 4.  
fair.  
Visibility: moderate or good.

From Mull of Kintyre to Cape Wrath.  
Wind: variable 2 or 3, occasionally 4, becoming north 3 or 4, occasionally 5 later.  
mainly fair but occasional rain for a time in north.  
Visibility: moderate or good, occasionally poor in north.