

Issued by the Met Office at 1100 UTC on Monday 04 July 2016

Ser. No. 30

Inshore Waters Forecast to 12 miles offshore  
for the period 1200 UTC Monday 04 July to 1200 UTC Tuesday 05 July 2016

#### General Situation

Low pressure and associated fronts will move eastwards across the British Isles through Monday, bringing rain to many areas, and fog patches in the south and west. Rain and fog patches will clear southeastwards through Tuesday as a ridge of high pressure builds in from the southwest. Cool and showery conditions will affect northern Scotland throughout.

#### Cape Wrath to Rattray Head including Orkney

24 hour forecast:

Variable, 3 or 4.

Smooth or slight, occasionally moderate in north and west.

Showers.

Good.

Outlook for the following 24 hours:

Variable, mainly northwest, 3 or 4, increasing 5 at times.

Smooth or slight, occasionally moderate in north.

Thundery showers at first.

Good, occasionally poor at first.

#### Rattray Head to Berwick upon Tweed

24 hour forecast:

Variable 3 or 4, occasionally southwesterly 5 at first in north, becoming westerly or northwesterly 4 or 5 later.

Smooth or slight.

Rain at first in south, otherwise showers.

Good, occasionally poor at first in south.

Outlook for the following 24 hours:

Westerly or northwesterly 4 or 5, becoming variable 3 or 4.

Smooth or slight.

Thundery showers at first.

Good, occasionally poor at first.

#### Berwick upon Tweed to Whitby - (SWW)

24 hour forecast:

Southeast, becoming cyclonic, then becoming northwest, 4 or 5, increasing 6 at times.

Smooth or slight, occasionally moderate later in south.

Rain or showers.

Moderate or good, occasionally poor.

Outlook for the following 24 hours:

North or northwest 4 or 5, becoming variable, mainly west, 3 or 4.

Smooth or slight.

Showers at first.

Moderate or good.

#### Whitby to Gibraltar Point - (SWW)

24 hour forecast:

Southeast, veering northwest, 4 or 5, occasionally 6 later.

Smooth or slight, occasionally moderate later.

Occasional rain.

Good, occasionally poor.

Outlook for the following 24 hours:

North or northwest 4 or 5, becoming variable 3 or 4, then becoming west or

northwest 4 or 5 for a time.  
Slight, occasionally moderate at first.  
Showers at first.  
Moderate or good.

Gibraltar Point to North Foreland - (SWW)

24 hour forecast:

Variable 3 or 4, becoming southerly or southwesterly, then veering westerly or northwesterly, 4 or 5, increasing 6 at times.  
Smooth or slight, occasionally moderate later.  
Occasional rain later.  
Moderate or good, occasionally poor later.

Outlook for the following 24 hours:

Northwesterly, 4 or 5, occasionally 6 at first, becoming variable 3 or 4 at times.  
Smooth or slight, occasionally moderate at first.  
Occasional rain at first.  
Good, occasionally poor at first.

North Foreland to Selsey Bill - (SWW)

24 hour forecast:

Southwesterly 4 or 5, occasionally 6 later.  
Slight, occasionally moderate later.  
Rain or drizzle and fog patches.  
Moderate or good, occasionally very poor.

Outlook for the following 24 hours:

Westerly or southwesterly, veering northwesterly, 4 or 5, becoming variable 3 or 4 later.  
Smooth or slight, occasionally moderate at first.  
Mainly fair.  
Moderate or good.

Selsey Bill to Lyme Regis - (SWW)

24 hour forecast:

Southwest 4 or 5, increasing 6 for a time, then veering west later.  
Slight, occasionally moderate later.  
Rain or drizzle and fog patches.  
Moderate or good, occasionally very poor.

Outlook for the following 24 hours:

West or northwest 4 or 5, occasionally 3 later.  
Smooth or slight, occasionally moderate at first.  
Mainly fair.  
Moderate or good.

Lyme Regis to Lands End including the Isles of Scilly - (SWW)

24 hour forecast:

Southwest, veering northwest, 4 or 5, increasing 6 for a time.  
Slight or moderate, but rough for a time near Isles of Scilly.  
Rain or drizzle and fog patches.  
Moderate or good, occasionally very poor.

Outlook for the following 24 hours:

Northwest, backing west or southwest, 4 or 5, occasionally 3 later.  
Smooth or slight, occasionally moderate in west.  
Mainly fair.  
Moderate or good.

Lands End to St Davids Head including the Bristol Channel - (SWW)

24 hour forecast:

Southwest, veering northwest, 4 or 5, increasing 6 for a time.  
Slight or moderate, but rough for a time in southwest.

Rain or drizzle and fog patches at first.  
Moderate or good, occasionally very poor at first.

Outlook for the following 24 hours:  
Northwest, backing southwest, 4 or 5, occasionally 6 at first in Bristol Channel, decreasing mainly 3 later.  
Slight or moderate.  
Mainly fair.  
Moderate or good.

St Davids Head to Great Orme Head, including St Georges Channel - (SWW)  
24 hour forecast:  
South or southwest, veering northwest, 4 or 5, increasing 6 for a time.  
Slight or moderate.  
Rain or drizzle and fog patches at first.  
Moderate or good, occasionally very poor at first.

Outlook for the following 24 hours:  
Northwest, backing southwest, 4 or 5, becoming variable 3 or 4 at times.  
Smooth or slight, occasionally moderate at first.  
Showers at first, rain later.  
Good, occasionally poor later.

Great Orme Head to the Mull of Galloway - (SWW)  
24 hour forecast:  
South or southwest, becoming cyclonic, then northwest later, 4 or 5, increasing 6 or 7 for a time.  
Slight or moderate, occasionally smooth at first.  
Rain or drizzle and fog patches at first.  
Moderate or good, occasionally very poor at first.

Outlook for the following 24 hours:  
Northwest, backing southwest, 4 or 5, occasionally 6 at first, becoming variable 3 or 4 for a time.  
Smooth or slight, occasionally moderate at first.  
Showers at first, rain later.  
Good, occasionally poor later.

Isle of Man - (SWW)  
24 hour forecast:  
South or southwest, becoming cyclonic, then northwest later, 4 or 5, increasing 6 for a time.  
Slight or moderate.  
Rain or drizzle and fog patches at first.  
Moderate or good, occasionally very poor at first.

Outlook for the following 24 hours:  
Northwest, backing southwest, 4 or 5, occasionally 6 at first, becoming variable 3 or 4 for a time.  
Smooth or slight, occasionally moderate at first.  
Showers at first, rain later.  
Good, occasionally poor later.

Lough Foyle to Carlingford Lough - (SWW)  
24 hour forecast:  
South or southeast, becoming cyclonic, then becoming northwest, 4 or 5, increasing 6 for a time.  
Smooth or slight, becoming moderate for a time.  
Rain and fog patches at first.  
Moderate or good, occasionally very poor at first.

Outlook for the following 24 hours:  
Northwest, backing south, 3 or 4, occasionally 5 at first, becoming variable at times.

Smooth or slight, occasionally moderate at first in west.  
Showers at first, rain later.  
Good, occasionally poor later.

Mull of Galloway to Mull of Kintyre including the Firth of Clyde and North Channel - (SWW)

24 hour forecast:

Variable 3 or 4, becoming cyclonic, then becoming northwesterly, 4 or 5, increasing 6 for a time in south.

Smooth or slight, becoming moderate for a time.

Rain at first, showers later.

Moderate or good, occasionally poor at first.

Outlook for the following 24 hours:

Northwesterly, backing southerly, 3 or 4, occasionally 5 at first.

Smooth or slight.

Showers at first, rain later.

Good, occasionally poor later.

Mull of Kintyre to Ardnamurchan Point

24 hour forecast:

Variable, becoming northwest, 3 or 4, increasing 5 at times.

Slight or moderate, occasionally smooth in shelter.

Rain at first, showers later.

Good, occasionally poor at first.

Outlook for the following 24 hours:

Northwest 3 or 4, backing south 4 or 5.

Smooth or slight, occasionally moderate in west.

Thundery showers at first, rain later.

Good, occasionally poor.

The Minch

24 hour forecast:

Southwest, becoming variable, then northwest, 3 or 4, increasing 5 at times.

Smooth or slight.

Showers.

Good.

Outlook for the following 24 hours:

North or northwest, becoming variable, then becoming south, 3 or 4, increasing 5 at times.

Smooth or slight.

Thundery showers at first, rain later.

Good, occasionally poor.

Ardnamurchan Point to Cape Wrath

24 hour forecast:

Southwest, becoming variable, then northwest, 3 or 4, increasing 5 at times.

Slight or moderate.

Showers.

Good.

Outlook for the following 24 hours:

North or northwest, becoming variable, then becoming south, 3 or 4, increasing 5 at times.

Slight or moderate.

Thundery showers at first, rain later.

Good, occasionally poor.

For Coastal areas up to 60 nautical miles from Lerwick, Shetland

Valid Monday 04 Jul 2016 at 1200 UTC until Tuesday 05 Jul 2016 at 0000 UTC

## Shetland Isles

### General Situation

A weak ridge of high pressure extending from the North Sea over Shetland waters declines later today. Another ridge builds from the west early Tuesday.

Gale Warnings in operation for Sea Area Fair Isle: Nil

West veering northwest 3 or 4.

Slight.

Showers.

Good, occasionally moderate.

Outlook for 12 Hours from 0000 UTC on Tuesday 05 Jul until 1200 UTC on Tuesday 05 Jul:

North or northwest 3 or 4.

Slight.

Showers later.

Mainly good, occasionally moderate later.

Channel Islands - (SWW)

24 hour forecast:

Southwest 3 to 4, locally variable 1 to 3 jersey southwards, veering southwest to west 4 by evening, increasing 5 after midnight, perhaps 6 for a time, further veering northwest 4 to 5 on Tuesday.

Slight becoming moderate, locally rather rough.

Patchy rain and drizzle mist and fog patches, more especially north of jersey.

Moderate to good, becoming poor or very poor at times.

Outlook for the following 24 hours:

Northwest 4, perhaps 5 for a time in the evening, decreasing 3 to 4 overnight.

Moderate, perhaps locally rather rough at first.

Occasional light rain or drizzle with mist and a risk of fog patches, clearing early afternoon.

Moderate to poor, becoming good in the afternoon.

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