

Issued by the Met Office at 0001 UTC on Saturday 03 February 2007

Ser. No. 70

Inshore Waters Forecast to 12 miles offshore from 0001 UTC to 2359 UTC

#### General Situation

High Ireland moving slowly east, dominating the United Kingdom. Weak frontal band orientated west to east through English Channel at first. Cold front spreading into northwest Scotland during Saturday evening.

From Cape Wrath to Rattray Head including Orkney

24 hour forecast:

West or southwest 6 or 7 but southwest 4 or 5 from Duncansby Head to Rattray Head.

Fair then rain later.

Good becoming moderate later.

Slight or moderate but rough, occasionally very rough from Cape Wrath to Duncansby Head and around Orkney.

Rattray Head to Berwick on Tweed

24 hour forecast:

West 4 or 5.

Fair.

Good.

Smooth or slight.

Berwick on Tweed to Whitby

24 hour forecast:

West 3 or 4.

Fair.

Good.

Smooth or slight.

Whitby to Gibraltar Point

24 hour forecast:

West or northwest 2 or 3, occasionally 4.

Fair.

Good.

Smooth or slight.

Gibraltar Point to North Foreland

24 hour forecast:

Northerly 3 or 4.

Fair.

Good.

Smooth or slight.

North Foreland to Selsey Bill

24 hour forecast:

Northeast 4 or 5.

Fair.

Good.

Smooth or slight.

Selsey Bill to Lyme Regis

24 hour forecast:

East or northeast 4 or 5.

Fair.

Good.

Slight occasionally moderate.

Lyme Regis to Lands End including the Isles of Scilly  
24 hour forecast:  
East or northeast 4 or 5, occasionally 6.  
Mainly fair but occasional drizzle in far west.  
Good, occasionally moderate in far west.  
Slight or moderate, occasionally rough.

Lands End to St Davids Head including the Bristol Channel  
24 hour forecast:  
East 4 or 5, occasionally 6 near Lands End.  
Mainly fair but occasional drizzle near Lands End.  
Good, occasionally moderate near Lands End.  
Slight or moderate, occasionally rough near Lands End.

St Davids Head to Great Ormes Head, including St Georges Channel  
24 hour forecast:  
East or southeast 2 or 3, occasionally 4.  
Fair.  
Good.  
Smooth or slight.

Great Ormes Head to the Mull of Galloway  
24 hour forecast:  
Variable 2 or 3.  
Fair.  
Good.  
Smooth or slight.

Isle of Man  
24 hour forecast:  
Variable or southeast 2 or 3.  
Fair.  
Good.  
Smooth or slight.

Lough Foyle to Carlingford Lough  
24 hour forecast:  
Variable becoming south or southwest 2 or 3, occasionally 4.  
Fair.  
Good.  
Smooth or slight, but moderate or rough west of Fair Head.

The Mull of Galloway to Mull of Kintyre including the Firth of Clyde and the North Channel  
24 hour forecast:  
Variable becoming south 2 or 3, occasionally 4.  
Fair.  
Good.  
Slight or moderate.

Mull of Kintyre to Ardnamurchan Point  
24 hour forecast:  
South or southwest 2 or 3, occasionally 4.  
Fair.  
Good.  
Moderate occasionally rough.

Ardnamurchan Point to Cape Wrath including the Outer Hebrides  
24 hour forecast:  
Southwest 4 or 5, occasionally 6.  
Fair then rain later.  
Good becoming moderate later.  
Moderate or rough, occasionally very rough around western Outer Hebrides.

Shetland Isles

24 hour forecast:

West or southwest 5 to 7, occasionally gale 8 at first.

Showers then rain later.

Good occasionally moderate later.

Rough or very rough.

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